



When: March 7, 2013 1:00-3:00
 Where: Central Gateway, 9435 Young Road, Rm 119

Recorder: Annette Williams

Chair: Trish Ackland & Kiran Sidhu

ATTENDANCE:

Barb Presseau	CCS – Childcare Resource and Referral	presseaub@comserv.bc.ca
Mandy McMahon	YMCA Early Years manager	wendy.mcmahon@vanymca.org
Karen Steegstra	Child and Youth Coordinator	chwkchildandyouthcoord@gmail.com
Karin Rempel	Sardis Doorway	rempelfamily@shaw.ca
Kiran Sidhu	FV Child Development Centre	ksidhu@fvcdc.org
Tamara Kelly	Sto:lo Nation	tamara.kelly@stolonation.bc.ca
Pauline Pigeau	Fraser Health	Pauline.Pigeau@fraserhealth.ca
Shannon Carmichael	Central Gateway for Families/ Community School Coordinator	ccecss@gmail.com
Trish Ackland	Child and Youth Mental Health	trish.ackland@gov.bc.ca

REGRETS:

Charlotte Debruyne	Chilliwack School District	charlotte_debruyne@sd33.bc.ca
Dan Bibby	MCFD	daniel.bibby@gov.bc.ca
Debbie Denault	Chilliwack Learning Community Society	debbied@chilliwacklearning.com
Jackie Buit	Stó:lō Nation - Head Start	Jackie.buit@stolonation.bc.ca
Kim Pilling	FV Child Development Centre	kpilling@fvcdc.org
Margaret Castle	Chilliwack Society for Community Living	margaret.castle@cscl.org
Sara Van Basten	MCFD Guardianship Worker	Sara.vanbasten@gov.bc.ca
Sheri Josephson	Chilliwack YMCA	sheri.josephson@vanymca.org
Windy Solla	Stó:lō Nation Health Services	windy.solla@stolonation.bc.ca
Yvonne Tumangday	Stó:lō Nation	yvonne.tumangday@stolonation.bc.ca

1. Welcome and Introductions

Kiran showcased the new Calm Alert program, which is based on Stewart Shanker book “Calm, Alert and Learning: Classroom Strategies for Self-Regulation”. This is based on research from Kiran’s masters project. There’s curriculum training and a module book. The program is modified for preschool and Kindergarten level. It goes through the five areas of self-regulation. Uses stuffed animals, puppets, songs. Books used are geared to 3-6 year olds. One of the purposes is for children learn collectively about emotions, what it looks like when they’re happy, and building empathy. When an example of a conflict situation is given, research indicates that boys come from a right/wrong perspective and girls come from a collaborative approach of resolving a situation together. Also teaches self-regulation of personal domains. Dramatic play is encouraged involving role playing including complying with the rules of the roles.



Pilot locations are Central Elementary School, Watson Elementary's Kindergarten class(es), a Chilliwack group daycare.

Kiran will complete a 2 week self-regulation course at UBC in the summer, will obtain feedback from all pilot participants in the Fraser Valley, then will relaunch the program in the summer.

Canadian Tire Jumpstart day is May 25th. CCRR will be involved this year.

ACTION: Barb will send Jane's email address to Karen for possible Early Years involvement.

2. Approval of Agenda – Remove Central Screen (6.a), due to Dr. Playdell-Pearce's absence. Agenda approved.

3. Approval of Minutes of last meeting – Approved

4. Business Arising from the minutes - None

5. New Business/other Business

a. ECD Evaluation Survey – Please complete Friday March 8th. Karen previously emailed the link and code to the Early Years Sub-Committee members.

Survey copies were handed out. MCFD will be the recipient of collected information, but it is conducted by Success By 6. It is mandatory for all funding recipients. Once responses are all input, results can be printed to evaluate gaps.

Questions which might need clarification or examples are covered below.

3 – Have definitely used the EDI. Young Parents Task Group collected their own data.

#4 – We're just putting it into action now. I.e: Trish's inventory, pilot project, redevelopment of the Development Guide, CYC website updates.

5 & 6 – Completed the evaluation last year. Not sure that the results have been followed up.

7 – Methods of allocating or reallocating funds – Process has changed for groups where those which have traditionally received funding from Early Years no longer have to reapply each year.

Other success is the change in Community Coordinators role. Could also be under 4th bullet.

8 – There is no question 8.

9 – There are funding challenges.

10 – This sub-committee would like to create more community awareness.

13 – Number of volunteers at Early Years table and projects (Healthy Kids Day, National Kids Day, etc). At events the Early Years table has participated in there hasn't been an increase in volunteers. City Life has been a good volunteer source.

14 – Mayor Gaetz and council at Kids and Cake.

15 – Recommend this be answered from the viewpoint of the programs that you and your agency deliver, rather than the entire table.

Families in Motion has quite a few Aboriginal families attending (bullet 3). Aboriginal



programs run through Central Gateway for Families are strategizing how they can increase their attendance numbers.

Early Years table participation has increased (bullet 8).

19 –Training opportunities have been provided and are included in previous Early Years Sub-Committee minutes.

DISCUSSION: It would be good to have a Success By 6 survey which can be given to families and the results used as a program evaluation tool.

b. **Manager Survey** was reviewed in order to assist Karen in completing it.

ACTION: Would be good to have a survey at the Healthy Kids Day. Barb will provide Karen with the questionnaire given to parents after the 2005 EDI Mapping, to use as a template for future questionnaire.

ACTION: Annette to help Karen set up a Facebook page.

6. Strategic Plan – Goal Activity Updates

a. **Website Update** – Not covered

b. **Upcoming Training Opportunities/Workshops** – Not covered

7. Task Group Updates

a. Social Marketing/Healthy Kids – Not covered

b. Young Parenting – Not covered

c. Terms of Reference – Not covered

8. Coordinators Report – Not covered

9. Agency Updates – Not covered

10. Next Meeting: April 4, 2013

11. Adjournment: 3:10pm

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