



Chilliwack Child and Youth Committee Early Years Sub-Committee



APPROVED

MINUTES

When: November 1, 2012 - 1:00 to 3:00

Where: Central Elementary - 9435 Young Rd., Rm # 119

Recorder: Annette Williams

Co-Chairs: Trish Ackland and Kiran Sidhu

ATTENDANCE:

Barb Presseau	CCS – Childcare Resource and Referral	presseaub@comserv.bc.ca
Charlotte Debruyne	Chilliwack School District	charlotte_debruyne@sd33.bc.ca
Dan Bibby	MCFD	daniel.bibby@gov.bc.ca
Darby Wilkinson	CCS	wilkinsond@comserv.bc.ca
Debbie Denault	Chilliwack Learning Community Society	debbied@chilliwacklearning.com
Karen Steegstra	Child and Youth Coordinator	chwkchildandyouthcoord@gmail.com
Karin Rempel	Sardis Doorway	rempefamily@shaw.ca
Kim Pilling	FV Child Development Centre	kpilling@fvcddc.org
Kiran Sidhu	FV Child Development Centre	ksidhu@fvcddc.org
Margaret Castle	Chilliwack Society for Community Living	margaret.castle@cscl.org
Pauline Pigeau	Fraser Health	Pauline.Pigeau@fraserhealth.ca
Shannon Carmichael	Central Gateway for Families/Community School Coordinator	ccecss@gmail.com
Trish Ackland	Child and Youth Mental Health	trish.ackland@gov.bc.ca
Yvonne Tumangday	Sto:lo Nation	yvonne.tumangday@stolonation.bc.ca

REGRETS:

Jackie Buit	Sto:lo Nation	
Sara Van Basten	MCFD Guardianship Worker	Sara.vanbasten@gov.bc.ca
Sheri Josephson	Chilliwack YMCA	sheri.josephson@vanymca.org
Windy Solla	Sto:lō Nation Health Services	windy.solla@stolonation.bc.ca

1. Welcome and Introductions
2. Approval of Agenda
3. Approval of Minutes of prior meetings, September 6 2012 and October 4, 2012

Approved with one change to wording on September 6 minutes, section 5, Barb's agency update. Wording to be "Darby is restructuring the Family Resource Programs in CCS Early Years department."

4. Business Arising from the minutes

There will be a Santa breakfast on Dec 8th (BIA) in place of the parade.

5. New Business/other Business

Note: Kim Pilling was moved to after the Agenda/Calendar template due to 1:30 arrival as planned.

a. Update on Strategic Plan

Raise a Village is working on the Strategic Plan report. They were pleased with the work done to date by the committee.

b. Agenda/Calendar template.

A draft calendar of 2012-13 agenda items was handed. The budget planning hasn't yet been added to the calendar, but will along with other items. The calendar will be re-evaluated after the Strategic Plan report is received, and distributed to everyone.

Focus from calendar at the moment is November 20th International Childrens Day.

Task groups needed to be active. Two which are seen as important, especially as a result of the Strategic Planning process, are a Social Marketing committee and Committee for Parenting Programs. These names are not solidified but in principle. The Strategic Plan Report will determine any other committees. **Please volunteer for one that you're interested in.**

c. Guest: Kim Pilling – Triple P Parenting Program

Kim does Community Education Support. Does groups. Also Fraser East Coordinator for Triple P Parenting program. Liaison between Triple P steering committee and getting it out in the community. She does work for FVCDC.

FVCDC Chilliwack currently is running Stepping Stones group.

Kim handed out Positive Parenting Booklet and pamphlet of different levels of Intervention. Triple P has stringent copyright laws so photocopying isn't permitted.

Triple P is a Positive Parenting Program. An attachment theorist was involved in the program's development. It's a cognitive social learning behavioural program. It contains good strategy for most, though not all, families

There aren't many Chilliwack practitioners trained to do the program is. Practitioners from other regions can come to Chilliwack to facilitate sessions. There is no Train the Trainer program; Triple P will come and do training but it is very expensive and they would likely have to come from Australia. A list of practitioners is on the Triple P site, <http://www.triplep.net/>, plus Kim has a list of regional practitioners.

The program cost for parents/attendees is dependent on the organization which offers it. For example, MCFD doesn't cover the cost of facilitators – that cost comes from the organization arranging the sessions. It's a regional program, so Kim would accept a Chilliwack Community Services family, which would fall under her FVCDC mandate. The cost of a workbook is \$24, which isn't necessarily covered by an organization.

Seminars for parents/caregivers can be arranged based on interest and the community. A good idea could be to partner with Chilliwack School District to do a group for older kids, as FVCDC goes to the age of 12 and District feels this would be a good resource for parents.

DISCUSSION: Pauline said that Mary Ives took the course. She found out that there is a positive parenting program called Step Parenting which has less copyright issues and is less expensive. How was the decision made to select Triple P?

Kim responded that there was a need for a common language. Kim was teaching groups with different program sources, one of them being Step Parenting, and they're very good. But because of funding requests and requirements a very

reputable, evidence-based program was needed. Triple P is prevalent - for instance the Government of Alberta has invested a lot of dollars in the Triple P message. Darby mentioned that communication wasn't effective in a positive way when the staff were required to train, and more information at that point would have been helpful. Part of the reason might have been because CCS was between Executive Directors when the information was coming out. John Stellingwerff and Darby realized during staff training that there wasn't enough money to run the program due to its costs. It is valued as a program, and can be a benefit in Chilliwack, but the only way to offer it would be to stop doing something that they're currently doing, which is not perceived as a wise decision. It needed someone to take it and "run with it", which Kim is doing. The Triple P steering committee is doing a wonderful job establishing communication.

Don't think anyone was trained in Mission Xyolhemeylh.

RECOMMENDATION: Debbie commented that in light of increasing parenting program opportunities and the Strategic Plan, Triple P needs to stay on the agenda for a while. The committee could apply for grants as they come up, so that it continues to be used.

CONTINUED DISCUSSION: In the region there isn't a license or opportunity to message/market. We can use information (scripts) from the Triple P website, but the challenge is the cost of radio and news time. This was priced, and the cost for black and white newsprint and a radio blitz for two weeks was about \$16,000. There are many inexpensive things we can do to get the message out. For example, when an agency puts out a newsletter they can include it. There are quick tips on www.triplep.net.

Dan: When talking about capacity building, one of the intentions of Triple P was that it would be a core program for parenting programs across the board. With that they would train people, get certification etc., until the result was a global based service. There are some glitches to that, including lack of training and funding. MCFD has purchased about \$100,000 of materials, with the idea that they would be able to continue for a couple of years using that stock.

MCFD spent over \$200,000 in training with the expectation of being able to start capacity building. It was a 2 year program but the 2nd year funding got cancelled. Perhaps interested people who have been trained and are interested in being trained can be brought together to see what we have there. Maybe we can use the trained health professional at Fraser Health who has moved to another position to co-facilitate. Then we could search for more training dollars.

ACTION: Dan will help pull together a Chilliwack based strategy meeting.

Kim said there is a train the trainer in Vancouver, who Kim is contacting them for firm numbers so they can make a decision.

Most that Kim has contact with were trained under Basic Level 4. Level 5 training would have been best.

IDEA: Charlotte pointed out that the school could have an evening session for parents and charge and attendance fee. Schools could link to Triple P website. It's a good preventative program if it can be done.

ACTION: Debbie will look at websites to see what messages can be integrated into the website. Early Family Literacy committee supports Early Year activities.

Contact Kim if you want to know who the practitioners are (email address above). Over 100 people in the region are trained.

Question from Debbie: Will we revisit the program as a regular standing item on the agenda. Also, a task group is recommended.

Response: Trish has done the work of assembling the information that was a “group” activity. Can be discussed more later.

In January FV CDC Chilliwack hosts Stepping Stones group, developed for families who have child(ren) with disabilities, but there is very little difference between that and the regular Triple P program. The preference is for families which have children with development disabilities to attend, but it is open to anyone.

d. Priority Grant

Karin has sent United Way grant application to Kiran, Dan and Barb for review.

When Karen talked to Wayne Green from United Way, he said that a bouncy castle is more of a capital cost, so it would be best to be worked into Social Marketing and the phraseology changed to incorporate developmental screening into the request.

DISCUSSION

The budget line description will also need to be changed.

Perhaps the Early Years committee to buy the castle and request money for staff hours to do the screening.

Darby commented that adding in kind to the proposal will increase its strength. In Abbotsford they find that the castle is one of the most important drawing cards for kids and families, as they flock to it.

Who would put up the tent and house it? The Tent Guys might set it up. If it's difficult for Karen to transport and fill...find out logistics. Will need insurance. Contact Denise in Abbotsford to see how they do it.

PARTNERING AGENCY REQUIRED: Are there other organizations that can host the grant application? It's a United Way grant. If CCS name is associated, then it makes it look like CCS is funded by the United Way and they're strategic not to be. The amount of fund raising dollars they bring in is significant, and they would possibly have reduced fund raising dollars because of some stipulations from United Way about fund raising times of year and other guidelines if they receive money from United Way. Also they would need to represent United Way in the community, which would be a cross-message to those who fund CCS if they go to that agency to represent United Way (as part of the criteria in partnering with the United Way). She's not sure that it will be approved by CCS.

CONTINUED DISCUSSION

Karin: Could we apply for the same \$4000 for event expenses, and include bouncy castle rental, rather than purchasing it. Then the rental company will transport and set it up, and have insurance.

Who will provide letters of collaboration, core members of the Early Years, or letters from agencies directly? A couple of items to cover in the letter(s) would be statement of intent to participate in events and distribute Child Development Guides.

ACTION: Karin will send out a template letter to each EY representative, who will put it on their letterhead and return via email to Karin.

Dan, Barb, Darby will assist with application and when ready **Karin** will email it to the committee marked as draft.

Darby will ask James for his approval, but another is encouraged.

Gateway programs need childminding and don't have the money for some of the programs needing it. If they (the School District) can benefit from the application they will partner on the application.

RECOMMENDATION: Darby expressed that Gateway should apply for the grant for child-minding and not be concerned about hosting the Early Years committee application. Another agency should back the EY application. Both grants should have a letter of support from MCFD.

ACTION: **Dan** will contact Wayne about the application details and ask if the bouncy castle can be done as a rental. Might also send a draft copy of the Early years grant proposal for his input on the phrasing.

ACTION: **Everyone** ask their agencies if they can support the grant application.

Darby will email everyone James' response about whether or not CCS will support it.

e. National Children's Day

Date is Tuesday November 20th. Karen has received approval for setup at 1:30pm or the night before. Cake with the mayor and simple activities in City Hall lobby will be from 2-3pm. Aboriginal child program speaking request was sent to Tara, but she isn't available then. It would be good for one activity to be Aboriginal game. Will ask Mayor Gaetz if she will narrate a book. Need kids to come; perhaps some will come from CCS' Family Places - parents would have to come with them. It's also a great opportunity to promote agencies. 25 might attend, but will have enough bags for 50 children.

ACTION: **Darby** will ensure that Family Places and CCS' StrongStarts are aware of the event. **Karin** will email a poster for distribution. **Charlotte** will arrange for the School District to donate the cake. **Debbie** will bring a ladybug book bin so each child can take home a book. **Yvonne** will find someone to speak about Aboriginal programs or have children do a dance. **Karin** by November 9th, soliciting contributions to the event. Handed out at the event will be goodie bags which will include information from agencies, helium balloons to give out, colouring pages, etc. (for 50 people, as 25 are anticipated but more might come). **Barb** from CCS and CCRR will contribute items, plus offer space to stuff the bags. She might have a volunteer to help stuff them. **Karen** to contact Principal Angela Utley to ask if any of the children from Robertson Elementary would like to walk over after school, since they're closest to City Hall. **Karen** will outline in an email what needs to be done, and what time the task is, then each agency might be able to respond with a commitment.

6. Strategic Plan: Goal Activity Updates – not covered due to time shortage

- Joint training opportunities
- Interagency Collaboration Committee Update
- Internet Usage

7. Task Group Updates – not covered due to time shortage

- Parenting Programs
- Social Marketing/Healthy Kids
- Young Parenting

8. Agency Updates

Debbie: Book bins started 10 years ago. There's a new video about the books bins at <http://www.youtube.com/watch?v=Q-RFSYZ5Zw8>.

Pauline: Pertussis outbreak is still happening. People are encouraged to get their vaccine.

9. Next Meeting Date – December 06, 2012: Lunch meeting (Rendezvous 12pm).

10. Adjournment 3:05

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Children
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