



When: October 5, 2017, 1:00 pm – 3:00 pm
Where: Central Gateway Room 102

Recorder: Annette Williams

Co-Chairs: Nicole Driscoll and Karen Steegstra

ATTENDANCE:

Christy Brown	Chilliwack Community Services	brownc@comserv.bc.ca
Clara Penati	Ann Davis Transition Society	cpenati@anddavis.org
Debbie Denault	Chilliwack Learning Society	debbied@chilliwacklearning.com
Karen Steegstra	Child and Youth Committee Coordinator	chwckchildand youthcoord@gmail.com
Karin Rempel	Sardis Doorway	sardisdoorway@shaw.ca
Kiran Sidhu	FV Child Development Centre	ksidhu@fvcdc.org
Shannon Carmichael	Central Gateway for Families/ Community School Coordinator	ccecss@gmail.com
Sheila Cayer	Fraser Health	Sheila.cayer@fraserhealth.ca
Tami Quinn	Sto:lo Nation	Tami.Quinn@stolonation.bc.ca
Jenn Carmen	Sto:lo Nation	Jenn.carman@stolonation.bc.ca
Nicole Misura	FV CDC	nmisura@fvcdc.org
Kari Penner	FV CDC	kpenner@fvcdc.org
Etienne Nemanishen	Public Health Dietitian, Fraser East	Etienne.nemanishen@fraserhealth.ca

REGRETS:

Cathy LaHayes	High Road Academy	CLaHaise@highroadacademy.com
Dallas Shirley	Chilliwack Hospice	dallas@chilliwackhospice.org
Dan Bibby	MCFD	daniel.bibby@gov.bc.ca
Jane Elliott	Chilliwack School District	jane_elliott@sd33.bc.ca
Jody Elliott	FV Child Development Centre	jelliott@fvcdc.org
Mandy McMahan	Bowls of Hope	admin@chilliwackbowlssofhope.com
Monique Goerzen	UFV	monique.goerzen@ufv.ca
Nicole Driscoll	Chilliwack School District	nicole_driscoll@sd33.bc.ca
Sheri Josephson	YMCA	sheri.josephson@vanymca
Tara Cummings	YMCA	tara.cummings@gv.ymca.ca
Trish Ackland	Child and Youth Mental Health	trish.ackland@gov.bc.ca

1. **Welcome and Introductions**
2. **Approval of Agenda** – Approved, with the addition of grant opportunity discussion
3. **Approval of Minutes of last meeting** – Approved



4. Business Arising from the minutes

a. Let's Play

The first official event occurred at Central Park, hosted by the YMCA (Y Moves). Although not many attended, among participants was a family that was new to Chilliwack. The event hosts were able to provide some orientation to Chilliwack. The second event will be next Tuesday at Sardis Library, "Let's Play and Make Music", led by UFV.

b. Implementation Funds

Karen recently met with Tara McLaughlin. Chilliwack expects to receive funding, once the government releases the amount(s).

c. Child Development Guide

Not many changes are required. Kari from FVCDC is interested in working with a committee to update it.

IDEA: Use the last page for Let's Play

d. Circle of Security

Registration is very low, more participants are needed. It is for parents who have children of all ages. October 17th is the start date. It has been promoted through the CYC weekly newsletter, and the News section of the CYC website. It will be posted as a Facebook event.

5. New Business/Other Business

a. Early Years Regional Conference

The focus is Kindergarten readiness, initiated by the Province of the Early Years. School Districts and supporting community professionals are meeting to discuss transitions into Kindergarten. The date is November 9, 2017, attendance is by invitation. Registration deadline is October 6th.

b. National Child Day

All organizations serving families and the early years are invited to attend, November 21st, 2:00-3:00 pm at City Hall. There will be large game pieces in the foyer, story time, and cake.

c. Grandparents Raising Grandchildren

Parent Support Services Society of BC is looking for space to run Grandparents Raising Grandchildren. They have a facilitator.

IDEAS: VanCity has a community room for free use; also try Sardis Community Church.

d. Grant Opportunity

There is a Vancouver Foundation grant application opportunity which would look at addressing systemic change in the Early Years Framework. This is building on the discussion at the last Early Years meeting about quality of care provided at daycares which are on school premises (not run by the School District).

Fraser Valley Child Development Centre has offered to spearhead the application process. The application criteria includes increasing high quality early care and learning, and increasing policy and practice in relation to it.

The potential project is to conduct a pilot that shifts priorities in child care and includes an accreditation framework. Centres would collaborate to establish what it looks like. The project/application will include the perceived barriers to implementation.



Early Years committee involvement might be to in some way endorse that the program is accredited by the Early Years committee. The committee could do the accreditation process. There was discussion about how that would occur, and whether there would be any liability involved.

The Early Years committee would benefit from learning about the Quality of Care work that is being done in other provinces.

DECISION: FVDCDC will liaise with Mark Klassen and Nicole Driscoll, about the grant application.

Discussion on other topics as directly below.

Nicole from FVDCDC is in a regional parenting outreach position and moving forward will be participating in establishing values and philosophy of parenting. Her role will be to communicate best practices, parent programs, and share information. The next meeting of the committee is November 1st.

The CYC Strategic Planning process has begun.

DISCUSSION: Consider reviewing the Early Years Strategic Plan, perhaps in January. Add more measurable actions and outcomes.

IDEA: Integrate mental health in activities; highlight how an event or activity addresses mental health specifics.

e. **Conversation 2018**

The Conversation will be held on Friday April 27, 2018. A possible topic is self-care for service providers. The steering Committee meets next week. There is still interest in having a parent/daycare provider event the previous evening.

6. Task Group Updates (Review)

- Childcare Task Group – not discussed
- Baby Friendly Initiative – meeting in October. Promoting breast feeding; ensuring businesses are providing space. Certificate of Intent to become Baby Friendly are available. There are 10 steps involved in order to receive a certificate. Health has receive a certificate. About 130 for the Breastfeeding Challenge, not sure of where that ranks in the world for the vent.
- Visioning Committee – not discussed
- Parenting Classes – not discussed

7. Agency Updates

Chilliwack Learning Society – There are a lot of books for giveaway. If you would like some, perhaps even to give out for Halloween, contact Debbie. Let her know how many and for what ages.

ACTION: Karen will notify people through the CYC newsletter.

Sto:lo Nation– had their Children’s Festival in July, which was very well attended. Kids in the Hall was also well attended, with over 100 children.

Sardis Doorway – Has a long wait list. People can self-refer and agencies can refer. It’s for those who have kids who are Kindergarten age or younger. The program is for women who are parenting alone (there might be a partner in the home, but that person isn’t co-parenting), is affected by



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abuse/addictions, has evidence of mental illness, or has a physical illness. They're hosting Circle of Security for their participants at the moment.

FV CDC – Have just celebrated 35 years. Tami from Sto:lo Nation was recipient of one of the awards.

Fraser Health – The Public Health Dietitian program is very busy, with staff shortages. Their roles are changing. They take part in the new Public Health Nurse orientation training, but are doing fewer nutrition consultations and ongoing trainings on new nutrition topics. The focus will be on strategic policy work; making the healthy choice the easy choice, for instance healthy food choices. Public Health is changing from inviting clients to come in to see them to moving out of the office and into the community. There is a nurse working with the schools in a Health Food Initiative. Local group of counselors provides post-partum support; fee by donation, Public Health will provide 1-1 support for new mothers experiencing depression. Sheila circulated two flyers for post-partum support.

Flu shot season is upon us.

CCS Child Care Resource & Referral – Being CARF accredited.

There's a regional Early Years conference on February 7th at the Chilliwack Cultural Centre, open to everyone.

8. Next Meeting: November 2, Central Elementary, 1pm – 3pm.

9. Adjournment: 2:45 pm

MAKE
Children
First

