

March 7, 2017

Neighbourhood Learning Centre

Co-chairs: Dan Bibby Recorder: Karen Steegstra

Nathan Ngieng

Guest: Chris Reitsma, SD#33 WEX Program; Katrina Maroney, MSDI; Barris Karden, TEDx

Present:

Leanna Kemp	Restorative Justice	programdirector@restoringjustice.ca
Ash Kahlon	Practicum Student	
Berris Karden	TEDx	berris@ecovideo.ca
Cherie Martens	YAP Coordinator	yapcoordinator@gmail.com
Chris Reitsma	SD#33	Chris Rietsma@sd33.bc.ca
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Jannette Loosdrecht	City Life Centre	janette@citylifecentre.ca
Karen Steegstra	CYC	karen@childandyouth.com
Katrina Bepple	Chilliwack Division of Family Practice	kbepple@divisionsbc.ca
Katrina Maroney	MSDI	Katrine.Maroney@gov.bc.ca
Ken Neufeld	Youth Unlimited	ken@youthunlimited.com
Maggie Aronoff	LAT	aronoff@shaw.ca
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Michael Suedfeld	Stolo	Michael.suedfeld@stolonation.bc.ca
Mike Sikora	City of Chilliwack	sikora@chilliwack.com



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Tara Cummings	YMCA	Tara.cummings@gv.ymca.ca
Trevor Wiens	Cyrus Centre	trevor@cyruscentre.com
Vince Geisbrecht	VOYCE	
Wendy Bruzzese	FVCDC	wbruzzese@fvcdc.org

Regrets:

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Tammy Webb	Ann Davis	twebb@anndavis.org

- 1. Welcome and Introductions.
- 2. Review of January 3 minutes. Minutes approved and will be posted to website

3. Business Arising from the minutes

- Primary Prevention Sleep Survey/Campaign Survey complete. Good participation; 57% school aged children and youth. Waiting for the data to be compiled. Sleep Literacy Campaign currently taking place. Participants are encourage to get the right amount of sleep for their age, turn off screens and hour before bed, read for an hour each evening. A resurvey will take place in March to see if participants changed sleep habits as a result of the Campaign.
- Keremeos Update fully staffed, not taking clients yet

4. CYC All Candidates Forum

Members were asked if they supported a CYC sponsored All Candidates Forum. Members in agreement. Sub-committees and agencies asked to submit appropriate questions. Forum will take place some time mid April.



5. Chilliwack TEDx - Barris Karden

Chilliwack event takes place at GW Graham, April 8. Tickets still availabler.15 speakers have been chosen. Had 50 applicants who auditioned; judges picked their favorites and are currently coaching speakers in developing their "talk" and public speaking skills. The event is well-subsidized by sponsors. The theme this year is "Future Shapers- The Mind of the Next Generation". Speakers range in age from 16 to 70's. Will also feature 12 year old guest speaker from India, who is travelling world wide to raise funds for the disadvantaged in her country. The day contains a variety of entertainment and speakers. Go to TEDxchilliwack.com for tickets.

6. Human Services Career Enrichment Program - Chris Reitsma

Looking for agencies in the human services genre of employment to provide 30-100 hours of practical learning for students. Chris handed out Employer Questionairre. Copies can be found at workexperience@sd33.bc.ca. Privacy and confidentiality can be a barrier to providing meaningful experiences to students. MCFD currently looking for ways to bring students in and have identified 3-4 ways. In some ways the HSCES students are further along than some of the university practicum students. Students have gained much knowledge and experience through Saturday workshops. Karen will include Chris' powerpoint in the distribution of the minutes.

7. Info Chilliwack infochilliwack.com

Sabine and Debbie showed members the updated website and some of its features. It was suggested that perhaps a short video or demo included on the home page of the website would be helpful to new users.

8. Youth to Adult Intake at MSDSI - Katrina Maroney

Katrina introduced herself as a parent with a youth who has a mental health diagnosis. Katrina is part of a pilot project to support youth 18-28 who need it. Applications are usually done by phone or online and can be overwhelming, especially for youth with disabilities. Will support youth who do not have support. An official diagnosis is not required – just wanting to eliminate barriers. At this time referral basis and willing to come out in the community to do intakes. Not sure how long the pilot will run.

9. EDRD Film project

Approached by a youth from Sardis Secondary who wanted to take one of the EDRD scenerios and create a film project for her entrance into the UBC Film academy. Got the wheels turning on who we could expand the project. Nathan and Karen met with Attley James from Positive Productions to discuss the potential. Waiting for him to submit a proposal.



10. Strat Plan Review

Members were given copy of the current strat plan and asked to review. One of the exercises at the annual conversation is submitting ideas for CYC focus. Wanting to create questions that will encourage meaningful answers that will continue to assist the CYC in it's positive community initiatives.

11. Youth Health Centre

Stolo Youth Health Centre days will be moving to Thursdays, 2-6pm beginning April 6. Counselling and family physicians will be available. Currently running a Parent Pilot at the Youth Health Centre. Agencies are asked to encourage attendance at both sites. Fundraiser May 3 at Vita Bella Restaurant as part of the activities during Mental Health Awareness Week. Tickets are \$50 each and can be purchased at Vita Bella.

12. Youth Adult Partnership Coordinator Report

Karen will send out the full 6 month report with the March minutes.

13. Local Action Team

Will be sponsoring Cultural Inclusion event. March 28, Youth/parent panel discussion on marijuana use. Currently running parent peer support. Creating a pathway to wellness resource – a navigation tool of where to seek help first.

14. Sub-Committee Reports

Early Years – Have received professional development dollars and hope to put it towards a Spring and Fall "Circle of Security" parenting classes. Will be holding a one day training on "Non-violent Communication" with William Klaasen. Space is limited, contact Karen if you wish to be on a waiting list for this training.

Middle Years – Continuing to look for strategies to move forward. Regional CYC is interested in holding a regional forum which may help create momentum for communities around Middle Years initiatives.

Youth Matters – Currently reviewing strategic plan. Currently looking to have a Middle School focus. Planning a Youth Summit for the Fall. SEACAT was invited to provide a full day workshop at the February District ProD day.

Youth Specific – Reviewing its purpose and vision. Handout was distributed to members. Karen will send Nathan Youth Matters Terms of Reference so both committees can ensure the work is not being duplicated.

Trauma Informed – Meets the third Thursday of the month.

Clinical – School District Suicide Protocol has been revised. Additions and revisions will be made to the Community Protocol as well.



Transitions – Currently finding a time and date that works for key agencies to be present.

15. Agency Updates

Restorative Justice – Registration for the next "Be Chill" cohort being accepted. Information will be on the CYC website and distributed in the weekly newsletter.

Big Brothers Big Sisters – Actively looking for an ED. Link to application information will be included in weekly newsletter. Space still available for the March 22 Paint Night at Wilde Oscars Pub.

CYMH – Beginning April 5, intakes will take place in the MCFD space at the NLC. More information to follow. Intakes will still be taking place during the Youth Health Centre session on Tuesdays.

YMCA Youth Works – new cohorts beginning April 3 and June 5. Contact Tara Cummings if you know unemployed or under employed youth ages 15-29 who you think could benefit from this program.

RCMP – Offering fentanyl workshops for agencies and community groups – prevention focussed.

VOYCE – will have a booth at Gabor Mate. Reviewing survey for McCreary – defining and identifying youth poverty.

Next meeting April 4, 2017