



Chilliwack Child and Youth Committee Early Years Sub-Committee



When:December 6, 2012 12:00-2:00Where:Rendezvous Restaurant

Recorder: Annette Williams

Co-Chairs: Trish Ackland and Karen Steegstra

#### **ATTENDANCE:**

Barb Presseau	CCS – Childcare Resource and Referral	presseaub@comserv.bc.ca
Dan Bibby	MCFD	daniel.bibby@gov.bc.ca
Darby Wilkinson	CCS	wilkinsond@comserv.bc.ca
Debbie Denault	Chilliwack Learning Community	debbied@chilliwacklearning.com
	Society	
Jackie Buit	Stó:lo Nation - Head Start	Jackie.buit@stolonation.bc.ca
Karen Steegstra	Child and Youth Coordinator	chwkchildandyouthcoord@gmail.com
Pauline Pigeau	Fraser Health	Pauline.Pigeau@fraserhealth.ca
Trish Ackland	Child and Youth Mental Health	trish.ackland@gov.bc.ca

#### **REGRETS:**

Charlotte Debruyn	Chilliwack School District	charlotte_debruyn@sd33.bc.ca
Karin Rempel	Sardis Doorway	rempelfamily@shaw.ca
Kim Pilling	FV Child Development Centre	kpilling@fvcdc.org
Kiran Sidhu	FV Child Development Centre	ksidhu@fvcdc.org
Margaret Castle	Chilliwack Society for Community	margaret.castle@cscl.org
	Living	
Sara Van Basten	MCFD Guardianship Worker	Sara.vanbasten@gov.bc.ca
Shannon	Central Gateway for Families/	ccecss@gmail.com
Carmichael	Community School Coordinator	
Sheri Josephson	Chilliwack YMCA	sheri.josephson@vanymca.org
Windy Solla	Stó:lō Nation Health Services	windy.solla@stolonation.bc.ca
Yvonne	Stó:lō Nation	yvonne.tumangday@stolonation.bc.ca
Tumangday		

#### 1. Welcome and Introductions

- 2. Approval of Agenda Approved
- 3. Approval of Minutes of last meeting Approved

## 4. Business Arising from the minutes of November 1, 2012

Kids and Cake was very successful. It had great participation numbers of 40+, which is an increase over previous years. There was cake, helium balloons and goodie bags. The goodie bags were big hit and there were many items donated to make them. Sardis Bakery gave a discount on the beautiful cake. Karen presented to council about National Child Day, the CYC agencies, how important it is to have community partners to support parents and children. There was newspaper and radio publicity. Group came together well. Glenda from CCS took pictures on her phone.

ACTION: Barb will get photos and send to members and Annette for posting on the CYC website.

#### 5. New Business/other Business

- CYC website's new password for CYC minute section was given verbally. Those who missed it can contact Karen to receive it. This doesn't not affect accessing the Early Years sub-committee minutes, as they're posted on a different page.
- Success By 6 Brochures/Calendars

Success By 6 is creating a new brochure which will have their information, and on the inside will be regional pertinent information. A draft of the regional portion was handed out at the meeting for those present to review their descriptions.

ACTION: If an organization has more information or updates, send to Karen.

Karen and Dan attend Success by 6 meetings. Karen and her counterparts within the Fraser Valley have a recent mandate to connect with the local credit unions and their branch managers, with an end goal that those contacts have a relationship with the Early Years. Karen would be available to go to the branches for a promotional day with customers and staff. This strategy is related to community building, awareness, and future funding potential.

• CYC conference update

ABC was a brand for the conference, but it should be referred to as the CYC conference. April 26 2013 is the 20<sup>th</sup> annual conference. Debbie, Dan and Karen are part of the planning committee. Stephen Point and Kelly Anderson from the F.O.R.C.E. are confirmed speakers. One of the possible agenda activities is to do a service experience simulation. Everyone will be given a sample client profile to role play. They will be directed to particular support agency station based on their role, and from there will be directed to other stations where they can receive information pertinent to them.

Part of the celebration is recognizing those who have been involved for a number of years or past years. It will include a table of historical items (old brochures, goalposts etc).

• Strategic Goal Updates

Raise a Village produced the final report, presented in short copy and long copy versions. Still to be completed is to attach names to the activities. One thought on how to present the results is to summarize into a brochure but not attach the names to the goals/activities.

ACTION: Karen will email the short version to the committee.

## 6. Strategic Plan: Goal Activity Updates: - Not covered

## 7. Task Group Updates

a. Parenting Programs

Trish collected parenting supports and programs information from service agencies and faith based agencies. There were very few offered that were universal programs. The next goal is to assemble those who are involved in parenting programs. Dan will do this and link to partnerships for Triple P.

Debbie wasn't able to find the marketing information link on the Triple P website, so will inquire with Kim Pilling as to exactly where it's located.

b. Social Marketing/Healthy Kids

Chilliwack School District used to do a family day and will be doing it again this year. Initially Fraser Health & School District did it together, but has changed over the years. Historically it was Ready Set Learn, combined with the Child Development Fair. Last year it was combined with the YMCA's Healthy Kids Day. Developmental screening was done there.

Perhaps screening perhaps should happen more frequently in Chilliwack.

Fraser Health is screening children in care 18 months to 3 years. One of the questions is how to connect with 3 year olds since they don't see them in their health clinics?

There is some screening done at school, but often if a child comes in September, the child can't be recognized until the end of the year and screening done at that time, which is a few months too late. Yvonne from Stó:lō is asking parents to do the Ages and Stages Questionnaire (ASQ) with her, so that challenges can be detected before they get to school.

In the past the screening was well received by parents at StrongsStart.

IDEA: Do developmental screening at the annual Chilliwack Connect event. Their committee meets quarterly, and an Early Years member could represent on the committee.

Set up at the mall and do it there on a rotational basis.

Not every child identified will be able to receive supports immediately due to system load, but the families can be offered tips and information until formal support is arranged.

ACTION: Add EDI link to Early Years page of CYC website.

A domain that had the highest vulnerability on the EDI score is Social and Emotional vulnerability.

IDEA: Select one domain that has the highest vulnerability and consistently message that for a year. Agencies participate by highlighting wherever they go as part of their Social Marketing.

IDEAS for Fraser Health: Give information packages to new maternity registrations. Statistically, there are at least 1,000 new births per year. Continue working with parents who have kids in school, giving information suitable for the younger children who aren't in school.

ACTION: Barb will find out when the Welcome Wagon Baby Shower, so that it could be arranged to give them Child Development Guides and Resource Guides.

Welcome Wagon currently gives out Child Development Guides to new families with younger children.

IDEA: Set up free videos with Shaw if there is messaging that Early Years would like to portray. Debbie can be used as a resource for tips on working with Shaw, based on her experience.

## c. Young Parenting

There were 32 births from mothers aged 19 and younger from Jan 1, 2012 to Nov 1, 2012. Abbotsford had 37, with double the population. We're the only local community with 14-15 year olds giving birth this year. There is a new mentorship program for young parents, with Big Brothers/Big Sisters as the lead. A number of faith based communities were interested in participating, so they have told them to contact Big Brothers/Big Sisters. Some of the young moms are kids in care without families. If you're interested in mentoring a young mom let Trish know.

Next year's curriculum development goal is Prevention.

Langley has a Free Clinic for youth; Chilliwack doesn't at this time.

RECOMMENDATION: Have young moms tell their stories at high schools.

## 8. Agency Updates

## Darby (Chilliwack Community Services – CCS)

- Better Beginnings has been operating for years, but funding hasn't continued through each year, which has created a fiscal challenge. They're reduced to two Better Beginnings groups. The young parent one has been relocated to Downtown Family Place. Lana is now present at the Drop in time at Downtown Family Place. She is a doula, lactation consultant, prenatal nutritionist. She won't be facilitating a group, but will be making connections with the families.
- Family Literacy, Families in Motion, ad Central Gateway are family literacy programs. CCS is celebrating their 20<sup>th</sup> year of delivering these family literacy programs, for a total of 28 combined programs duration years. The 20 year celebration will be in April. There will be agency booths. CCS has contracted a facilitator to bring in her curriculum kits and brought in Laura Watson to build relationships.
- Family Resource programs were restructured, not as a result of new funding but it was seen as time to make realignment. Two coordinators' positions were merged into one, which oversees all 6 Family Resource programs and the Better Beginnings program.
- Downtown Family Place is moving to Chilliwack Senior Secondary. CCS wants to increase parent access to parenting programs and resources. They would like parents to come for the programs, not just primarily the free items. There is programming for adults as wells as an Outreach Practitioner.
- CCS is no longer the operator for Central Gateway.
- Fraser Valley Child Development Centre is creating a new curriculum that they want to initiate. CCS is involved with how to incorporate Social and Emotional into every day curriculum. CCS staff will be trained in January, with pilot implementation in early spring.
- CCS Angel Share/Christmas Sharing is occurring. Pauline and Dan will ensure their agency locations have what they need to participate.

## Debbie (Chilliwack Learning Community Society – CLCS)

- Her husband Dave was Santa at last week's school breakfast. Kids and Santa all had a great time.
- Application has been submitted for Raise-a-Reader funds. If approved, \$7000 will be received (\$3000 less than last year). The CLCS Early Family Literacy Task Group will follow a collaborative process to determine how much money will go to early family literacy programs. Feel free to put an organization in touch with Debbie about it, if they're new to the process.

## Jackie (Stó:lō Nation)

- Jackie is facilitating the Nobody's Perfect program. They have repeat families attend, but it's difficult to entice new families. The children must be Aboriginal.
- ACTION: Darby and Jackie will communicate about when they run their programs and cross-refer as suitable, as CCS also runs Nobody's Perfect.
- Stó:lo is looking for more on-reserve families to attend a regular program to a drop-in preschool program.

# Pauline (Fraser Health)

- They're running a postpartum depression group. Please refer through through Heidi who is the facilitator.
- 9. Next Meeting: Thursday January 10<sup>th</sup>, 1:00 at Chilliwack FVCDC

10. Adjournment: 2:00 pm

