



**Meeting, April 1, 2014**

**City Life Church, 46641 Chilliwack Central, Chilliwack, BC**

**CYC Chairs: Dan Bibby  
Julie Unger**

**Recorder: Karen Steegstra**

**Present:**

<b>Anne Todd</b>	<b>Fraser Health</b>	<a href="mailto:Anne.Todd@fraserhealth.ca"><u>Anne.Todd@fraserhealth.ca</u></a>
<b>Dan Bibby</b>	<b>MCFD</b>	<a href="mailto:Daniel.Bibby@gov.bc.ca"><u>Daniel.Bibby@gov.bc.ca</u></a>
<b>Debbie Denault</b>	<b>CLCS</b>	<a href="mailto:debbied@chilliwacklearning.com"><u>debbied@chilliwacklearning.com</u></a>
<b>James Challman</b>	<b>CCS</b>	<a href="mailto:challmanj@comserv.bc.ca"><u>challmanj@comserv.bc.ca</u></a>
<b>Kiran Sidhu</b>	<b>FVDC</b>	<a href="mailto:ksidhu@fvcdc.org"><u>ksidhu@fvcdc.org</u></a>
<b>Julie Unger</b>	<b>CSCL</b>	<a href="mailto:julie.unger@cscl.org"><u>julie.unger@cscl.org</u></a>
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<b>Ken Popove</b>	<b>City of Chilliwack</b>	<a href="mailto:popove@chilliwack.com"><u>popove@chilliwack.com</u></a>
<b>Leah Froese</b>	<b>Cyrus Centre</b>	<a href="mailto:leah@cyruscentre.com"><u>leah@cyruscentre.com</u></a>
<b>Sonja Mussel</b>	<b>Xyolhemeylh</b>	<a href="mailto:Sonja.Mussell@Xyolhemeylh.com"><u>Sonja.Mussell@Xyolhemeylh.com</u></a>
<b>Katrina Beppe</b>	<b>Division of Family Practice</b>	<a href="mailto:kbeppe@divisionsbc.ca"><u>kbeppe@divisionsbc.ca</u></a>

<b>Sabine Mendez</b>	<b>Chilliwack Healthier Community</b>	<a href="mailto:sabinemendez@gmail.com"><u>sabinemendez@gmail.com</u></a>
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<b>Wendy Bruzzesc</b>	<b>FVDC</b>	<a href="mailto:wbrussesec@fvcdc.org"><u>wbrussesec@fvcdc.org</u></a>
<b>Todd Lueck</b>	<b>City Life</b>	<a href="mailto:todd@citylifecentre.ca"><u>todd@citylifecentre.ca</u></a>
<b>Tracey Arsenault</b>	<b>Big Brothers Big Sisters</b>	<a href="mailto:tracey.arsenault@bigbrothersbigsisters.ca"><u>tracey.arsenault@bigbrothersbigsisters.ca</u></a>
<b>Wayne Green</b>	<b>United Way</b>	<a href="mailto:wayne@uwfv.bc.ca"><u>wayne@uwfv.bc.ca</u></a>

**Regrets:**

<b>Theresa Point</b>		
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<b>Sylvia Dyck</b>		

**1. Welcome**

**Dan welcomed members and thanked Todd for hosting.**

**2. Approval of March minutes.**

**Action: Karen will post to website.**

**3. Agency Updates**

**Division of Family Practice – Katrina Bepple**

**The Division has analyzed all the data collected from the GP for Me campaign. The CYC table will have opportunity to review the data, and there will be an implementation proposal. The Healthy Kids Initiative has been approaching service providers about having healthy living conversations with families. Are finding culturally appropriate tools to help further the 5210 message. Proof of Development Guide has been sent to Karen.**

**Chilliwack Society for Community Living – Julie Unger**

**Presently in accreditation mode. The surveyors will take 5 days to survey information on the online data base. The Society had previously received seed money from MCFD for the Youth Employment program. They have been able to continue the program through grant money and donated funds. Being employed as a teenager is an indicator of whether they will be employed as an adult. This is a great opportunity to get youth ready for independent living. CLBC has agreed to provide**

**some funding. The program has shown great employment success with a number of youth getting 30 hour a week positions. Currently have committed funding to 2015 and are hoping that this will be extended.**

**Fraser Health – Anne Todd**

**Currently there are 320 cases of measles; vaccinations are available. My Health My Community Survey has been extended until June, since not enough data has been collected. As an incentive, there is a greater opportunity to win an Ipad or a number of gift certificates.**

**FVASFSS – Sonja Mussel**

**Sonja said how it was good to see everyone again and explained that most months there is conflict with manager's meetings. This year's Family Forum was held at the NLC and was well attended a great success as well as the Women's Wellness event. 4 Directions is finishing up and now will be gearing up for the summer camps. Child Protection has been very busy, always seem to be hiring new Social Workers.**

**Chilliwack Learning Community Society – Debbie Denault**

**Currently training volunteers for family literacy programs. There are some session that may of interest to the community. What is literacy? ; Choosing Quality Children's Books ; and Reading Aloud. All of these sessions are taking place at their new location on Harvard. First Books have arrived and agencies are welcome to come and pick up books. There are 3000, so take as many as you want. There are also 1000 preowned book donated from Rotary. Todd offered to make arrangements so Debbie can bring books to the Conversation. The Government has agreed to release funds to help support the literacy coordinator positions. However at this time there is no security for literacy outreach in our province. Chilliwack has agreed to keep the Literacy Outreach Coordinator Position. CLCS created a statistics sheet for Chilliwack to show the value of literacy coordination. James suggested Debbie speak with Steven Point who is a strong advocate for literacy.**

**Fraser Valley Child Development Centre – Kiran Sidhu**

**CDC will be offering 3 Triple P Parenting Seminars at Central Elementary; April 28, May 5, and May 12. CBC Broadcast "Angry Kids, Stressed Out Parents", featured Kim Pelling and increased interest. If there is a need, CDC will offer the seminars again. Have influx of**

referrals for kids entering Kindergarten , would much prefer to see them sooner. Currently running a Social Emotional Group. Have had an increase in the number of Aboriginal children which was due to internal coordination and the right contact. Kiran has been with the CYC since 2008 and will be handing the baton over to Wendy. Wendy works at the Chilliwack office and will be taking Kiran's place at the CYC table.

**City of Chilliwack – Ken Popove**

City Council is working with Cyrus Centre to find a suitable location.

**United Way – Wayne Green**

Had a great party giving away grants. Chilliwack recipients were Ann Davis, Cyrus Centre, and Chilliwack Early Years. United Way had \$90,000 in grants to disperse. Was also able to find a sponsor, Prospera, who is wanting to support Cyrus Centre's "Roofs for Youth" and Autumn House.

**Child and Youth Mental Health – Rob Lees**

The change in intake process is working well. Youth as Gatekeepers will part of a health promotion. Youth talking to youth and parents about Mental Health and Suicide Prevention. There will be community based training of Suicide Awareness, later this Spring.

**Chilliwack Health and Housing Centre – Steve Esau**

Homeless count was completed but final numbers are not available yet. Contact centre is at full capacity. Renovations have been made so residents can make food. Residents are gardening making plans for the grounds. Ken asked what the turn around was at the facility. Steve said residents may stay for up to 2 years.

**Cyrus Centre – Leah Froese**

Currently in negotiations with the City over a suitable location. Are still hoping to open this summer. Participated in the homeless count.

**City Life Church – Todd Lueck**

Gearing up for Conversation on Chilliwack's Children. On May 9 will be hosting "Leadercast". Everyone was encouraged to check out leadercast.com for details about the event. James said CCS will be using it as a team building event.

**Chilliwack Community Services – James Challman**

**Family Place at the NLC has expanded and is now offering evening drop-in times. Sardis has also expanded to more time slots to accommodate the need. Is working with Fraser Health to offer a 6 week parenting program “Effective Parenting”. Jackie Ayer asked James to pass along gratitude for her role with the CYC. Darby will be returning April 28. Jackie will be replacing John at Family Services and John will be moving to Work BC. CCS is also preparing for accreditation.**

**Big Brothers, Big Sisters - Tracey Arsenault**

**Currently only running 2 group programs, there seems to have been a number of barriers in getting groups started this Spring. Planning for a Healthy year end event with the assistance of Chilliwack Sports Academy. Collette is caught up on the waitlist of kids waiting for a match and also made the first young parent match with a mentor. Currently working with Chilliwack Senior to get teens involved in mentoring.**

**Chilliwack Healthy Community – Sabine Mendez**

**Completion of the 5 community forums resulted in a common theme – “Not everyone knows what everyone is doing.” A list was consolidated and project ideas were brought forth. The Public Safety Task Groups is already meeting and moving forward. Sabine is currently writing the report of the forums and will then contact participants to see how they want to be involved. Debbie commented that it was great to have Sabine in her position and how necessary it is to have a person in place to do the connecting. The desire of the committee is keep the position funded. Ken feels the City should take the lead in this. Dan commented that municipalities which have moved forward are ones that take leadership. Ken feels like things are going in a positive direction. Todd asked how the new initiatives speak to the Strategic Plan. Sabine said they will relook at the strategic plan and possibly restructure.**

**MCFD – Dan Bibby**

**MCFD Chilliwack is currently involved in 2 provincial pilots. One is a residential resource project for coordinating foster homes. It follows the Mockingbird model where there is a key home that supports other homes. FVACFSS is also involved with this pilot.**

**At the NLC currently incorporating a multi-disciplinary team. Dan gave members a handout regarding updates for the Youth Clinic. The**

**handout talks about vision and concept and why it's needed and what it could possibly look like. It will be modeled after the Abbotsford Youth clinic. It would be open 2-3 hours a day a couple times a week. The clinic would provide guidance around sexual and mental health. Hope is to have two sites located at Cyrus Centre and the NLC. At this time deciding whether to create a new not for profit as the host agency. James asked whether there was any consideration to having a clinic on the southside of Chilliwack.**

#### **4. Human Services Professionals Workshop – Tracey Arsenault**

**Tracey has been focusing her studies on how people recover from trauma and post traumatic growth. Tracey will be specifically looking at psychological health in the workplace and why there is a high rate of burnout and turnover. She will be putting together a workshop on resiliency.**

#### **5. Sub-Committee Reports**

##### **Early Years – Kiran Sidhu**

**Kiran has resigned as Co-chair and Karen will take over this position at the EY table. Updates regarding the Development Guide have already been given. The Early Years received another Priority Grant from the United Way to go towards Development Screening. Are getting ready for Healthy Kids Day. The YMCA is the big partner for this event.**

##### **Middle Years – Karen Steegstra**

**Karen shared how the committee is hoping to launch a campaign around healthy sleep. The MDI results showed that a large percentage of grade 4's were going to bed after midnight. The committee wants to introduce "20 Nights of ZZZ". Students will commit to a screen free healthy bedtime and record how they feel the next morning. The winning class will get a class overnight fieldtrip to the Aquarium or somewhere similar. The committee member are currently looking into what other communities offer for Middle Years.**

##### **Youth Matters – Karen Steegstra**

**The committee is gearing up for Challenge Day 2014. Currently all the Middle Schools are on board to take part. It is a matter of getting the funding. The committee is also in the process of deciding whether Challenge Day should be their sole mandate or whether they should take on other projects as well. Are considering creating a survey for youth to find out what they see as needs in Chilliwack.**

## **6. Coordinator's Report**

**During the month of March, the "Conversation on Chilliwack's Children" has been top priority. My role in the annual event includes promotions, scheduling, registration and ensuring that all the pieces others are responsible for, come together as planned.**

**On March 12, I had the privilege of facilitating the "Family Friendly Initiative" at the fifth of five Healthier Community's forums. Our group identified many positive initiatives which support families in our community, however, with so many families in crisis, it was agreed that even with so many supports in place it is not enough. While there were other groups addressing affordable housing and other positive community initiatives, we agreed that all of these things contribute to being family friendly. Poverty and mental illness were identified as foremost in debilitating family wellbeing in our community. As a group we came to the conclusion that many vulnerable families in our community could benefit from one on one positive role modeling; families matched with families.**

**This month I had the opportunity to work with Brenda Listoen, Youth Connect Worker, CCS and Teressa McKenzie, youth worker from Ann Davis, preparing a presentation on the subject of Sexual Exploitation for grade 7-8 students as part of GW Graham's "Health Day". The intention of the presentation was to create awareness so that kids will be alert to potential dangers and think about the choices they are making in regards to technology and who they choose as friends. We presented two workshops on March 14.**

**On March 18, I along with Dan and Rob Lees, did a presentation for City Council on the CYC "Every Door is the Right Door" initiative, our website and our 21<sup>st</sup> Conversation on Chilliwack's Children.**

**On March 26, I had the privilege of accepting the United Way, Priority Grant for the Early Year's Committee. Even there, Chilliwack's trail blazing was recognized – makes one very proud to be part of the Chilliwack CYC.**

**Yesterday I had the opportunity to do my first ever in studio radio interview regarding our "Conversation on Chilliwack's Children" at 89.5 the Drive. The interview is airing today at 9:40 am.**

**I appreciate that every month I am stretched to learn new skills that help to enhance the things I am called to do in my position.**



## **7. Agency Profile – City Life Church**

**Church made the decision to change its name from Glad Tidings to City Life as they chose to have more of a community focus. Many agencies are short on people and time and churches have a desire to connect with the needs in the community. Can bring connections through the Ministerial Association. The church looked at what was already happening so as not to create overlap and to find ways to reinforce. Church members were asked what they felt passionate about. Todd is the only paid position, all others are volunteers. Volunteers from City Life offer the “Adventures” program at Bernard Elementary. There is always a fear about what a faith based organization may do. City Life gives the assurance, “we are here because of our faith, we don’t need to teach our faith”. Try to find ways to introduce positive male role models into the program, ie Fire Safety, carpentry etc.**

**Divorce Care and Divorce Care for Kids, runs consecutively for 13 weeks. It is faith based, but everyone is welcome. The programs are connected so both parents and children are working on similar things and have discussion items for in the home. City Life also participates in a “Random Acts of Kindness” event. Debbie expressed her gratitude for the work done last year at the CSCL office. Churches tend to work within their own community and City Life wants to find ways to change this. There are mentors who work with kids in foster care and Valiant Men is a program that works with men dealing with sexual addiction. Touching Hearts is a ministry which provides emergency food and relief for people in need. For more information on programs go to [citylifecentre.ca](http://citylifecentre.ca) .**

**Cyrus Centre – Leah Froese – The Resource Centre is open 12-8 pm. Lunch and dinner are served and there is no requirement and no intake. It is not meant to be a recreation centre; it usually youth in need who come. The Centre is quick to work with parents and teachers. The centre is volunteer run and provides for some youth an “intentional friend”. Dinner is provided at 6:00 pm everyday and food hampers are also provided. The emergency shelter is self-referral or MCFD or FVACFSS referral. Youth may stay as long as they are working on a plan. There is always a youth worker present at the centre. Are able to offer more beds during times of “Extreme Weather”. On Tuesdays and Thursdays they offer a school and Reach program. “Roofs for Youth” is multi-tiered providing housing for youth in all circumstances. Cyrus House is a home where youth can live after age 19. Currently training and recruiting landlords to participate. The need for housing seems greater in Chilliwack than in Abbotsford.**

**Next Meeting – May 6,  
Neighbourhood Learning Centre (Chilliwack Senior Secondary)**

**Yale Road, Chilliwack**

**8:30 – 9:00 am – NLC Tour**

**9:00 – 11:00 CYC meeting**

**11:30 – 12:00 pm NLC Tour**