



When: February 2, 2017, 1:00 pm – 3:00 pm
Where: Central Gateway Room 102

Recorder: Annette Williams

Co-Chairs: Shelly Hayes & Karen Steegstra

ATTENDANCE:

Dallas Shirley	Ann Davis Transition Society	dshirley@anndavis.org
Karen Steegstra	Child and Youth Committee Coordinator	chwkchildandyouthcoord@gmail.com
Katrina Bepple	Chilliwack Division of Family Practice	kbepple@divisions.bc.ca
Nicole Driscoll	Chilliwack School District	nicole_driscoll@sd33.bc.ca
Shannon Carmichael	Central Gateway for Families/ Community School Coordinator	ccecass@gmail.com
Shelly Hayes	Chilliwack Community Services, Childcare Resource & Referral	hayess@comserv.bc.ca

REGRETS:

Cathy LaHayes	High Road Academy	CLaHaise@highroadacademy.com
Dan Bibby	MCFD	daniel.bibby@gov.bc.ca
Debbie Denault	Chilliwack Learning Society	debbied@chilliwacklearning.com
Emily Sayward	Chilliwack Division of Family Practice	esayward@divisionsbc.ca
Jackie Ayer	Chilliwack Community Services	ayerj@comserv.bc.ca
Jane Elliott	Chilliwack School District	jane_elliott@sd33.bc.ca
Jenna Nickle	YMCA	jenna.nickle@gv.ymca.ca
Karin Rempel	Sardis Doorway	sardisdoorway@shaw.ca
Kiran Sidhu	FV Child Development Centre	ksidhu@fvcdc.org
Mandy McMahon	Bowls of Hope	admin@chilliwackbowlssofhope.com
Pauline Pigeau	Fraser Health	Pauline.Pigeau@fraserhealth.ca
Ruby Gidda	Fraser Health	ruby.gidda@fraserhealth.ca
Sheila Cayer	Fraser Health	Sheila.cayer@fraserhealth.ca
Sheri Josephson	YMCA	sheri.josephson@vanymca
Tami Quinn	Stó:lō Nation Health Services	tami.quinn@stolonation.bc.ca
Tara McLaughlin	HeadStart Coordinator	Tara.mclaughlin@stolonation.bc.ca
Trish Ackland	Child and Youth Mental Health	trish.ackland@gov.bc.ca

1. **Welcome and Introductions**
2. **Approval of Agenda** – Approved
3. **Approval of Minutes of last meeting** – Approved



4. Business Arising from the minutes

a. Professional Development Funds

At the last Success By 6 meeting, our steering committee was told that it's possible to use Professional Development funds for parent development.

b. Circle of Security – Guests Mary Ives, Bev Stobbe

Bev and Mary have both been trained in the Circle of Security parent education program. Based on their knowledge of both Circle of Security and Triple P, they feel that there needs to be a very good child-adult connection in order for Triple P to be effective, and that Circle of Security is a very good option for parent workshops.

Circle of Security is an eight week course. Although the focus group is the earlier years, it continues to apply throughout a person's life. It's designed at grade 4 literacy level.

Cost to sponsor a course: \$800 for one facilitator, \$1,000 for two facilitators. The ideal class size is 8-12 participants; up to 15 is possible. Sessions are interactive, with 1.5-2 hrs each session.

Mary and Bev mentioned the Chilliwack Effective Parenting Committee is in existence; it is primarily about supporting facilitators and networking. The Early Years table might be a good connection for both groups.

ACTION: Karen will add Mary to the Early Years committee distribution list. Mary will invite the Chilliwack Effective Parenting Committee to join the Early Years committee. Karen will talk to Debbie and Shannon about arrangements for room use and childcare.

IDEAS: Offer the workshops twice, covering the downtown Chilliwack area and Sardis area. If workshops were offered in joint partnership with the School District, there might not be a charge to rent a school facility for the workshops.

c. Non-violent Communication on Chilliwack's Children

It is a powerful program which was created by Marshall Rosenberg; William Klassen in Chilliwack offers a workshop. There is a lot of free information on the internet.

ACTION: Karen will talk to William about presenting.

d. May 4 Conversation on Chilliwack's Children – Parent Night

Kim Hetherington has agreed to present.

e. Inventory of Parenting Classes

No progress yet.

IDEA: The Chilliwack Effective Parenting may be a good contact for the inventory.

f. Sleep Survey Update

791 people took the survey, 58.7% were school aged. The survey will be up for one more week.

g. Sleep Literacy Challenge

The Challenge has had a soft start. Chilliwack Learning Society will be sending out communication to their contacts. Challenge will occur February 1-28.



5. New Business/Other Business

a. Every Door is the Right Door Update

There were 65 participants at the January 31st session. The CYC will be making a video about it, which will in part be used to show other communities how it works.

6. Task Group Updates – not covered

- Social marketing – not covered
- Childcare Task Group – not covered
- Baby Friendly Initiative – not covered
- Visioning Committee – not covered
- Parenting Classes – not covered

7. Agency Updates

CCS – Jackie Ayer is taking some time off, probably 6-8 weeks. Prior to this she emailed to Karen and Dan the Early Years quarterly financial update. Shelly will pass on best wishes from the committee.

Chilliwack School District – Ready Set Learn fairs will occur soon. Parents are recommended to call ahead to ensure that the session is running.

Reconfiguration survey results: a timeline will be presented next week, then at the following board meeting a decision is expected to be made about how to move forward.

Chilliwack Learning Society – Community Money for Living workshops have been popular. The first grouping of workshops filled immediately, and two more groupings are being offered. There is some room in the third grouping.

Fraser Health: Gabor Mate will present on March 3rd. At the event will be a Resources Fair, which is organized by Chilliwack Healthier Community. To sign up, contact Sabine at coordinator@chilliwackhealthiercommunity.ca.

Chilliwack Youth Health Centre – Traffic at the Sto:lo site has been slow this past year. Patients don't have to be Aboriginal to access that location. It's a beautiful site, with a lot of resources. Please include this information in your newsletters to families.

There will soon be conversation about whether they see themselves as a Health Centre, or a Youth Centre which offers employability, physical health and nutrition, etc. They are currently one of three sites nationally which provide comprehensive mental health services, and have a pediatrician on site. Recently joined is a physician trained in access for Gender for Me care. Patients under 26 years old will be able to access assessments and treatment at the Youth Health Centre, rather than having to leave the community for it.

Ann Davis – The Children who Witness Abuse event is March 28 – please promote. There is room in the April 27th Connect Parent Group. Children In Between runs on May 2nd, for ages 6-18.

8. Next Meeting: March 2, Central Elementary, 1pm – 3pm

9. Adjournment: 3:00 pm

