



When: March 2, 2017, 1:00 pm – 3:00 pm
Where: Central Gateway Room 102

Recorder: Annette Williams

Co-Chairs: Shelly Hayes & Karen Steegstra

ATTENDANCE:

Dallas Shirley	Ann Davis Transition Society	dshirley@anndavis.org
Debbie Denault	Chilliwack Learning Society	debbied@chilliwacklearning.com
Karen Steegstra	Child and Youth Committee Coordinator	chwkcchildandyouthcoord@gmail.com
Karin Rempel	Sardis Doorway	sardisdoorway@shaw.ca
Laura Allan	Chilliwack Family YMCA	Laura.allan@gv.ymca.ca
Monique Goerzen	UFV	monique.goerzen@ufv.ca
Nicole Driscoll	Chilliwack School District	nicole_driscoll@sd33.bc.ca
Shannon Carmichael	Central Gateway for Families/ Community School Coordinator	ccecsc@gmail.com
Sheila Cayer	Fraser Health	Sheila.cayer@fraserhealth.ca
Shelly Hayes	Chilliwack Community Services, Childcare Resource & Referral	hayess@comserv.bc.ca

REGRETS:

Cathy LaHayes	High Road Academy	CLaHaise@highroadacademy.com
Dan Bibby	MCFD	daniel.bibby@gov.bc.ca
Emily Sayward	Chilliwack Division of Family Practice	esayward@divisionsbc.ca
Jackie Ayer	Chilliwack Community Services	ayerj@comserv.bc.ca
Jane Elliott	Chilliwack School District	jane_elliott@sd33.bc.ca
Jenna Nickle	YMCA	jenna.nickle@gv.ymca.ca
Katrina Bepple	Chilliwack Division of Family Practice	kbepple@divisions.bc.ca
Kiran Sidhu	FV Child Development Centre	ksidhu@fvcdc.org
Mandy McMahon	Bowls of Hope	admin@chilliwackbowlssofhope.com
Sheri Josephson	YMCA	sheri.josephson@vanymca
Tami Quinn	Stó:lō Nation Health Services	tami.quinn@stolonation.bc.ca
Tara McLaughlin	HeadStart Coordinator	Tara.mclaughlin@stolonation.bc.ca
Trish Ackland	Child and Youth Mental Health	trish.ackland@gov.bc.ca

1. **Welcome and Introductions**
2. **Approval of Agenda** – Approved
3. **Approval of Minutes of last meeting** – Approved



4. Business Arising from the minutes

a. Professional Development Funds \$5,492

- i. William Klassen, guest, discussed facilitating a **Non-Violent Communication** overview, using material created by Marshal Rosenberg. William is trained in this plus Collaborative Practice Solutions, which was created by Ross Greene. He is working with Chilliwack School District at the moment, which would mean consistent messaging if the Early Years used him for the workshop. Cost for the day would be William’s fee of \$1,200, plus rental space/lunch of approximately \$200.

Preferred number of participants is 15-25. The primary participant goal is professional growth, with a secondary goal of personal growth.

A room at the Neighbourhood Learning Centre has been booked for Wednesday May 10th, workshop hours 9:00am – 3:00pm. Early Years subcommittee agencies will be the primary invitees, with other strategic invitations depending on space.

ACTIONS: Nicole will look into booking the NLC. Karen will email the committee to obtain commitment or unavailability to attend, how many spaces each agency requires.

IDEA: Buy some Ross Greene books for the event, if there’s enough room in the budget.

- ii. **10-Week Circle of Security Parenting Courses**

There will be one course in the spring, and one in the fall. In April Chilliwack Community Services is offering Circle of Security at Central Elementary, to families with members who participate in Families First. Sardis Family Place wants to offer a parenting course in the spring, perhaps the Early Years table could partner with them, or with Sto:lo, or another school in the delivery of this course.

Pricing:
\$1,000 facilitators
\$1,500 food and childcare

IDEAS: For Sardis area, offer it in the evening. If using Central Elementary, daytime is good.

b. Sleep Literacy Challenge

The deadline has been extended until March 17th. The Sleep Survey will be conducted again after the Challenge ends, to see if there is a change in results with the increased awareness. In the initial survey, 57% of participants were school-aged.

Chilliwack Learning Society will draw for participant prizes around the end of March. The CHC Primary Prevention people had said they would look for some prizes. CLS is always looking for more, and would appreciate contact if you have some to give.

ACTION: Presentation to city council – Karen and Debbie will coordinate; will likely be at the end of May.

c. Every Door is the Right Door Update

CHC has been approached by a Sardis student offering to create an Every door is the right Door video for her CBC film school entrance requirement.



5. New Business/Other Business

a. All Candidates Forum (April 19th)

Agencies will provide questions, to be given to the candidates in advance. Questions will be discussed at the April CYC meeting, in preparation. The event will be April 19th. Some ideas:

- Minimum wage and the poverty report card;
- The need for more children’s free counseling;
- Costs incurred for families who have children with special needs – staying home to raise them, equipment;
- Amount of paperwork required for low income families to access services

b. School District

Chilliwack School District is now offering the [CALM program](#) to Kindergarten teachers and support workers, plus will have a CALM kit for each school. Two parent nights and a day of training for occupational/physical therapists will be held. All Strong Start teachers have been trained in CALM. Socio-Emotional scores have been impacted favourably in schools which have already utilized CALM.

An ACCESS for ALL grant has been applied for through Rick Hansen Foundation. If successful, funds will be used to increase accessibility on Greendale Elementary School’s playground.

c. Early Years Expo

It will not be held this spring.

IDEAS: Agencies which serve kids get together and hold “Just Play” events at parks in the community. Create a calendar of the events so they can be shared.

National Child Day is November 20th. Should this be a larger event than in the past, perhaps combining it with the Early Years Expo?

Signs – The “Play With Me” and exploration signs that the committee and the City were going to work together to place in parks and downtown did not meet United Way funding requirements. This project is on hold.

6. Task Group Updates

- Social marketing – not covered
- Childcare Task Group – not covered
- Baby Friendly Initiative – Grace Banks, Lactation Consultant, would like to offer a breast feeding consultation clinic.
- Visioning Committee – not covered
- Parenting Classes – not covered

7. Agency Updates

Sardis Doorway – Apr 8th dessert/auction \$10/each fundraiser; Spring plant sale; June 10 Ice Cream Social for past participants or volunteers.

Fraser Health (FH)

- FH is revamping their website, and also conducting a survey about school health and what families and those who work with school-aged children would like on a website.



MINUTES

- March is nutrition awareness month. Carole Chang from Fraser Health is booking presentations about it. If you would like her to speak in your workplace, email her at carole.chang@fraserhealth.ca.
- **FH** has developed a wonderful set of [posters](#) that encourage parents and caregivers to follow the division of responsibility when feeding infants. The messaging on the posters is a reminder that children should decide how much to eat, i.e., “Kids naturally know how much food their body needs” “Trust your child to know how much to eat” and “You don’t need to pressure your child to eat”.

Ann Davis

- Children Who Witness Abuse begins again on March 28th;
- Children in Between begins May 2nd;
- Connect Parent Group starts again Apr 27, for parents of kids 8-12.

8. Next Meeting: April 6, Central Elementary, 1pm – 3pm

9. Adjournment: 3:00 pm

MAKE
Children
First