



When: May 7, 2015, 1:00 – 3:00 pm
Where: Central Elementary, Room 119

Recorder: Annette Williams

Co-Chairs: Trish Ackland and Karen Steegstra

ATTENDANCE:

Dan Bibby	MCFD	daniel.bibby@gov.bc.ca
Danielle Edwards	Chilliwack Division of Family Practice	dedwards@divisionsbc.ca
Darby Wilkinson	Chilliwack Community Services	wilkinsond@comserv.bc.ca
Debbie Denault	Chilliwack Learning Society	debbied@chilliwacklearning.com
Jenna Nickle	YMCA	jenna.nickle@gv.ymca.ca
Karen Steegstra	Child and Youth Coordinator	chwkchildand youthcoord@gmail.com
Karin Rempel	Sardis Doorway	sardisdoorway@shaw.ca
Katrina Bepple	Chilliwack Division of Family Practice	kbepple@divisions.bc.ca
Kiran Sidhu	FV Child Development Centre	ksidhu@fvcdc.org
Nicole Driscoll	Chilliwack School District	nicole_driscoll@sd33.bc.ca
Pauline Pigeau	Fraser Health	Pauline.Pigeau@fraserhealth.ca
Trish Ackland	Child and Youth Mental Health	trish.ackland@gov.bc.ca

REGRETS:

Amber Baldwin	Montessori Child Growth Society	amber@mcgsociety.com
Angela Joiner	Montessori Child Growth Society	angela@mcgsociety.com
Kathereen Kessler	Meadow Rose Society	help@meadowrosesociety.com
Shannon Carmichael	Central Gateway for Families/Community School Coordinator	ccecass@gmail.com
Sheri Josephson	YMCA	sheri.josephson@vanymca
Stacey Barfoot	FV Child Development Centre	sbarfoot@fvcdc.org
Tami Quinn	Stó:lō Nation Health Services	tami.quinn@stolonation.bc.ca
Tara McLaughlin	HeadStart Coordinator	Tara.mclaughlin@stolonation.bc.ca

- Welcome and Introductions** – Its Child and Youth Mental Health Day today. Trish passed out stickers and buttons.
- Approval of Agenda** – Approved
- Approval of Minutes from last meeting** – Approved, after changing the spelling of Dr. Pleydell-Pearce's name.



4. Business Arising from the minutes

a. Success By 6 Funds

Application for Implementation funds has been submitted. Since the request isn't for the full amount of available funds, Karen has inquired whether the remainder can be used towards the March Child Development Fair expenses. Response hasn't been received.

There is also \$2,000 of Aboriginal Success by 6 funds left to claim. The Early Years table is conversation with Tara McLaughlin from Stó:lō to discuss the opportunity to apply for those funds.

IDEA: also talk with Brian Muth regarding the potential Aboriginal funds application.

5. New Business/other Business

a. Childhood Expo Survey Results

Karen passed around the survey results as completed by Expo attendees.

Service providers thought it was great. Recommendation is for it to end earlier next year. The play approach was very successful. It helped the parents relax and feel comfortable engaging and asking questions.

\$3,000 was received by the United Way Priority Grant, which can be used to fund the fair(s).

The mall was happy with the event. Next year the mall might be agreeable to it ending at 3:00 rather than 5:00. Feedback indicated that people attended because they were at the mall, rather than being attracted from a newspaper or radio ad.

Attendance was steady all day long, with a decline at 3pm.

The Science presenter was very good.

It was nice to have music.

Lili, the FVRL car, isn't allowed to enter or leave the mall unless the mall is closed, so Debbie and Dave stayed at the mall until 9pm before Dave drove Lili out.

IDEAS: Next year put an information booth on both ends of the setup. Canvas the schools to attract performers. A music activity would be good. A tear down team would be helpful. Leave all booths setup until the end and tear them down at the same time, so that it looks better toward the end of the day. Next time try to use the education room a bit more.

b. Healthy Kids Day

This year the YMCA is hosting in conjunction with Megathon. The date is Sunday June 7th, 9:00 am–2:00 pm. Last year 400 people attended. Combining the two events should mean more traffic.

There will be booths and tables and vendors outside. 7:30 or 8:00 am set up time for booths. Please email Karen or Jenna by May 14th if you're interested in helping staff an Early Years booth. Can do a small version of what was done for Child Development Day. There is some priority grant money for developmental screening, which can be used for this event.

6. Task Group Updates

a. Social Marketing – didn't meet.



b. Childcare Task Group

Karen will follow up with Sheri Josephson about Vancouver child care services review results, as per the January meeting conversation under Agency Updates.

c. Parent to Parent Mentoring

There is a pilot project being done with Right from the Start, involving community program mentors. Karen from Doorway is involved in this project. Leanna from Parenting After Abuse has also been there. Depending how the pilot goes, it might be expanded to other programs. Also want to maintain connections after the program is done.

d. Baby Friendly Initiative

They are preparing a package for business about what it looks like to be baby friendly for employees and clients. On October 3rd the breastfeeding challenge is at the Neighbourhood Learning Centre (NLC). The committee is hoping to do a presentation to mayor and council about gaining support for baby friendly awareness. They are collecting data about cases where people have been told to cover up or not asked to feed in public. They would like support from council in the awareness and information sharing. For instance, have their life-sized cutout at city hall, and a display of the lounge.

IDEAS: Talk about it from the perspective of the baby eating, rather than the mother breastfeeding. Acknowledge Sears for having a great nursing space, and invite them to participate in some initiatives.

It's important to be aware of reverse prejudice about those who don't nurse their babies. There is a [Fraser Health breast milk depot](#) for those mothers who cannot make enough milk for their baby.

e. Visioning Committee

Darby, Kiran, Nicole and Karen have been meeting and talking about opportunities to increase awareness of the early years and Early Years committee. One idea is to do a presentation at the CYC committee meeting, to increase understanding of the Early Years committee's vision and direction, and to make a topic request for the next CYC consultation. There is a universal need to focus on children's socio-emotional well being. They would like to suggest that the next consultation include the topic of children's mental wellness. The evening before the consultation, a session could be held for parents and childcare providers. At the main consultation target professionals and talk about how to impact mental health. This topic would be applicable to all ages of children and youth, and include the family unit. There might be Early Years grant money to go towards it.

The committee has been discussing how to target for the parents also, who have their own mental wellness issues.

Some agencies could offer Kids Have Stress Too, Capable Kids, CALM. [Capable Kids](#) is a therapeutic preschool which is structured and holistic. Running alongside it is an attachment based mindfulness group for the parents.

Mike McKay might be a possible presenter for the consultation.

Will bring it up at the June CYC meeting, then report back to the early years table as to their response.

The visioning committee also talked about consistent messaging and terminology – eg, mental wellness, mental health, mental well being. They would like the CYC to champion the cause with the Early Years committee, to raise the profile in the community.

An aside conversation: Moms who are in the Young Moms program finding it difficult to keep up with regular school, which is why they've been moved from the Education Centre, but they're drifting back to the Education Centre while their child minding is at the NLC. Money for NLC licensed daycare, to retain 4 spots for young moms, must be paid July/Aug to secure the spots for the school year. Program will need some help with strategies to brainstorm around some of these challenges.

f. Parenting Classes

When the School District receives emails about parenting classes, they forward them. Nobody's Perfect and the Circle of Serenity are offered in May & June. Both classes have already started.

Parenting Anxious Kids – one session in each May and June.

Trish passed around flyers for Capable Kids Club and the Parent Project.

No classes are being offered during the summer.

7. Coordinators Report

The priority has been the Conversation on Chilliwack's Children.

Karen will be meeting with Middle Years committee to come up with a plan to move forward. Sexual Exploitation Awareness week occurred in March.

8. Agency Updates

Chilliwack Division of Family Practice

May 8th is With Your Dog and Mayor at Townsend Park at noon.

The Partners in Health Care Community Forum is May 19th at the NLC. There will be a free dinner and opportunity to talk with doctors.

Patient Attachment Mechanism (PAM) is a new program for those who are not attached to a doctor and looking for one. 600 patients have been attached, from Chilliwack to Hope (about 450 in Chilliwack), as a result of the program. It is intended for people without a family doctor, rather than those who don't like their doctor.

On Saturday, Hope and the vicinity hosted a successful 5-2-1-0 event at Memorial Park.

Fraser Valley Child Development Centre

Early Learning in the Valley forum was a big success. The forum was for people in Mission, Chilliwack, Abbotsford to Hope.

Chilliwack Learning Society

Debbie and Amber (from the Book Man) have joined the Rotary literacy committee. The committee has ordered 700 copies of [Josh the Otter](#), for 6-8 year olds, for distribution in the community. It's about water safety. Parents are encouraged to read the book with their children, due to some serious content. If interested in receiving copies of the book, contact Debbie.

YMCA

June is splash month. They are giving free water safety lessons for kids.

Fraser Health

They are changing managers. Lisa Jarvis going to Langley and Delta, and Ruby Gidda will be taking on Lisa's role.



MINUTES

Sardis Doorway

They have a long wait list. There are five weeks left until summer break.

Website

Annette will be contacting people to update the program information as shown on the site. Also, summer camps will be uploaded over the next few weeks.

ACTION: Please proactively check your listing(s) and email Annette to say whether or not there are any changes to the information. For summer camps, contact Karen.

9. Next Meeting: June 4, Central Gateway, Room 119, 1:00pm – 3:00pm

10. Adjournment: 2:55 pm

Draft

MAKE
Children
First

