

Meeting, May 7, 2013

# Meeting held at Xyolhemeylh, #1 – 7201 Vedder Road, Chilliwack, BC

# **CYC Chairs: Dan Bibby**

Susan Edgcombe

**Recorder: Karen Steegstra** 

**Present:** 

Present:		
Bobbi Jacob	Ann Davis	bobbi@anndavis.org
James	CCS	challmanj@comserv.bc.ca
Challman		
Susan	SD #33	Susan_edgcombe@sd33.bc.ca
Edgcombe		
Dan Bibby	MCFD	Daniel.Bibby@gov.bc.ca
Karen	CYC	chwkchildandyouthcoord@gmail.com
Steegstra		
Sheree Epp	Xyolhemeylh	
Kelly Guiaya	Xyolhemeylh	
Todd Lueck	City Life	todd@citylifecentre.ca
Katrina	CHHCF	Katrina.bepple@chhcf.org
Bepple		
Collette	Big	collette.bohach@bigbrothersbigsisters.ca
Bohach	<b>Brothers/Sisters</b>	
Donna Dixson	CHHCF	Donna.dixson@chhcf.org
Duncan	СҮМН	Duncan.macdonald@gov.bc.ca
Macdonald		
Verna	Xyolhemeylh	
Ludeman		
Steve Esau	CAPS	<u>SEsau@pcrs.ca</u>
Wayne Green	United Way	wayne@uwfv.bc.ca
Chuck Louie	FVACFSS	

Tracey Arsenault	Big Brothers Big Sisters	tracey.arsenault@bigbrothersbigsisters.ca
Tobi Araki	RCMP	tobi.araki@rcmp-grc.gc.ca
Kiran Sidhu	FVCDC	ksidhu@fvcdc.org

## **Regrets:**

Stewart Mclean	City of	mclean@chilliwack.com
	Chilliwack	
Sonja Mussell	Xyolhemeylh	Sonja.Mussell@Xyolhemeylh.com
Ron Plowright	Fraser	
	Health	
Rohan Arul-Pragasm	SD#33	rohan.arul-pragasm@sd33.bc.ca
Sheri Josephson	YMCA	sheri.josephson@vanymca.org
Debbie Denault	CLCS	debbied@chilliwacklearning.com
Julie Unger	CSCL	julie.unger@cscl.org

Guests: Chuck Louie (FVACFSS), Melanie Voth (MCFD)

# 1. <u>Welcome and Introductions</u>

Welcome and introductions led by Dan Bibby. Xyolhemeylh was thanked for hosting.

# 2. <u>Review Of Minutes</u>

Minutes were revised and adopted. <mark>Action: Karen will post April minutes</mark> <mark>on the website.</mark>

3. <u>Guest Chuck Louie</u> Chuck is currently filling in for Theresa Point while she is on maternity leave. He is heading up a group for youth called "<u>Choices Of Reality</u>" Along with this group is a support group made up of professionals and support workers called "<u>Supporting Choices Of Reality</u>". The purpose of this groups is to help Aboriginal Youth access services. Youth are assisted in coming up with their own service plan. Transportation is a huge issue for many youth accessing services. The first COR meeting will take place May 9 at MCFD and the first SCOR meeting at Stolo on May 13. At this time he is looking for agencies who are willing to help mobilize this initiative. 4. Consult Debrief – A lot of positive feedback to date. Dan told the group that Rob Lees along with Fred Chou and evaluators would be attending June's meeting to present the official evaluation. Katrina suggested that including a participant list with contact info in registration package would be helpful. Dan said in September would put together the planning group for 2014. Collette shared that the experiencing the Service Simulation Exercise was very valuable for their agency and since the Consultation have had a number of discussions on they can better serve the families that access their services. Tracev said the vouth mentors. gr.11 girls, who attended were completely honored to be part of the event. Steve estimated that there were 20 youth present. Susan shared that the alumni were thrilled to be part of the afternoon and only wished that they had planned to come for the day. Dan shared how this was the first time in 10 years that member agencies were recognized. Somehow in the shuffle 2, 10 year or more members, Julie Unger and Sheri West, got over-looked. Plaques have been prepared and will be delivered to them. It was expressed that it was good to hear the founders share some of the original ideas of the CYC and to reflect where we are now. Susan shared that the measure to determine if a workshop is useful or beneficial is if change happens within 48 hours as a result of knowledge gained. Susan told the group that there is currently an adhoc youth committee in the School District looking at the gaps and trying to determine which youth are best served by schooling in an alternative setting.

#### **5. Sub-Committee Reports**

#### **SEY - CAT – Melanie Voth**

Melanie shared that the task group, Treatment Resistant Youth has changed its name to Youth Specific Task Group to give a more positive identity to the work they are doing. This is a closed group open only to those agencies dealing directly with vulnerable youth. This group allows the agencies to come together and discuss specific youth they are concerned about and to see what actions are needed and who needs to provide a response.

The Sexual Exploitation of Youth Community Action Team specific mandate was to create awareness in the community. Originally this group would discuss specific youth who were being exploited but now that is the task of the Youth Specific Task Group. It's focus has shifted to a community education rather than specific needs. The question is whether this committee belongs under the umbrella of the Clinical Sub-Committee or would it make more sense to have it become a task group of the Youth Matters Committee. Collette you sits on the Youth Matters expressed that she thought this would be a good match. Tobi said that if the task group was going to transfer sub-committees, it would have to be with the promise of providing Sexual Exploitation Awareness Week. There was some discussion about offering speakers in school settings for youth only, however it was agreed that informational meeting for parents is also necessary. It was thought that if the Awareness Week was school based, schools could utilize their resources and connections to reach parents. It was discussed that ideally, once youth were educated, it would be beneficial for each school to have a student motivated awareness group. It was moved that the CAT Task Group now be added to the agenda of Youth Matters.

Melanie presented the Youth Specific Terms of Reference. It was discussed how it is critical that agencies provide a continuity of care. Unfortunately the system of meeting once a month is not consistent with the Youth's needs. Tobi shared that a HUB model where agency representatives meet weekly is both proactive and effective. Duncan suggested creating a spreadsheet with centralized info that gets passed around to task group members on a weekly basis. It was agreed this is one way to ensure that youth who may otherwise fall through the cracks are getting talked about and supported.

Dan thanked Melanie and reiterated the importance of the CYC and the work that comes as a result of agencies collaborating.

## Youth Matters - Collette Bohach

Challenge Day has been scheduled for November 19, 20 and 21. Collette requested that Susan provide her with the proper protocol to invite a Trustee to the sub-Committee. Collette will co-chair with Natalie has Tim Bohr has been called to serve for a year in the military. The subcommittee is now in fundraising mode as they prepare for Challenge Day. Both the School District and MCFD have stepped in with \$5000 to put towards this event.

#### **Clinical – Duncan MacDonald**

The Connect Parenting continues to do well. Training to facilitate will be taking place in June for any who are interested.

### **Early Years – Kiran Sidhu**

Kiran went over the Early Years strategic plan which has been in the works since 2012. Previous to the Strategic Plan a survey was done in the community to help identify needs. Mental health has been recognized as priority and has been integrated within the 2 identified priorities. Priority #1 – Increase Parent Supports for Chilliwack Families ; Priority #2 – Fostering Optimum Child Development. The Early Years sub- committee is partnering with the YMCA to provide Healthy Kids Day. Thanks to the United Way who has provided the committee with a grant which will allow more screening opportunities.

### Middle Years - Sheri Josephson

Dan shared in Sheri's absence. May 21 HELP will be providing a provincial research day at GW Graham. Members of the sub-committee will be attending this event and use it as a spring board to build and action plan.

### 6. <u>Coordinator's Report</u>

April was a busy month filled with final preparations for our Annual Consultation. It was a pleasure working alongside the planning committee and all the extra people that got drawn into the work of the Consultation planning. Distributing Consultation posters in the community gave me opportunity to speak with business owners, managers and people in our community. I did hand deliver invitations to the Liberal and NDP MLA candidates, and to our MP, as a way to make a connection with those who can affect policies. I was hoping they would participate in the Simulation Exercise. Patti Macahonic and Laurie Throness joined us for lunch and Mr. Throness remained to hear Honorable Steven Point speak. I hope that people got an opportunity to speak with them and ask questions or share concerns. It was very enjoyable for me on the day of the Consultation, to see participants thoroughly engaged in the speakers and activities. It truly was a successful day of learning and networking!

At the beginning of April, I attended the Eastern Regional CYC and HC meeting which was hosted by members from the Abbotsford CYC at UFV in Chilliwack. These meetings have proved to be very beneficial in sharing ideas and in collaboration; the most recent being regional support for a grant application by ACS to Health Canada for VYPER (Valley Youth Partnership for Engagement and Respect).

On April 10 I was given the opportunity to present information about the CYC to the Safe Communities Committee at City Hall . Unfortunately I was told the night before at 4:30 pm that I was on the next morning's agenda so I wasn't as prepared as I would have liked. But what I shared was well received, a lot of people on the committee having no idea what the CYC is, and I have been asked to do the same presentation for other groups.

This month I was given the opportunity to present the Early Years Strategic Plan to Early Family Literacy and they were able to determine how they can continue to support our Early Year's table.

On April 18 I participated in the Early Childhood Development Framework for Action webinar. The last provincial document was completed in 2003 and the plan is to have a new framework in place by June of this year. When it comes to Early Years, BC's vision is unclear and fragmented. ECD identity and services are not very strong in our province. One thought is to simplify and make the language around Early Childhood Development, consistent by calling everything "Early Years". An interesting point that was made is how governments act based on the values of the public who elects them. Public awareness is key in helping to bring necessary changes. According to HELP, high functioning tables, are those that have people with decision making authority.

On May 5 I attended the strategic planning meeting of the committee which is working towards making Chilliwack "Baby Friendly". They are

hoping to have a website and presentations promoting their campaign ready soon.

On May 6, I participated in another webinar "Generation Squeeze" hosted by Paul Kerkshaw. He had lots of good information to share and encouraged everyone to join in on the GenSqueeze campaign; getting information out in the community and to campaign for government budgets to include more funding to support young families or those wanting to start young families. Today, younger Canadians work and study more to have less. Their earnings have dropped by 11% since 1976, even though they are twice as likely to have post-secondary education. In our province, the cost of child care is often more costly than university tuition.

On Friday I will present at the "Strong Start Regional Meeting" on the subject of "Reaching Vulnerable Families".

I am grateful for the varied experiences that I am able to enjoy in my position. Knowledge gleaned from one involvement has proved to be useful and beneficial to another.

# 7. VTRA Protocol

Susan gave the background to the protocol explaining that it came as a result of the events in Columbine and Taber. It evolved from there to discussions on threats and baseline behaviour. The thinking changed to being more proactive rather than punitive when dealing as a response to threats. The protocol reflects collaborative practice in action which helps be ready for a good response. The next training is May 15 and 16. It is now mandatory for Schools Districts to have a signed protocol. CYC members were encouraged to review the protocol and be prepared to sign-off in June.

# 7. <u>CHHCF</u>

Donna gave a handout to CYC members which outlined the different levels of support agencies could align to in regards to the 5210 initiative.

Dan suggested that members agree to the following motion of support. "Agencies of the CYC agree to support the Healthy Kids Initiative by promoting the 5210 message, by making the Healthy Choice the easy choice."

The motion was passed by CYC members in attendance.

## 8. New Business

1. "Every door is the right door."

Dan said as an extension of the Consultation that "Every door is the right door" is the next step of maturity in our connections. We need to look for ways our agencies can connect with other agencies helping clients to get the help they need. Ensure that administration has knowledge on how to connect with services; location, times etc. The more we know about each agency the more we can access each agencies services. It is good for agencies to ask "How are we part of the solution?; "How do we promote collaboration?" Consider having other agencies coming to you agency to share what they do. Be aware of opportunities for cross agency training. Let staff attend the annual Consultation. How do we support collaboration as the CYC. Action: Members are to consider ways their agency collaborates with other agencies and we will do some follow-up at next meeting.

Wayne brought up how the use of acronyms can be a barrier and very confusing for those not familiar.

Todd suggested that agencies consider 4 things they can do to promote "Every door being the right door".

> Next Meeting, June 4, Xyolhemeylh #1 – 7201 Vedder Road *Yearend lunch to follow the meeting.*