

When: January 8, 2014 1:00-3:00 pm  
 Where: Central Gateway, 9435 Young Road, Rm 119

Recorder: Annette Williams

Co-Chairs: Trish Ackland and Kiran Sidhu

**ATTENDANCE:**

Debbie Denault	Chilliwack Learning Community Society	<a href="mailto:debbied@chilliwacklearning.com">debbied@chilliwacklearning.com</a>
Jackie Ayer	Chilliwack Community Services	<a href="mailto:ayerj@comserv.bc.ca">ayerj@comserv.bc.ca</a>
Karen Steegstra	Child and Youth Coordinator	<a href="mailto:chwkchildandyouthcoord@gmail.com">chwkchildandyouthcoord@gmail.com</a>
Karin Rempel	Sardis Doorway	<a href="mailto:sardisdoorway@shaw.ca">sardisdoorway@shaw.ca</a>
Katrina Bepple	Chilliwack Hospital Health Care Foundation (CHHCP)	<a href="mailto:katrina.bepple@chhcf.org">katrina.bepple@chhcf.org</a>
Kiran Sidhu	FV Child Development Centre	<a href="mailto:ksidhu@fvcdc.org">ksidhu@fvcdc.org</a>
Shannon Carmichael	Central Gateway for Families/Community School Coordinator	<a href="mailto:ccecss@gmail.com">ccecss@gmail.com</a>
Trish Ackland	Child and Youth Mental Health	<a href="mailto:trish.ackland@gov.bc.ca">trish.ackland@gov.bc.ca</a>

**REGRETS:**

Charlotte Debruyne	Chilliwack School District	<a href="mailto:charlotte_debruyne@sd33.bc.ca">charlotte_debruyne@sd33.bc.ca</a>
Dan Bibby	MCFD	<a href="mailto:daniel.bibby@gov.bc.ca">daniel.bibby@gov.bc.ca</a>
Donna Dixon	Chilliwack Hospital Health Care Foundation	<a href="mailto:donna.dixon@chhcf.org">donna.dixon@chhcf.org</a>
Katherine Kessler	Meadow Rose Society	<a href="mailto:help@meadowrosesociety.com">help@meadowrosesociety.com</a>
Mandy McMahon	YMCA Early Years manager	<a href="mailto:mandy.mcmahon@vanymca.org">mandy.mcmahon@vanymca.org</a>
Pauline Pigeau	Fraser Health	<a href="mailto:Pauline.Pigeau@fraserhealth.ca">Pauline.Pigeau@fraserhealth.ca</a>
Sara Van Basten	MCFD Guardianship Worker	<a href="mailto:Sara.vanbasten@gov.bc.ca">Sara.vanbasten@gov.bc.ca</a>
Tamara Kelly	Stó:lō Nation Health Services	<a href="mailto:tamara.kelly@stolonation.bc.ca">tamara.kelly@stolonation.bc.ca</a>
Tara McLaughlin	HeadStart Coordinator	<a href="mailto:Tara.mclaughlin@stolonation.bc.ca">Tara.mclaughlin@stolonation.bc.ca</a>
Yvonne Tumangday	Stó:lō Nation	<a href="mailto:yvonne.tumangday@stolonation.bc.ca">yvonne.tumangday@stolonation.bc.ca</a>

**1. Welcome and Introductions**

**2. Approval of Agenda – Approved**

**3. Approval of Minutes of last meeting – Approved**

**4. Business Arising from the minutes**

United Way Priority grant application has been submitted. Requested event money of \$1,000 incidence, in which screening will take place; also \$1,000 for breastfeeding clinic. A community Expo event will be held in February, most likely with the School District. The current plan is to have booth(s) in Cottonwood mall between London Drugs and Target. This would be a kick-off to Ready Set Learn. Marketing is anticipated to be through the School District. The next event after this one would be Healthy Kids Day in June, with the YMCA.



**5. New Business/other Business**

**a. Finance Committee Update** – not covered

**b. Mental Illness and Poverty**

During the Strategic Plan process, mental illness and poverty were identified as needing to be addressed. One of the upcoming CYC Consultation speakers is Lynell Anderson from HELP, talking about generation squeeze and poverty. The 2014 CYC Consultation will be held Friday April 4<sup>th</sup>. Childcare is being looked into, as it is a School District Professional Development day.

Sardis Doorway received a grant from Vancity to do employment preparedness program. They are offering courses such as Occupational First Aid and Superhost to current Doorway families first, and then significant others of those helped by Sardis Doorway, then previous Sardis Doorway attendees.

Central Gateway runs a UFV Education & Career Planning course, dependent on having enough attendees. It is beneficial to have on a resume. There was a suggestion that the flyers could include more details and specific descriptor.

**c. Early Development Instrument (EDI)**

The following were discussions covering activities to positively impact EDI results.

In Revelstoke all the social services agencies put the money into one pot and as a group decide the most important priority on which to spend the funds.

Perhaps the EDI results should be profiled more with the parents, so that the parents then go to the politicians rather than just the agencies addressing the politicians.

The Secretary to the Attorney General is hosting a roundtable about Corrections and public safety. **ACTION:** Debbie will ask who is invited, to see if the Early Years can have a presence.

Paul Kerkshaw from HELP is willing to hold a town hall meeting focused on WTF (Where's the Family). He would like to attract young families and couples; 20-30 people at a pub night would be good. It would be nice to have flyers about this kind of event, to pass out at the February Expo.

For the National Childs Day newspaper interview, Karen included EDI results but they weren't included in the publication. **ACTION:** Karen will follow up with the paper to address and ask for another interview. As a form of outcomes study, she could talk about the positive changes as a result of programs accessed. For instance, there have been improvements in the downtown Chilliwack EDI results since the previous EDI.

Set a goal to, over the next 2 years, have 3 community conversations about sections of the EDI results and strategies to improve. Upcoming workshops can be promoted at the community conversations as a way of "shaping their child's future." Could also piggyback on Ready Set Learn, give parents one thing they can practice over the next few months as part of school preparation. Ask CCRR to partner. One of them can be at the Expo at the mall, where a wall can be used for people to write conversations about what's happening in their lives.



Have a development day for pre-school educators. Include the logic order that children have scattered thoughts and can't concentrate if they have psycho-sociological things they're dealing with. "Kids do better if..."

Have a blitz campaign, profiling selected items from the EDI. Coordinate it with the timing of community conversation, news article, YouTube video link(s) on a hot topic, information/link(s) on CYC website, CCRR fan-out to daycares and families, print and distribute copies to daycares and preschools to give to the families who use their services. Ask families to give info to one friend, to help spread the message. Tie it into Family Smart.

Have a talking circle. BC Council for Families used to have Kitchen Table conversations. These could be held in the Community Schools. Could include in Ready Set Learn by having a fun activity then invite them to a community conversation.

Kick it off in February.

**ACTION:** Need working group for the first Family Smart day. Members: Karen will spearhead. No working group members identified at this meeting, but Jackie give Karen helpful pieces from Kids Have Stress Too and Debbie will look into options for community conversations.

Other ideas are: "Shopping Cart Literacy" (Karin), "What If" game (Jackie), Chilliwack's Top 10 (things that are most important for Chilliwack's children – Debbie), Participatory Videos (could film parents views/stories on a particular topic and post on YouTube – Debbie).

Next February get in touch with people from HELP.

Invite a Revelstoke Early Years leader to Skype in to an Early Years meeting to discuss their success.

## 6. Strategic Plan – Goal Activity Updates:

### a. Child Development Guide

Will ask for local photos next week. There is a page of free space in the Child Development Guide where the "Chilliwack's Top 10" ideas can be placed.

### b. Training/workshop updates

**Triple P** – Fraser Valley Child Development Centre didn't receive enough registrants to run Triple P. They need help from agencies to spread the word. Sardis Doorway is offering three sessions this March. There is also a private organization doing Triple P seminars. **ACTION:** Trish will find out more information and forward to Kiran.

**Kids Have Stress Too** – Jackie Ayer is qualified as "Train the Trainer" and is interested in training a group. **ACTION:** She will find out how much participants will be charged and advise the Early Years committee. Participants cannot use the training to Train the Trainer, but can train parents. CCRR could invite their childcare providers, and encourage them to talk about social-emotional pieces.

## 7. Task Group Updates

### a. Social Marketing, Healthy Kids Day

The YMCA usually promotes on their website. Will discuss more, closer to the event.



## MINUTES

**b. Young Parenting**

Young Parent Support Worker has a steering committee for her position. They're trying to get an adolescent prevention program and are waiting for recent statistics from Fraser Health. Big Brothers Big Sisters of the Fraser Valley is doing a mentorship program.

**c. Terms of Reference Update** – not covered

It was mostly the language that changed.

**8. Coordinators Report** – Will be posted on the CYC website

**9. Agency Updates** – not covered

**10. Next Meeting:** February 6, 2014

**11. Adjournment 2:50**

