



**When:** February 1, 2018, 1:00 pm – 3:00 pm  
**Where:** Room 102, Central Elementary

**Recorder:** Annette Williams

**Co-Chairs:** Nicole Driscoll and Karen Steegstra

**ATTENDANCE:**

Alex	Practicum Student with FV CDC	
Christy Brown	Chilliwack Community Services (CCS)	<a href="mailto:brownc@comserv.bc.ca">brownc@comserv.bc.ca</a>
Debbie Denault	Chilliwack Learning Society (CLS)	<a href="mailto:debbied@chilliwacklearning.com">debbied@chilliwacklearning.com</a>
Etienne Nemanishen	Public Health Dietitian, Fraser East	<a href="mailto:Etienne.nemanishen@fraserhealth.ca">Etienne.nemanishen@fraserhealth.ca</a>
Jennifer Fletcher	Fraser Health	<a href="mailto:jennifer.fletcher@fraserhealth.ca">jennifer.fletcher@fraserhealth.ca</a>
Jody Elliott	FV Child Development Centre (FV CDC)	<a href="mailto:jelliott@fvcdc.org">jelliott@fvcdc.org</a>
aren Steegstra	Child and Youth Committee Coordinator	<a href="mailto:chwchildand youthcoord@gmail.com">chwchildand youthcoord@gmail.com</a>
Kiran Sidhu	FV Child Development Centre (FV CDC)	<a href="mailto:ksidhu@fvcdc.org">ksidhu@fvcdc.org</a>
Mark Klassen	Chilliwack School District	<a href="mailto:mark_klassen@sd33.bc.ca">mark_klassen@sd33.bc.ca</a>
Monique Goerzen	UFV	<a href="mailto:monique.goerzen@ufv.ca">monique.goerzen@ufv.ca</a>
Nicole Driscoll	Chilliwack School District	<a href="mailto:nicole_driscoll@sd33.bc.ca">nicole_driscoll@sd33.bc.ca</a>
Shannon Carmichael	Central Gateway for Families/ Community School Coordinator	<a href="mailto:ccecss@gmail.com">ccecss@gmail.com</a>
Sheri Josephson	YMCA	<a href="mailto:sheri.josephson@vanymca">sheri.josephson@vanymca</a>
Tami Quinn	Sto:lo Nation	<a href="mailto:Tami.Quinn@stolonation.bc.ca">Tami.Quinn@stolonation.bc.ca</a>

**REGRETS:**

Cathy LaHayes	High Road Academy	<a href="mailto:CLaHaise@highroadacademy.com">CLaHaise@highroadacademy.com</a>
Clara Penati	Ann Davis Transition Society	<a href="mailto:cpenati@annDavis.org">cpenati@annDavis.org</a>
Dallas Shirley	Chilliwack Hospice	<a href="mailto:dallas@chilliwackhospice.org">dallas@chilliwackhospice.org</a>
Dan Bibby	MCFD	<a href="mailto:daniel.bibby@gov.bc.ca">daniel.bibby@gov.bc.ca</a>
Jane Elliott	Chilliwack School District	<a href="mailto:jane_elliott@sd33.bc.ca">jane_elliott@sd33.bc.ca</a>
Jenn Carmen	Sto:lo Nation	<a href="mailto:Jenn.carman@stolonation.bc.ca">Jenn.carman@stolonation.bc.ca</a>
Kari Penner	FV CDC	<a href="mailto:kpenner@fvcdc.org">kpenner@fvcdc.org</a>
Karin Rempel	Sardis Doorway	<a href="mailto:sardisdoorway@shaw.ca">sardisdoorway@shaw.ca</a>
Mandy McMahon	Bowls of Hope	<a href="mailto:admin@chilliwackbowlsofhope.com">admin@chilliwackbowlsofhope.com</a>
Nicole Misura	FV CDC	<a href="mailto:nmisura@fvcdc.org">nmisura@fvcdc.org</a>
Sheila Cayer	Fraser Health	<a href="mailto:Sheila.cayer@fraserhealth.ca">Sheila.cayer@fraserhealth.ca</a>
Tara Cummings	YMCA	<a href="mailto:tara.cummings@gv.ymca.ca">tara.cummings@gv.ymca.ca</a>
Trish Ackland	Child and Youth Mental Health	<a href="mailto:trish.ackland@gov.bc.ca">trish.ackland@gov.bc.ca</a>



- 1. **Welcome and Introductions**
- 2. **Approval of Agenda** – Approved, with the addition of Raise a Reader funds announcement.
- 3. **Approval of Minutes of last meeting** – Approved

4. **Business Arising from the minutes**

a. **Let's Play updates**

The School District has enough supplies to do another Math focused event. Downtown Chilliwack is a possible location.

Sheila and Etienne have been working on the Let's Play for Good Health outside event. The date will be moved to June 27 instead of in the month of April, at The Local Harvest Market. BC Dairy will bring cows and do a milking demo.

Karen and Debbie have been conversing with the Chilliwack Chiefs about the February 24<sup>th</sup> Let's Play at a Chief's Game event. Hand clappers were considered for a give away, but the cost was too high. Instead the display table will be stacked with early years and literacy resources. Chilliwack Learning Society usually gives out 200 books when they have a table at a game. Karen will bring gross motor games for people to play. Debbie will communicate with the Chiefs, who will include the early years event focus with the game notification.

Let's Play the Indigenous Way occurs on March 14<sup>th</sup>, at Sto:lo building 10. There will be cultural dancing, presenters, some activities, and perhaps a scavenger hunt on the grounds.

**ACTION:** Tami will create the poster for March 14<sup>th</sup> event.

FVDCDC will host the May Let's Play event.

b. **Aboriginal Implementation Funds**

Jenn Carmen, Supervisor of Aboriginal head start programs at Sto:lo, will apply for these funds. The early years table will discuss supporting the application.

Tami expressed her support of funds staying in the community, for various programs and agencies that serve Aboriginal people.

Karen informed the committee that the Early Years table's role is to endorse and be involved in the application process in some manner.

c. **Child Development Guide**

Printing cost, excluding any content updates, is \$1.28 per Guide. MCFD will cover the cost. Fees for content changes are billed by the hour, so content revision should be kept to a minimum. Logos can be included on the inside back page for a sponsorship fee. If you would like your logo to be included, email Karen.

**ACTION:** Agencies to provide Guide updates by February 9<sup>th</sup>.

d. **Circle of Security**

Twenty people signed up, six are on a wait list. Not many are taking advantage of the child care. Chilliwack Community Services (CCS) is offering Circle of Security to their program participants.

**DISCUSSION:** Include two sessions in the 2018-19 Early Years budget.



There is Circle of Security Facilitator Training, May 14-17 in Vancouver, \$900 USD per person, if anyone is interested in attending.

**ACTION:** Karen will contact Susan Foster to see if Nobody's Perfect's foundation is similar to Circle of Security's.

Christy from CCS has requested the early years table help support their parent training sessions. On October 13<sup>th</sup> they will be hosting an Anxiety for Children workshop. The participation fee is \$5/person.

**e. Early Years Framework**

The next meeting is February 6<sup>th</sup>.

**5. New Business/Other Business**

**a. April 26 "Conversation" Evening Event**

Debbie MacNamara is not available to present.

**IDEAS:**

- Play and self-care.
- Angela Lo (doctoral candidate at UBC, associated with Dali Lama Ctr) on mindfulness and mindful parenting. Sheri will send contact info to Karen.
- 5-2-1-0 toolkit message training, tying into play. The Chilliwack Division of Family Practice can contribute \$1,000 to the event in exchange for them having a resource table there.
- For the future – Lisa Murphy, Early Childhood Specialist, Founder and CEO of Ooey Goey, Inc.; Mona Dellahoek (Seattle)

**ACTION:** Invite Kiran to present.

This is the 25<sup>th</sup> annual Conversation on Chilliwack's Children (daytime event). Dr. Rob Lees will be the daytime Conversation keynote speaker, on the topic of protecting oneself from burnout. Special Guest Matt Johnson, magician and entertainer, will perform a one hour show.

**b. Ready Set Learn**

Sessions have recently begun, and are being rolled out from January to April. FVCDC would like to participate, and talk about the Socio-Emotional piece. There are various themes: Let's Play, Numbers Everywhere, and My Emotions. Vedder Elementary is sponsoring two Ready Set Learns, and there is a Math focused on Tzeachten Community Hall.

**ACTION:** Debbie will give Nicole 400-500 CLS Family Literacy brochures to include in Ready Set Learn kits. FVCDC will send their Kindergarten Readiness Guides.

There will be CALM training on February 23<sup>rd</sup>. Half of elementary schools have been trained in CALM, with the others being scheduled. FVCDC will amend it to fit those who are in late grade 1 and grade 2, content covering motivational self-regulation. Strong Start locations have been trained, and many of the Kindergarten teachers.

The EDI is occurring this year, webinar-based.



**c. Social & Emotional Learning**

There was a principles meeting to talk about how to work with the students and community, as the schools are seeing increased trauma type student behaviour. Measures are being followed to talk about increased supports, how to do things differently, and trauma-informed practice training.

**DISCUSSION:**

- Is there a way to find partnership for funding?
- The YMCA did a survey, and found that many care providers are not incorporating play-based learning into their programs.
- There is an MCFD funded initiative called Changing Results for Young Learners, which includes the School District and community partners. It is hoped to do this initiative in Chilliwack, Mission, and Abbotsford.
- Provincial overriding child care strategy – talk about what good child care looks like and what kind of funding will be available to different providers. The Ministry of Education is looking at how to engage early learning so that funding is put where it should be. The YMCA’s biggest growth model is employee-provided child care, for larger businesses and corporations.
- Discussion ensued about the need for play and the reduced outdoor exploration and play.
- Rob Lees has been offering a series of lunch and learns at the NLC, with speakers on various topics.

**d. Review Strategic Plan – not discussed**

**e. Nobody’s Perfect**

This program seems like a good next step after Circle of Security. Sto:lo has two staff that have finished Nobody’s Perfect Training.

Jackie Ayer is willing to present an update on Kids Have Stress Too training as a follow up from her previous session(s).

**f. Nurturing Fathers**

CCS is no longer running the Nurturing Fathers program. Dads who are taking Circle of Security would like more parenting information. A volunteer is running a fathers’ breakfast program out of a local Chilliwack church. Abbotsford has a very successful program.

The YMCA will be including a community space in their new building, for events wherein they can partner with other community providers in the delivery of public events/sessions. Such a partnership occurred for the financial literacy workshops that CLS and CHC spearheaded. The YMCA incorporated the children who came with the parents into an age appropriate activity.

**g. Raise a Reader Funds**

Post Media/Vancouver Sun runs an annual campaign raising funds for family literacy programs. Until recently, communities participated by giving away newspapers by donation, as part of the fund raiser. CLS receives a portion of the funds, for disbursement to family literacy programs in Chilliwack. This year between \$3,000-\$4,000 will be received, plus there are some funds remaining from 2017. Those who are interested in applying for the funds will have opportunity to



apply. A committee will assemble to talk about the disbursement of funds to community programs, ideally where children and parents are learning together. There is an established criteria checklist, used to determine the amount of funds a program can receive.

**ACTION:** Debbie will send Karen the criteria for distribution, so that interested Early Years committee members can assemble their applications.

## 6. Task Group Updates (Review)

- Childcare Task Group – not covered
- Young Parents Task Group – This group met on the last Tuesday of the month at CCS. The meetings are an opportunity to talk as a group about stressors that organizations are seeing. At this point the committee is information sharing only.  
The Early Years table used to fund daycare spaces at the NLC, before the closure of the CCS run daycare. The YMCA has 2-3 teen parents in their programs, but there are challenges in terms of regular attendance. They are discussing setting aside funding to hold spots, even when attendance is not consistent.
- Baby Friendly Initiative – not covered
- Visioning Committee – not covered
- Parenting Classes – not covered

## 7. Agency Updates

**Fraser Health (licensing)** – They will send a copy of Appetite to Play to every licensed childcare facility in Fraser Health.

**IDEA:** YMCA could connect Karen to someone from the program to have someone come out to speak.

**CLS** – Volunteer Tutor Program bookmarks were handed out. In this program, adult volunteer tutors work with adult learners to raise their literacy levels in the areas of Reading, Writing, Math, Technology, ESL skills.

The annual City-Wide Literacy Challenge runs February 1-28. Participants read 20 minutes a day, for pleasure, as many days as possible, then complete their ballot to be entered into a draw. People are encouraged to try a different format. FVRL is partnering in the Challenge. Ballot boxes are available at the local libraries and the schools, with boxes available by request. Participants can also email [info@chilliwacklearning.com](mailto:info@chilliwacklearning.com) at the end of the Challenge. Contact Annette with any questions about the City-Wide Literacy Challenge or Volunteer Tutor Program.

CLS was nominated for a Chamber of Commerce Business Excellence award. Meadows Rose Society was the winner in the Not-for-Profit category.

**YMCA** – They have been noticing an increase in children who come in trauma-informed but don't have a diagnosis. The manager of workplace safety has created a new support reference template for care plans. It is helpful for staff to use to walk through strategies, stressors, and issues for children having difficulties with transitions.

The Elm Drive child care will be folded into the YMCA's Healthy Family Network. A priority grant has been applied for. Intention is to have a hot lunch & breakfast, and a Wednesday evening family night dinner, open to anyone in the community. It will have a literacy component. Every second week healthy food bags will be sent home with families. There will also be funding for play or art therapy. These concepts are in the early planning stages.



## MINUTES

They are seeing a higher amount of justice-involved families in Chilliwack.

**8. Next Meeting:**      **March 1 or 8 (date to be determined), Central Elementary.**

**9. Adjournment:**      3:15 pm

MAKE  
Children  
First

