

When: March 6, 2014 1:00-3:00 pm
 Where: Central Gateway, 9435 Young Road, Rm 119

Recorder: Annette Williams

Co-Chairs: Trish Ackland and Kiran Sidhu

ATTENDANCE:

Charlotte Debruyne	Chilliwack School District	charlotte_debruyne@sd33.bc.ca
Dan Bibby	MCFD	daniel.bibby@gov.bc.ca
Jackie Ayer	Chilliwack Community Services	ayerj@comserv.bc.ca
Karen Steegstra	Child and Youth Coordinator	chwkchildandyouthcoord@gmail.com
Karin Rempel	Sardis Doorway	sardisdoorway@shaw.ca
Kiran Sidhu	FV Child Development Centre	ksidhu@fvcdc.org
Pauline Pigeau	Fraser Health	Pauline.Pigeau@fraserhealth.ca
Shannon Carmichael	Central Gateway for Families/ Community School Coordinator	ccecss@gmail.com
Trish Ackland	Child and Youth Mental Health	trish.ackland@gov.bc.ca

REGRETS:

Debbie Denault	Chilliwack Learning Community Society	debbied@chilliwacklearning.com
Donna Dixon	Chilliwack Hospital Health Care Foundation	donna.dixon@chhcf.org
Katherine Kessler	Meadow Rose Society	help@meadowrosesociety.com
Katrina Bepple	Chilliwack Hospital Health Care Foundation (CHHCP)	katrina.bepple@chhcf.org
Mandy McMahon	YMCA Early Years manager	mandy.mcmahon@vanymca.org
Sara Van Basten	MCFD Guardianship Worker	Sara.vanbasten@gov.bc.ca
Tamara Kelly	Stó:lō Nation Health Services	tamara.kelly@stolonation.bc.ca
Tara McLaughlin	HeadStart Coordinator	Tara.mclaughlin@stolonation.bc.ca
Yvonne Tumangday	Stó:lō Nation	yvonne.tumangday@stolonation.bc.ca

1. Welcome and Introductions

2. Approval of Agenda – Approved, with the following additions

- To point 6 Strategic Plan updates, add Universal parenting program information.
- To point 5 New Business, add Gateway Budget and Success By 6 grant.

3. Approval of Minutes of last meeting – Approved

4. Business Arising from the minutes

Kids Have Stress Too training for facilitators – **ACTION:** Jackie will contact Cindy Andrews about a potential post-April training date, and the cost of materials. The Early Years subcommittee will then determine what expenses will be covered from Early Years funds and what portion might need to be paid by the agencies. Those who receive this training will



be allowed to use the materials and speak to participants at a parent level, but not at a practitioner level. It is offered for early years and school age, but early years would be the focus of this session.

5. New Business/other Business

a. Gateway Budget

At the last meeting, \$1500 was approved for the second printing of Development Guide, and \$1600 for the Infant Mental Health Intake Coordinator. The remaining dollars will go into the Chilliwack Community Services (CCS) Early Years discretionary account. \$30,769 was contributed by Success by 6.

b. Success by 6 grant

At the moment there is nothing to be done. At the next Finance meeting, next year's budget can be draft and subsequently brought to April's Early Years meeting for approval of Success By 6 expenditures.

c. All 4 Kids

It was a great event, the venue was perfect; there was good networking. The mall provided and set up the tables and skirting. The Early Years tent was set up. It was promoted on StarFM. Attendance was steady all day. There were good conversations with parents. There were more Nipissing developmental screenings done than in other events.

Going forward, it would be good to have one such event in the fall and one around February. Chilliwack School District (SD33) is considering having all school Ready Set Learn fairs in the same month for advertising effectiveness. All 4 Kids would be a good wrap up to Ready Set Learn. It could be advertised with the Ready Set Learn advertisements.

Estimated cost was about \$3,000, expended on advertising, honorariums, John Maleska, craft materials. Expenses were paid from Chilliwack School District's Early Years account. The remaining \$936 from the United Way grant was also used.

In Coquitlam they set up in a mall once a month to do screenings and talk to families.

2014 United Way grant includes \$1,000 for the Baby First initiative from Chilliwack Hospital Health Care Foundation. The grant application was submitted through Chilliwack Learning Community Society, as a charitable number was required.

Chilliwack School District would like to know further in advance when the event(s) will be so that they can help advertise more strategically. School calendars are set in September each year, which would be a good deadline to have these events scheduled. Attendance at Ready Set Learn fairs has been increasing.

d. Co-chair Renewal

Kiran Sidhu is stepping down. Karen Steegstra will co-chair with Trish Ackland.

6. Strategic Plan – Goal Activity Updates:

a. Child Development Guide

Updates are continuing, and a draft has been emailed to agencies for their review.

ACTION: The following agencies are to confirm the amounts of funds to put toward the



guide: Fraser Valley Child Development Centre (FV CDC), Community Services, Chilliwack School District.

The School District might be able to include the guides in the Ready Set Learn take home bags. Fraser Health offers them at the hospital for new births, but could include them in the 6 month bags given out at the Health Unit.

b. Training/workshop updates

Trish and Kiran attended the February Stewart Shanker workshop, which was sold out. It was very good. Some topics were sleep deprivation, sleep cycles, the effects of gaming screen time, anxiety.

There is a Mood, food and cognition workshop April 30 or May 1st. The link is <http://www.biomedglobal.com/brochures/X1010.pdf>.

FV CDC will be offering Triple P.

c. Parenting Programs

There are changes to the way some CCS programs are run. Parenting programs will accept drop-ins, and consideration is being given to evening sessions. CCS has been delivering Nobody's Perfect and is currently reviewing the program delivery. Discussion ensued about other similar programs in the Chilliwack community.

Gateway has space available to use.

The Ministry of Children and Family Development (MCFD) and Chilliwack School District are partnering to offer "Parenting Anxious Kids" with presenter Trish Lewis. The workshop is Saturdays, rotating through various schools.

FV CDC's goal is to host more Triple P seminars, in the current Stepping Stones format but also perhaps will include the regular Triple P. They're also talking about Simple Strategies of Positive Parenting.

April 4th consultation – Karen is looking for speakers on literacy and also family support, to do 10-12 minutes presentations highlighting what other parent supports there are in Chilliwack. She would like someone from the Early Years subcommittee if possible.

ACTION: Those who are interested please let Karen know.

7. Task Group Updates

a. Social Marketing, Healthy Kids Day

No planning meetings with the YMCA yet.

b. Young Parenting

The task group doesn't want to dissolve. They will meet three times a year, and possibly informally at other times. There is no set mandate for the next year.

There were 42 births last year to women under the age of 19; increased to 46 this year. In Abbotsford there were 38 for last year and 42 this year.

ACTION: Dan will talk to the Young Parent Steering Committee about amalgamating with the Young Parenting committee .



Several young moms have transferred into Chilliwack Central School and are benefitting from the co-location of programs and centres on premise.

School and

Adolescent Health Clinic – Concept is that it be open a couple of nights a week, in two locations. One location would be for youth still in school and one would be for vulnerable youth.

c. Terms of Reference

ACTION: Remove from the regular agenda.

8. Coordinators Report – Will be posted on the CYC website. Highlights below.

- Second day of admin training. Evaluations were very positive. City council wants to help offer the workshop for more people, from grant proceeds.
- Sexual Exploitation Awareness week
- All 4 Kids
- Facilitator for City Hall Housing forum
- Consultation planning

9. Agency Updates

FVDCD

They're strategizing which people from their agency should sit at the community tables. Management is beneficial to include but also considering front line people, to bring a different perspective and to effectively bring reports and conversations back to the organization.

Chilliwack School District

It would be good to have story time and books at the new Neighbourhood Learning Centre.

DISCUSSION: United Way had books to give away. Also Amber at the Book Man could be a resource.

Public Health

There is a focus on 0-2 year olds who are part of the vulnerable population. The Nurse Family Partnership program has added more staff.

They are trying to get prenatal registrations either at the health unit or online. Their website has more information than previously. They work with the hospitals to get expectant mothers to connect for the support they need. They're continuing with youth prenatal classes, which increases access to nutrition information.

There is a focus on Harm Reduction. Every health unit will have kits containing supplies for people who feel they have need for them. This won't replace what's happening in the community (ie: needle exchange van).

Sardis Doorway

April 12 is the annual fundraiser, tickets are \$10. Karen will email out the information.

They've made great connections with those attending their education sessions, and are reapplying for a grant to offer more

Gateway

Space is fully utilized in the mornings, in partnership with CCS programs. In the afternoons there is still availability.



They are looking to get a nurse practitioner.

In January they had a health fair which was well attended. April 17th will be an Aboriginal Family Day event on Wellness.

Ministry of Children and Family Development

Provincial Early Years offices are opening soon in various communities around the Province. Community applications are being taken for being a hub, and Chilliwack will apply. Dan and Karen are Success by 6 representatives for Chilliwack. There was a grand opening of Chilliwack Senior and the co-location site last Friday. It was very busy with great reviews, and was good to show the partnerships present in the facility.

Chilliwack Community Services

Darby returns April 28th.

It has been difficult to find qualified ECE instructors.

They're strategizing about existing programs and expansion of services. They offer Education & Career Planning courses, in partnership with UFV and WorkBC. Downtown Family Place has expanded their services and now offers evening drop-in one night a week, when the parents and children have supper then play together.

Child and Youth Mental Health

Two partial days a week they have a walk-in clinic where families can drop in and be seen immediately for a referral. Hours are Tuesdays 9am-3pm and Wednesdays 2pm-6:30pm at the School Street MCFD office. These timeslots are not for referrals from professionals, but for self-referrals.

10. Next Meeting: April 3, 2014

11. Adjournment: 3:04 pm

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