



Meeting, February 4, 2013

**Host- Ann Davis, Hub International Leadership Centre,
8362 Noble Road, Chilliwack, BC**

**CYC Chairs: Dan Bibby
Julie Unger**

Recorder: Karen Steegstra

Present:

Ann Todd	Fraser Health	<u>Anne.Todd@fraserhealth.ca</u>
Dan Bibby	MCFD	<u>Daniel.Bibby@gov.bc.ca</u>
Debbie Denault	CLCS	<u>debbied@chilliwacklearning.com</u>
Donna Dixon	CHHCF	<u>Donna.dixon@chhcf.org</u>
James Challman	CCS	<u>challmanj@comserv.bc.ca</u>
Janis Ruel	Ministry of Social Dev. And Innovation	Janis.Ruel@gov.bc.a
Julie Unger	CSCL	<u>julie.unger@cscl.org</u>
Karen Steegstra	CYC	<u>chwkchildandyouthcoord@gmail.com</u>
Kathy Funk	Restorative Justice	kfunkrestorejustice@gmail.com
Kelly Janveaux	YMCA	<u>kelly.janveaux@gv.ymca.ca</u>

Ken Popove	City of Chilliwack	popove@chilliwack.com
Leah Reimer	Cyrus Centre	leah@cyruscentre.com
Lisa Baker	CYMH	Lisa.Baker@gov.bc.ca
Mike Ayers	Ann Davis	
Nathan Ngieng	Chilliwack School Distict	nathan_ngieng@sd33.bc.ca
Norman Chan	Ministry of Social Dev. And Innovation	Norman.Chan@gov.bc.ca
Patti Macahonic	Ann Davis	patti@anndavis.org
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Rob Lees	MCFD/CYMH	Robert.Lees@gov.bc.ca
Sabine Mendez	Chilliwack Health Community Council	sabinemendez@gmail.com
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Terresa McKenzie	Ann Davis	terresa@anndavis.org
Todd Lueck	City Life	todd@citylifecentre.ca
Tracey Arsenault	Big Brothers Big Sisters	tracey.arsenault@bigbrothersbigsisters.ca
Wayne Green	United Way	wayne@uwfv.bc.ca

Regrets:

Theresa Point		
Shari West	YMCA	shari.west@vanymca.org
Lisa Jarvos	Fraser Health	
Liz Lynch	Hospice	liz@chilliwackhospice.org
Rohan Arul-Pragasm	SD#33	rohan.arul-pragasm@sd33.bc.ca
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Kiran Sidhu	FV CDC	ksidhu@fvcdc.org

1. Welcome

Dan welcomed members and introductions were made. The facilities at the Hub Leadership Centre are bookable.

2. Approval of January minutes.

One correction was noted. **Action: Karen will revise and post to website.**

3. Every Door is the Right Door Initiative Update

Dan spoke how as a result of last year's consult, clients had difficulty in finding proper support networks. Staff also were unaware of available resources. CYC information sharing would lead to better client service. If a client went to the wrong agency they should be able to be directed to the right agency. 6 activities were established. Two training session for Admin staff since they usually have the first contact with clients and set the tone. The Admin days were about networking, information sharing and training. Julie explained the referral card and how it was to be used. Debbie asked if there would be any tracking. **Action: A referral card tracking form will be developed.**

4. Agency Inventory

Lot's of good stuff happening in agencies and the Inventory is a way to showcase strategies that agencies are using for client engagement. The results will be rolled into a single report which will be part of the registration packages at the Consult. Patti remarked that the questions are subjective. Julie said to look at the questions through the lens of a client. Action: Members are to email revisions to the inventory to Karen by the end of the week.

5. New Intake Model for CYMH – Rob Lees, Lisa Baker

The government agencies have been going through the LEAN program which helping to create efficiency within systems by eliminating redundancies. CYMH was a hodge podge of getting referred. Chilliwack is currently part of a pilot of the new intake model.

People needing services will come in to a drop in style clinic which will take place Tuesdays, 1pm – 6 pm. They will come with their information and in one visit will be adjudicated whether CYMH is equipped to deal with their issue. Currently it takes time as info is gathered. The pilot will begin at the end of February. The big change will be in respect to doctors; they will now give referral info to client and eliminate the “phone tag” element. The client will see a clinician and get a plan otherwise be referred to a more suitable agency. Are able to do phone or outreach session for those who can't make it in. Ken asked what symptoms or actions would cause a doctor to refer to mental health. Rob it could be external behavior causing problems or worrisome internalization, depression, eating disorders, psychosis etc. Kids have to go to family doctor first to rule out medical issues. It is good to have connection with doctor. Nathan said within schools counsellors refer to a careteam. Wayne asked when parents in denial is there any way for MCFD to initiate a referral. Nathan said in order to have success it is important to work with parents. Sometimes it takes a series of meetings in order to help parents recognize and understand the impact on the child. It is difficult to move a plan forward without the parents. When a child is released from hospital a team from CYMH works with them. Normally work with kids up to age 19 but up to age 21 if it seems necessary. The school doesn't work separately from other agencies. The new intake model will lessen waitlists and currently there is a LEAN process at work on how to make waitlists shorter. Kathy said when children go through the restorative process there is a plan that the child agrees to. She inquired whether it would be possible to include a mental health assessment as part of the plan.

6. Consultation Update

This year's Consult will take place April 4 at City Life Church. The working group has been in place since September. This is an important day in our community. We will have 2 keynote speakers. Mae Burrows from "Grief to Action" will share her personal story and will give a client's perspective to accessing services. From HELP UBC, Lynell Anderson will be present a broader context of what is happening to families. In the middle of the day will be an experiential component and mini-conferences similar to Ted Talks. Youth Engagement will be one of the break outs. Child care will be provided. Chilliwack's Consult is linked with a National Conference seeking to define "Family Smart". A videographer will collect ideas from our event of what "Family Smart" means to Chilliwack.

Members were asked about changing the name from Consult to something around Conversation. Members shared thoughts and ideas.

Action: Consult working group will take ideas into account and make a decision.

7. Coordinator's Report

January has been a busy month, which means there's lots of good things happening with the CYC.

We're growing! I had the privilege of doing three CYC orientations with new members Ken, Kathy and Nathan. It is fabulous to have their energy and insights included at this table.

This month I had opportunity to meet with MLA Laurie Throness and MP Mark Strahl. I was able to explain some of the ways the CYC is currently moving its strategic plan forward, the importance of our annual Consultation and some of the ongoing issues in our community, in particular poverty and mental illness. Neither knew very much about the CYC and were amazed at the work being accomplished by the CYC committees and sub-committees. Both were very interested in our "Every Door is the Right Door" initiative, and were impressed that we had buy in from the agencies. Laurie Throness has agreed to attend a portion of our Consultation and Mark Strahl has given me permission to leave CYC flyers and information in his waiting area.

I have been part of all the aspects included in planning our 2014 Consultation. I am very excited about our keynote speakers and feel what they have to share will be relevant to both professionals and community members attending our annual event. As part of moving the

CYC strategic plan forward I have been part of the ‘Every Door is the Right Door’ working group planning and facilitating our Administrative Professional Day. The first Pro-D Day was January 31 and was well received. Our next one takes place this Thursday, February 6. I will have a full report on these training events for our March CYC meeting.

Next week is Sexual Exploitation Awareness week. I have been working with the Community Action Team to organize and publicize the events we have planned; February 11, 7:30 pm Merlyn Horton, February 12, Rally at the Courthouse, 11:00 am and workshop later at 1:00 pm.

To help move the Early Years Strategic Plan forward, I have been working with Charlotte Debryun, the School District Early Year’s coordinator and with Glenda Hemminger from CCRR on planning a Childhood Expo at Cottonwood Mall called “All 4 Kids”. In response to Chilliwack’s children showing high levels of social and emotional vulnerability, the Early Year’s Committee is planning an information blitz with the hope of reaching parents, preschool and daycare workers with messages on the importance of play and how to promote healthy development. This month I had the privilege of doing an Early Years Orientation with Tami Quinn from Sto:lo Health. We look forward to her contribution to our committee. I have received final updates for the Parent Resource Guide and hope to have it uploaded to the CYC website by the end of the week.

This past month I met with the website steering committee. Traffic on our website continues to grow. We would like to increase the research component and discussed ways we could continue to fund childandyouth.com.

This past month the Eastern Regional CYC met. We discussed common issues in our communities and how we could collaborate through joint training and pooling of resources. Early Years Social and Emotional vulnerability will be one of the thing we focus on for our next meeting. We were also told of some fantastic grant opportunities for youth initiatives that will come to our community through VYPER.

I was able to take part in January’s “Lunch and Learn” at Sto:lo; time well spent. Last week I took part in the Aboriginal Family Gathering at Central Elementary Community School and was able to give out information regarding resources as well as make connections with | other agencies.

This afternoon the Middle Year's Committee will reconvene. I look forward to working together with the interested members in determining a plan to help us move forward and create awareness around the specific needs of the Middle Years.

I continue to be grateful for the interesting and talented people I get to work with and meet. I see your passion for the children, youth and their families in our community and count it a privilege to represent you by way of the CYC.

8. Agency Profile – Ann Davis

Patti expressed her gratitude for the CYC and the opportunity for agencies to profile their services. Feb. 12 Ann Davis will be holding a drive-through breakfast fundraiser at Chances. Patti presented the new logo which better expressed the expanded services from when Ann Davis originated as a safe house. Mike Ayers gave a description of the family and individual counselling services he offered at Ann Davis. Terresa Mckenzie described the work she does with children and youth. She sees clients both at the office and at the High Schools.

9. Agency Updates

CLCS – City Wide Literacy started Feb. 1. Each year there about 800 participants. The Challenge was launched at a Chief's game where the crowd read Dr. Seuss together. Debbie showed the award that CSCL won as a "Not for Profit Agency of the Year".

Community Services – James encouraged everyone to take part in the events for Sexual Exploitation Awareness week. Downtown Family Place and Better Beginnings are now at the NLC. Spots are still available in the daycare. Are currently looking into offering a Financial Literacy program.

United Way – Have an office at the NLC shared with the YMCA. Once again partnering with Discover Books and delivering free books to Early Years programs as well as lending libraries for the elementary schools.

City of Chilliwack – Ken Popoff expressed how great it was to see so many service groups working together and interesting to see the layers.

Healthy Communities Council – Sabine told of the Council's name change. Currently working on defining its uniqueness and role in the community. The 5 forums have been focused on community wide engagement.

CH&HCF- Donna spoke of the foundations mandate to improve community health. Currently working on bringing Healthy Family living into family practices.

Cyrus Centre – It will be an open resource centre. Spring is still the scheduled opening date. Leah is currently working with Theresa Point for Aboriginal Youth Focus group and meeting with Village residents to get a feel for Chilliwack.

Fraser Health – The My Health My Community Survey is still underway.

CAPS – A new men's group around addictions has started up. Also a substance affected group for spouses or partners of someone abusing drugs.

MSDSI – Two weeks ago introduced a joint system to better access clients and information. Using a PIN system for clients. Now able to connect to a public agent without hanging up. Wait times have been lessened and there are new options. People tend to want to access services by phone rather than come in. Going through the LEAN process as well as a way to improve on timelines and increase efficiency.

School District #33 – Ready Set Learns are underway. EY Coordinator Charlotte DeBruyn is working with Karen on a Child Development Fair for Feb. 20.

YMCA – Will be holding a number of activities for February 10 Family Day.

MCFD – VYPER is a Provincial Gov't initiative of \$1.3 million a year for three years. Part of these funds will help fund a youth addictions worker in Chilliwack. Communities will be able to apply for mini grants for initiatives around youth engagement.

Chilliwack is currently a pilot project for a Foster Parent support network. Hubs will be created which will provide relief, training and help with caregiving.

Restorative Justice – Does accept community referrals. Now higher in adult population. Referring clients to other agencies as part of agreements. Presently looking for volunteers to work with referrals.

**Next Meeting – March 4,
Fraser Valley Child Development Centre
45474 Luckakuck Way, Chilliwack**