





When: Where:

November 2, 2017, 2:00 pm - 4:00 pm Neighbourhood Learning Centre, Alumni Hall

Recorder: Annette Williams

Co-Chairs: Nicole Driscoll and Karen Steegstra

ATTENDANCE:

Christy Brown	Chilliwack Community Services	brownc@comserv.bc.ca
Cathy LaHayes	High Road Academy	CLaHaise@highroadacademy.com
Dallas Shirley	Chilliwack Hospice	dallas@chilliwackhospice.org
Jennifer Fletcher	Fraser Health	jennifer.fletcher@fraserhealth.ca
Karen Steegstra	Child and Youth Committee Coordinator	chwkchildandyouthcoord@gmail.com
Karin Rempel	Sardis Doorway	sardisdoorway@shaw.ca
Kiran Sidhu	FV Child Development Centre	ksidhu@fvcdc.org
Mark Klassen	Chilliwack School District	mark_klassen@sd33.bc.ca
Mikayla	YMCA Practicum Student	
Monique Goerzen	UFV	monique.goerzen@ufv.ca
Nicole Driscoll	Chilliwack School District	nicole_driscoll@sd33.bc.ca
Tami Quinn	Sto:lo Nation	Tami.Quinn@stolonation.bc.ca
Tara Cummings	YMCA	tara.cummings@gv.ymca.ca

REGRETS:

Clara Penati	Ann Davis Transition Society	cpenati@anndavis.org
Dan Bibby	MCFD	daniel.bibby@gov.bc.ca
Debbie Denault	Chilliwack Learning Society	debbied@chilliwacklearning.com
Etienne Nemanishen	Public Health Dietitian, Fraser East	Etienne.nemanishen@fraserhealth.ca
Jane Elliott	Chilliwack School District	jane_elliot@sd33.bc.ca
Jenn Carmen	Sto:lo Nation	Jenn.carman@stolonation.bc.ca
Jody Elliott	FV Child Development Centre	jelliott@fvcdc.org
Kari Penner	FVCDC	kpenner@fvcdc.org
Mandy McMahon	Bowls of Hope	admin@chilliwackbowlsofhope.com
Nicole Misura	FVCDC	nmisura@fvcdc.org
Shannon Carmichael	Central Gateway for Families/ Community School Coordinator	ccecss@gmail.com
Sheila Cayer	Fraser Health	Sheila.cayer@fraserhealth.ca
Sheri Josephson	YMCA	sheri.josephson@vanymca
Trish Ackland	Child and Youth Mental Health	trish.ackland@gov.bc.ca



1. Welcome and Introductions

HELP Expo was last week. It included a panel with various experts, talking about what they bring to the table.

- 2. Approval of Agenda Approved
- 3. Approval of Minutes of last meeting Approved, with the change below

Section 7, Fraser Health's Agency Update: Change the sentence about having moved away from training Public Health Nurses, to reflect that they have not ceased training/support all together. They take part in the new Public Health Nurse orientation training, but are doing fewer nutrition consultations and ongoing trainings on new nutrition topics.

4. Business Arising from the minutes

a. Let's Play updates

October's Let's Play and Make Music event, hosted by UFV at the Sardis Library, was fun and well attended. Good connections were made.

Let's Play and Learn Numbers will be December 14th, at Sardis Library, hosted by Chilliwack School District.

b. National Child Day at City Hall

November 21 – please promote and invite children to attend. One hour in duration, activities and big game pieces. John Maleska will be invited to play. Mayor will tell a story to the kids. At 3 council commences, Karen will do a presentation.

c. Child Development Guide

The guide doesn't need many updates.

IDEA: Create a one-pager about why play is important

ACTIONS: Each agency is requested to check and update their information; Karen will send an email reminder.

Dallas will email Karen a real-life story(ies) about the benefit(s) of play.

d. Circle of Security

There are not enough registrants to run sessions at this time. Lack of childcare may be the reason for fewer numbers. Karen will contact the current registrants to advise of the postponement.

e. Vancouver Foundation Grant

Fraser Valley Child Development Centre will spearhead this application, the concept previously discussed was a pilot for an early years childcare establishments accreditation process.

Discussion about the childcare crisis ensued at this meeting, including issues of daycare providers being able to find and retain skilled employees, level of care in facilities, price of daycare, space shortages.

ACTION: Karen will re-send the link to the Office of the Early Years childcare survey. Please complete.



5. New Business/Other Business

a. HELP Expo

HELP's Executive Director, Pippa Rowcliffe, spoke about compassionate leadership, which was the focus of the conference. A brief history of the EDI was included in the conference. A webcast was available. Brenda Poon, Associate Director of HELP talked about insights emerging from HELP's latest research on community systems and the similar and different ways that BC communities are working to promote the best possible start for young children and their families. She found that there were changes in vulnerability with the right representatives at the table.

Executive Director Joanne Schroeder from Comox Valley Child Development Association gave an overview of their pilot project. Mindfulness Exercises were the focus of part of an afternoon session.

An enlightening learning was that gaps in services are often filled without seeing how it ripples to everything else. Short term benefits are focused on, but the possible negative impact in the future is not considered. An example is not more childcare services, but not having tertiary services to support them and the families.

Effective change happens when we address things that we don't directly and tangibly see (people's values, priorities, mindsets).

DISCUSSION: There was conversation about the configuration of people at the Early Years table, its effectiveness, and the desire to progress in results by having more connection with major decision-makers in the community.

IDEAS: Invite high profile guests for a meeting, and address a "hot topic". CHC breakfast – include topic that impacts child and youth mental health, or prevention/intervention. CHC focused more on adult issues, CYC on children & youth issues. Incorporate both occasionally at a CHC breakfast. Invite businesses as well, talk about how to be a family-friendly community. Do an ACEs (Adverse Childhood Experiences) presentation; present about resiliency.

b. Public Health – changes in screening

Sheila Cayer was unavailable to attend the meeting, so developmental screening topic was not addressed.

c. EDI Skills

Diagnostic evaluations are done in Kindergarten classes every other year. Sub-skills categories have now been created, which allow for further understanding and evaluation of results.

Results were reviewed.

6. Task Group Updates (Review)

- Childcare Task Group is not meeting, but may be reestablished.
- Young Parents Task Group has now reconvened, through Better Beginnings which runs out of the Neighbourhood Learning Centre.
- Baby Friendly Initiative committee has gotten smaller. There is a group meeting out of the hospital, which this initiative might amalgamate with.
 148 women in Chilliwack participated in the Breast Feeding Challenge, placement results are not yet know.
- Visioning Committee not covered



• Parenting Classes – not covered

7. Agency Updates

YMCA – They just delivered their Annual Early Years Conference; took 160 Staff to Camp Elphinstone on the Sunshine Coast for 2 days.

Kim Adamson has been appointed to the Provincial Child Care Council and has recently met with The Minister of State for Child Care Katrina Chen.

There is a significant commitment from this Government to create a sustainable universal child care strategy that includes affordability, accessibility, training and development and capital expansion.

Sardis Doorway – "Resiliency" was the theme of their poster submitted for the ACEs conference; Doorway is invited to present it at the conference.

They are running Circle of Security, and have conducted four sessions so far. It is an effective program that they are please to run, though it is difficult work because the participants find that it brings up triggers about how they were parented as a child. Some participants have been able to make a break from their parenting styles. Circle of Security is very effective for personal growth.

Fraser Valley Child Development Centre – held a meeting of community partners, with goal of shared vision, values and principles about menu of parenting programs to offer in community.

Neighbourhood Learning Centre – School District Grade reconfiguration remains a focus and impact and the School District is looking for space. The NLC would like to retain as much space as possible for NLC programs, which are growing.

A parent peer support group is starting at the Tuesday night Youth Health Clinic.

CCS Child Care Resource & Referral – Mountain View Family Place recently opened at Sardis Library. 53 people showed up on the first day.

University of the Fraser Valley – are opening a Special Needs & Infant Toddler Diploma Program.

School District – Little Mountain Elementary School has seen a growth from 346 to 406 children. They don't currently have a school counselor to match the growth.

Sardis Family Place – is now at Sardis Community Church. There are still some openings.

- 8. Next Meeting: December 7, Rendezvous Restaurant, 12:30 pm.
- 9. Adjournment: 4:20 pm

