



**Group Stepping Stones Triple P**  
**Fridays October 5<sup>th</sup> – November 30<sup>th</sup>, 2012**  
**9:30 am – 12:00 pm**  
**Cost: \$20.00** (workbook, snacks & refreshments provided)  
Subsidy may be available for those who qualify

**Location: Fraser Valley Child Development Centre**  
**45474 Luckakuck Way, Chilliwack, BC.**

The Triple P – Positive Parenting Program knows that all parents have different needs and that is why Triple P offers a number of specialist programs tailored to suit parents with very specific needs or circumstances. Stepping Stones Triple P is one of them.

<p><b>Who is this for?</b></p> <ul style="list-style-type: none"><li>• parents of children with a disability (birth - 12 years)</li></ul> <p><b>Stepping Stones Triple P helps you:</b></p> <ul style="list-style-type: none"><li>• manage problem behaviour and developmental issues common in children with disabilities</li><li>• encourage behaviour you like</li><li>• cope with stress</li><li>• develop a close relationship with your child</li><li>• teach your child new skills</li></ul> <p><b>To register:</b></p> <p><b>Call Kiran Sidhu</b></p> <p><b>604-824-8760 Ext. 245</b></p> <p><b>Registration Deadline: September 21<sup>st</sup>, 2012</b></p>	<p><b>What is Stepping Stones Triple P?</b></p> <p>Stepping Stones Triple P has been developed for parents of children with a developmental disability. Based on Triple P’s proven parenting strategies, Stepping Stones gives you ways to deal with the kinds of childhood behaviour problems and issues that can make family life stressful. Stepping Stones Triple P has been evaluated with real families and has been shown to work with children with intellectual and physical disabilities who have disruptive behaviour.</p> <p><b>Group Stepping Stones</b> is great if you are having significant problems with your child’s behaviour or if you would simply like to learn parenting skills to help promote your child’s development and potential. You’ll meet with a small group of parents who also have a child with a disability. Group Stepping Stones consists of six two hour group sessions and three telephone consultations. During the sessions you’ll watch DVD excerpts of the parenting strategies being used in real family situations and you’ll have a group workbook to take home. During the fifteen to thirty minute telephone consultations your practitioner will call you at home to answer questions, provide support and help you with any problems.</p>
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*Helping Kids Shine*