



**When:** April 6, 2017, 1:00 pm – 3:00 pm  
**Where:** Central Gateway Room 102

**Recorder:** Annette Williams

**Co-Chairs:** Shelly Hayes & Karen Steegstra

**ATTENDANCE:**

|                 |  |  |
|-----------------|--|--|
| Dallas Shirley  | Ann Davis Transition Society                                 | <a href="mailto:dshirley@anndavis.org">dshirley@anndavis.org</a>                         |
| Denika Klassen  | UFV Student (FV CDC)   |  |
| Jodie Elliott   | FV Child Development Centre                                  | <a href="mailto:jelliott@fvcdc.org">jelliott@fvcdc.org</a>                               |
| Debbie Denault  | Chilliwack Learning Society                                  | <a href="mailto:debbied@chilliwacklearning.com">debbied@chilliwacklearning.com</a>       |
| Karen Steegstra | Child and Youth Committee Coordinator                        | <a href="mailto:chwkcchildandyouthcoord@gmail.com">chwkcchildandyouthcoord@gmail.com</a> |
| Karin Rempel    | Sardis Doorway   | <a href="mailto:sardisdoorway@shaw.ca">sardisdoorway@shaw.ca</a>                         |
| Monique Goerzen | UFV  | <a href="mailto:monique.goerzen@ufv.ca">monique.goerzen@ufv.ca</a>                       |
| Nicole Driscoll | Chilliwack School District                                   | <a href="mailto:nicole_driscoll@sd33.bc.ca">nicole_driscoll@sd33.bc.ca</a>               |
| Sheila Cayer    | Fraser Health  | <a href="mailto:Sheila.cayer@fraserhealth.ca">Sheila.cayer@fraserhealth.ca</a>           |
| Shelly Hayes    | Chilliwack Community Services, Childcare Resource & Referral | <a href="mailto:hayess@comserv.bc.ca">hayess@comserv.bc.ca</a>                           |

**REGRETS:**

|                    |  |  |
|--------------------|--|--|
| Cathy LaHayes      | High Road Academy  | <a href="mailto:CLaHaise@highroadacademy.com">CLaHaise@highroadacademy.com</a>           |
| Dan Bibby          | MCFD   | <a href="mailto:daniel.bibby@gov.bc.ca">daniel.bibby@gov.bc.ca</a>                       |
| Emily Sayward      | Chilliwack Division of Family Practice                     | <a href="mailto:esayward@divisionsbc.ca">esayward@divisionsbc.ca</a>                     |
| Jackie Ayer        | Chilliwack Community Services                              | <a href="mailto:ayerj@comserv.bc.ca">ayerj@comserv.bc.ca</a>                             |
| Jane Elliott       | Chilliwack School District                                 | <a href="mailto:jane_elliot@sd33.bc.ca">jane_elliot@sd33.bc.ca</a>                       |
| Katrina Beppele    | Chilliwack Division of Family Practice                     | <a href="mailto:kbeppele@divisions.bc.ca">kbeppele@divisions.bc.ca</a>                   |
| Kiran Sidhu        | FV Child Development Centre                                | <a href="mailto:ksidhu@fvcdc.org">ksidhu@fvcdc.org</a>                                   |
| Mandy McMahon      | Bowls of Hope  | <a href="mailto:admin@chilliwackbowlsofhope.com">admin@chilliwackbowlsofhope.com</a>     |
| Shannon Carmichael | Central Gateway for Families/ Community School Coordinator | <a href="mailto:ccecass@gmail.com">ccecass@gmail.com</a>                                 |
| Sheri Josephson    | YMCA   | <a href="mailto:sheri.josephson@vanymca">sheri.josephson@vanymca</a>                     |
| Tami Quinn         | Stó:lō Nation Health Services                              | <a href="mailto:tami.quinn@stolonation.bc.ca">tami.quinn@stolonation.bc.ca</a>           |
| Tara McLaughlin    | HeadStart Coordinator                                      | <a href="mailto:Tara.mclaughlin@stolonation.bc.ca">Tara.mclaughlin@stolonation.bc.ca</a> |
| Trish Ackland      | Child and Youth Mental Health                              | <a href="mailto:trish.ackland@gov.bc.ca">trish.ackland@gov.bc.ca</a>                     |

**1. Welcome and Introductions**

**2. Approval of Agenda – Approved**

**3. Approval of Minutes of last meeting – Approved, with the following changes:**  
 National Child Day is November 20<sup>th</sup>; the All Candidates Forum is April 19<sup>th</sup>.



**4. Business Arising from the minutes**

**a. Professional Development Funds Update (Ross Greene books)**

The Non-Violent Communications workshop will be May 10<sup>th</sup>, from 8:30am-3:00pm. Lunch will be catered. There are 25 spots available.

**ACTIONS:** If you will be attending, email Karen by April 14<sup>th</sup>.

**DECISION:** 25 Ross Greene “Lost at School” books will be ordered.

Circle of Security workshops will be offered, one in the spring and one in the fall. The Early Years committee will cover the cost of childcare.

**Note:** There is about \$10,000 of discretionary funds in the Early Years budget, which was originally designated to subsidize young parents participating in the now closed Downtown Family Place daycare.

**b. Sleep Literacy Challenge Update**

There were 34 participants. A draw for prizes will occur soon. Karen (CYC) and Debbie (CLS) will go to city hall to present to the mayor and council.

The sleep survey is live again, to see what impact increased community awareness has had.

**c. Every Door is the Right Door Update**

A partnership might occur with the Chilliwack Local Action Team (see 5.d.)  
A documentary is anticipated in the near future.

**d. All Candidates Forum** (April 19<sup>th</sup> at Neighbourhood Learning Centre, 10:00am to noon))

First Call’s 2017 Provincial Election toolkit was circulated at this Early Years committee meeting (see attached), and some of the questions reviewed.

The All Candidates Forum planning committee is looking for more questions to be submitted to the candidates.

**ACTION:** Karen will email a link; questions to be submitted by Early Years committee members. **Deadline: Thursday April 13<sup>th</sup>.**

**e. Conversation Update**

Conversation Brochures were distributed. An electronic copy is on the home page of the [CYC website](#). Set up for the resource fair portion will be Thursday at 3:30pm. It is preferred that booths be staffed Thursday evening, as well as Friday. Admission to the events is free. A Professional Development certificate will be issued to those who request one when registering online.

**IDEA:** Have a stack of non-personalized certificates available for participants.

**5. New Business/Other Business**

**a. Priority Grant Update**

Applied in fall 2016, haven’t received word about the success of the application.



**b. Success By 6 Update**

Denise Thandi was filling in for Wayne Green’s newly vacant position at United Way. Subsequent to that move, her position at Success By 6 has been eliminated. In June there will be a vote to see whether United Way of the Lower Mainland and United Way Fraser Valley will amalgamate. This may impact positions, therefore current vacancies have not been filled.

**c. Breast Feeding Support**

Grace Bank, chair of the Baby Friendly Initiative, is holding a weekly drop-in session at Central.

**d. LAT Project – Maggie Aronoff**

Maggie is creating Pathways to Care, as one of the projects with the Local Action Team, as part of a provincial grant, Child and Youth Mental Health Substance Use ages 6-26. This is through the Chilliwack Division of Family Practice. There has been conversation about how to move the work from the LAT to the CYC, gathering information to document a pathway starting at the Early Years. This can be a resource posted on the CYC website, handed out to parents, etc.

**Other conversation:**

The School District might show “Resilience – The Biology of Stress & the Science of Hope” in fall 2017.

Cristal Biela recently talked about fun and fascinating Brain Games at a Mental Health meeting.

Sardis Doorway recently brought in a couple of facilitators to lead a [Wellness Recovery Action Plan \(WRAP\)](#) workshop, which was powerful. The committee then discussed the viability of providing childcare if such a workshop was offered, so that single parents could attend. The workshops are run as six sessions, either once or twice a week.

**ACTION:** Karin will find out the WRAP session price, and maximum permitted number of attendees. Then decision can be made about whether participants are referral-based and how to fund childcare.

**e. Signs – grant**

There has been discussion at previous meetings about erecting signs up near 5-2-1-0 boxes; the City of Chilliwack would install them. The price was not manageable, and funding received was not allowed to be used for this purpose.

**IDEAS:** Apply for a Plan H grant through Fraser Health, around community engagement and fitness, to pay for the signs and other initiatives. Activities could include shopping cart literacy; bus stop literacy, brain exercises when in the community. Does anyone want to join a task group to create the grant application?

**ACTION:** Sheila Cayer will ask her Fraser Health contacts about the grant.

**f. 20<sup>th</sup> Anniversary Visioning**

2018 will be the 20<sup>th</sup> anniversary year.

**IDEAS:** Have a visioning committee, first meeting prior to June 2017.

Do a variety of community accessible activities throughout the year, perhaps one event per month. Create calendars of events for the community. These activities would be instead of an Early Years Expo. Some options:

- Tumble Bus.
- Partner with Chilliwack Moves, a walking group.



## MINUTES

- UFV – Outdoor Music Centre with recycled instruments (best months are October and November)
- UFV: Math Games pop-up.
- “Hands on Science”
- Aquabus.
- Use Sardis Library as a location.
- Maybe the YMCA would like to do one event, as part of continuing awareness of the Y, and managing their one year building closure. They have a bouncy castle.
- 5-2-1-0 one month.
- Target special days: Family Day, Pancake Day (MLAs to cook pancakes), National Child Day, etc.
- February – Flash mob at the Chiefs game, with an Early Years table there.
- Family Trail Day (Community Forest).
- June 21<sup>st</sup> Aboriginal Day.
- Include other community event on the calendar, even if they’re not created by the Early Years committee. An example is Cinema under the Stars.

Promotional ideas for the Year of Play:

- Have branded information available. Volunteers: Nicole, Sheila,
- Could possibly title the year “Celebrating 20 Years and Promoting the Importance of Play”
- Shirt: “Professional Play Technician”

**ACTION:** Contact Karen immediately if you would like to join the task group. Volunteers who came forward at the meeting are Nicole and Sheila.

**g. Healthy Kids Day – April 30<sup>th</sup>**

This YMCA event will be down-sized because of the premises changes at the YMCA. The Early Years won’t participate this year.

**h. Sto:lo Kids Fest – July 12<sup>th</sup>**

Last year the event was fabulous. It is recommended that agencies attend and participate.

**ACTION:** The Early Years will have a table. Debbie will not be available, but will ask the Rotary committee she is connected with whether someone can attend and pair up with Karen.

### 6. Task Group Updates

- Social marketing – not covered
- Childcare Task Group – not covered
- Baby Friendly Initiative – not covered
- Visioning Committee – not covered
- Parenting Classes – not covered



**DISCUSSION:** A Childcare Needs Assessment has not been done for a while.

**ACTION:** Shelly will contact another center to find out what questions they asked and how they accessed the people to question.

**7. Agency Updates**

**Sardis Doorway** – Their fundraiser auction this Saturday. Also, the plant sale is on their website.

**Fraser Health (FH)** – Babies and Sleep packages were handed out.

**Ann Davis** – There is still room for kids 8-12 years of age at the Kids Grief Group, April 21<sup>st</sup> at Chilliwack Hospice. It is preferred that the children can manage in a group.

**8. Next Meeting:** June 1<sup>st</sup>, Central Elementary, 1pm – 3pm. The Visioning committee will have met prior to then and will present an update.

**9. Adjournment:** 3:00 pm

MAKE  
Children  
First

