# Chilliwack Child and Youth Committee <u>MEETING MINUTES</u>

### Tuesday, September 11th 2012



9:00a.m. to 11:00 a.m.

## Meeting held at STOLO-Building 1-FVACFSS

CYC	Chairs:	Susan	Edgcombe
		Dan B	ibby

**Recorder: Karen Steegstra** 

Present:	-	
Susan	SD #33	susan_edgcombe@sd33.bc.ca
Edgcombe		
Dan Bibby	MCFD	daniel.bibby@gov.bc.ca
James	CCS	challmanj@comserv.bc.ca
Challman		
Debbie Denault	CLCS	debbied@chilliwacklearning.com
Julie Unger	CSCL	julie.unger@csl.org
Kiran Sidhu	FVCDC	ksidhu@fvcdc.org
Duncan	MCFD-CYMH	duncan.macdonald@gov.bc.ca
MacDonald		
Karen	CYC	chwkchildandyouthcoord@gmail.com
Steegstra		
Geri McGrath	Chilliwack	geri@chilliwackhospice.org
	Hospice	
Todd Lueck	<b>City Life Church</b>	todd@citylifecentre.ca
Kirk Savage	SD #33	Kirk_savage@sd33.bc.ca
Sonja Mussell	FVACFSS	sonja.mussell@xyolhemeylh.bc.ca
Steven Esau	CAPS	sesau@pcrs.ca
Shari West	YMCA	Shari.west@vanymca.org

#### **Regrets:**

Bobbi Jacob	Ann Davis	bobbi@anndavis.org
Brenda Point	SD #33	brenda_point@sd33.bc.ca
Const. Tobi Araki	RCMP	Tobi.araki@rcmp-
		grc.gc.ca

Wayne Green	United	wayne@uwfv.bc.ca
	Way	
Lisa Jarvos	Fraser	
	Health	

#### **Guests:**

Annie Silver	FVACFSS	Annie.Silver@xyolhemeylh.bc.ca
Tara McLaughlin	Sto lo	Tara.mclaughlin@stolonation.bc.ca
Donna Dixson	Chilliwack	donna.dixson@chhcf.org
	Hospital	
	Health	
	Care	
	Foundation	
Rob Lees	MCFD	

1. <u>Welcome</u> by Susan Edgcombe. Susan announced that she would be moving out of her community partnership role. Kirk Savage from the School Distric will be taking over for her. She will remain as co-chair until Christmas. Dan thanked Sonja Mussell for hosting the meeting. He then introduced Karen Steegstra the new Child and Youth Community Coordinator. Donna Dixson was introduced as the guest speaker.

2. <u>Review of Minutes</u> Minutes will not appear on CYC website until they have been approved at following meeting. Dan explained to those new to the meeting that the co-chairs and the cyc coordinator meet a week previous to set meeting agenda.

3. <u>Aboriginal Partnership</u> 9 members from Stolo and Xyolhemeylh were at last meeting and described the agencies they represented. It was recognized that there were a number of agencies and activities that included Aboriginal engagement, but a lot more can still be done. Dan summarized Aboriginal Engagement as identified in the June 5 meeting.

- 1. SD #33 VITRA Threat Assessment Team
- 2. CYC Clinical sub-committee representation
- 3. Community Action Team Sexual Exploitation Steering Committee
- 4. MCFD/Xyohemelyh Networking Group
- 5. Contacted Access for aboriginal clients through MCFD Youth and Family contacts
- 6. Partnership between Chilliwack Hospital Foundation and Sto Io Health – Youth Suicide Prevention Program
- 7. Sto Io Nation Community Engagement Hub
- 8. Hospice Society Horse Whisperer Grief Camp
- 9. Fraser Health Aboriginal Health Division: Partnership with Ann Davis to provide girls group
- **10. Central Elementary Gateway Hub**
- 11. SD #33 all community grade 4 students visit Stolo Longhouse
- **12. CYC Early Childhood representation**
- 13. June 18 Central |Elem. Celebration ceremony to recognize partnership between SD#33, MCFD, and Stolo
- 14. MCFD, CYMH and Aboriginal MH joint programming
- **15. Community Suicide Prevention Committee, Aboriginal participation**

At this meeting, will look at actions and look at gaps in services around Aboriginal engagement. Agencies are requested to provide information and send this along with organization charts to Karen Steegstra. The goal of the CYC is to form a partnership with Aboriginal leadership and continue to look for ways to enhance the relationship. June 18, 2012 was the first meeting of that intent. The CYC continues to look for ways to enhance the relationship. Are there strategies within the Agencies, and if so, how can the CYC be involved.

There is a new Xyolhemeylh initiative in the works which seeks to serve the high risk in our community. This new programme will impact the Aboriginal Youth in Chilliwack.

Debbie Denault, shared that CLCS has new relationships with Stolo Early Years Program. There was Aboriginal support for the "Story in the Park" summer programme. Some of CLS's next steps are to work with Aboriginals to find volunteer tutors to work with "Adults Tutoring Adults". The new book bins "Read While You Wait" are in various places, however none in reserve communities or Stolo.

Susan Edgcombe, SD#33, mentioned the school district's initiative, "Keeping Kids in School", which is targeted to aboriginal students. This program hopes to have Youth Workers getting youth connected with their school. If they are not in school, then where are they?

Duncan MacDonald, CYMH, pointed out the mentorship programme with Brianna Miller.

James Challman, CCS, talked about his organization's partnership with the school district through "Strong Start". He said there are a significant amount of Aboriginal Youth using services. The Family Literacy Programs they offer is a benefit to the children who are often held back because of parental illiteracy.

Sonja Mussell, FVACFSS, is excited about having a worker at Central. Suicide Prevention workshop and camps were successful.

Dan Bibby, MCFD, pointed out that of the youth that benefit from the Salvation Army Youth shelter 30% are Aboriginal.

Kiren Sidhu: The Fraser Valley Child Development Centre worked closely with AIDP/SCDP Co-ordinator Windy Solla providing mentorship in transferring AIDP services to the Stol:lo program. AIDP and ASCDP consultants continue to work closely with FVCDC to help their families in accessing Speech and Language Therapy, Occupational Therapy, Physiotherapy and Keyworker services. Kiran also mentioned that Windy has been a great asset to the Early Year's Committee.

Rob Lees shared about "Building Healthy Relationships" which is a course for couples to deal with things like conflict resolution. The programme has had success in Chahalis and Lillooet. It will hopefull be offered soon in Chilliwack. Grant money provided by the Ann Davis Society provided for workshops for young parents and percentage of whom were Aboriginal. Shari West, YMCA, said their programmes are all inclusive however they would like to see a better demographic representation both in users and workers.

Tara McLaughlin, Stolo Nation, has been with Stolo for 2 ½ years and is Superviser at Day Care. Her desire is to strengthen relationships with agencies and find ways to strengthen programs. She acknowledged that there are few places that Aboriginals feel comfortable bringing their families too.

Gerie McGrath, Hospice Society, described the programs Hospice offered: Children Grief Support, Pregnancy Loss Group, Care Give Support, Suicide Support. Upcoming seminars "Completing the Circle, Body, Mind and Spirit", "End of Life Initiatives". On January 25, a course will be offered on "Transferring Trauma". In March a course on Spirituality Ethics and End of Life. This will include Elders from across Canada will impart Aboriginal traditions, along with end of life experts from different genres.

Rob Lees shared about the upcoming study to help determine why so many students in the Alternate Education are not graduating. A grant from Diane Miller has been set aside to train students to interview youth in A.E. to find out why they have dropped out. The grant call for a certain percentage of the interviewers are to be Aboriginal. A curriculum has been developed at Trinity Western and is to be implemented in the Fall.

As Aboriginal discussion cont'd, the question was asked , "Should CYC have an action? A forum? Or a special meeting on relationships etc... When looking at Strategic Plan goal, can see that progress has been achieved.

Susan suggested that we replicate "Building Bridges". The question to ask is "Have we done enough to support Aboriginal Youth at risk?"

Kiren Sidhu suggested that rather than trying to create new events we should find ways to support the successful events the Aboriginal Community are already holding. It is important for the CYC to stay current with Aboriginal initiatives and to bring new initiatives to the table. Outreach is important so that we know what is needed by the people we are trying to support.

# 4. <u>Guest Speaker – Donna Dixson, Chilliwack Hospital Health Care</u> <u>Foundation</u>

The CHHCF, is different that Fraser Health in that while Fraser Health is all about raising funds for infrastructure, the CHHCF wanted to look at the entire spectrum of health. Chilliwack has the highest rate of cardiac arrest, stroke, preventable diseases and obesity. This foundation sees the need for a culture shift. The foundation has four initiatives which include Community Health, Seniors, a Hospital Initiative and Children and Youth. The SCOPE programme seeks to prevent and combat childhood obesity using the 5210 model. 5 servings of fruit and vegetables, 2 hours less of TV, 1 hour of exercise, 0 sweetened beverages. The programme is already experiencing successful community engagement and a programme that is sustainable where results are measureable. The City of Chilliwack has developed a Healthy Stewardship Council and will hire a part time coordinator. Reaching out to children will also reach entire families. At this time the foundation has support of being the only organization of its kind in Canada.

# 5. <u>2013 CYC Conference Planning – Guest - Rob Lees, 2012 Conference</u> <u>Chair</u>

Rob Lees has been invited to participate in the discussion to debrief the 2012 conference and to plan the April/2013 20<sup>th</sup> annual CYC Conference. Rob has been an active member of both partnership and working groups associated with the last 3 CYC consultations. Rob distributed a handout, describing the results of the surveys done after the 2012 ABC event. The majority who attended felt the event was well organized and they like the venue. A list of recommendations was also included in the report.

Some discussion followed as to who the conference was for and if possibly the CYC was trying to do too much by attempting to reach so

many audiences. It was concluded that more of a focus was needed for next years' event.

Rob was thanked for his work.

A decision was made to forward all agency reps questions to assist in our 2013 CYC conference planning for following meetings. Ideas in regards to this event are to be emailed to Karen.

Meeting adjourned. Next meeting Oct. 2; location to be determined.