

Referral Process

Referral sources include Surrey Memorial Hospital Adolescent Psychiatric Unit, Early Psychosis Intervention Program, Adolescent Crisis Response Program, Child and Youth Mental Health, community psychiatrists, and schools.

Referrals to the Adolescent Day Treatment Program require a complete referral package with the relevant documents

Referrals are screened for appropriateness by the ADTP Intake Team.

In partnership with:

Ministry of Education

Ministry of Children and Family Development,
Child and Youth Mental Health

Adolescent Day Treatment Program

Abbotsford Regional Hospital & Cancer Centre
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Hours of Operation:
Monday – Friday 830 am – 430 pm

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Adolescent Day Treatment Program



Serving youth and their families in Fraser East communities

Abbotsford Regional Hospital and Cancer Centre

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Adolescent Day Treatment Program

The Adolescent Day Treatment Program is a sub-regional community-based program providing a wide range of individualized mental health services and educational programming for adolescents with acute psychiatric illnesses. Young people between the ages of 13-18 years inclusive attend the program four days a week from **9:30 a.m. until 3 p.m.** for up to four months.

For part of the day the youth attend school where they have the opportunity to enroll in some of their core courses. The rest of the day, they participate in the treatment component of the program, including recreational and life-skills programming and therapeutic groups.

The Adolescent Day Treatment Program provides services to the Fraser East sub-region covering Abbotsford, Mission, Chilliwack, Agassiz, Hope, Boston Bar, and surrounding areas.

The Adolescent Day Treatment Program provides services to youth who are experiencing severe psychiatric difficulties such as Schizophrenia and other psychotic disorders, Major Affective Disorders, Anxiety Disorders, or other severe mental health issues, and are also struggling with academic and social/family functioning.

This program is not intended for youth with primary Behaviour Disorders, Eating Disorders, Personality Disorders and Autism Spectrum Disorders.



Services Provided

The Adolescent Day Treatment Program is a milieu based, inter-disciplinary model providing a broad range of treatment services. The treatment team consists of a psychiatrist, mental health therapists, teacher, teaching assistant, recreation therapist, and youth care counsellor.

Services provided include assessment, individual, family and group interventions, recreational assessment and activities, and educational assessment and programming. Consultation, liaison and referral services also form an integral part of the program. Whenever possible, existing community resources are incorporated into the treatment plan for youth attending the program.