



**Meeting, May 6, 2014**

**Neighbourhood Learning Centre**

**CYC Chairs: Dan Bibby  
Julie Unger**

**Recorder: Karen Steegstra**

**Present:**

|                         |  |   |
|-------------------------|--|---|
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| <b>Julie Mcafferty</b>  | <b>Xyolhemeylh</b>                                       |   |
| <b>Julie Unger</b>      | <b>CSCL</b>  | <a href="mailto:julie.unger@cscl.org"><u>julie.unger@cscl.org</u></a>   |
| <b>Karen Steegstra</b>  | <b>CYC</b>   | <a href="mailto:chwkchildandyouthcoord@gmail.com"><u>chwkchildandyouthcoord@gmail.com</u></a>                 |
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| <b>Wayne Green</b>      | <b>United Way</b>                           | <a href="mailto:wayne@uwfv.bc.ca"><u>wayne@uwfv.bc.ca</u></a>   |

**Regrets:**

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|---------------------------|---------------------------------------|--|
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**1. Welcome**

**Dan welcomed members. Introductions were made.**

**2. Approval of April minutes.**

**Action: Karen will make correction and post to website.**

**3. Conversation Update – Julie**

**Will share thoughts and feedback. Everyone is welcome to come to the official evaluation presentation on June 13, 7:30 am at the NLC. Julie asked members if they wanted another “Conversation”. All members are in favor. Members were asked if they were in favor of keeping the same planning committee or start fresh. It was agreed that anyone is welcome to participate. Dan suggested that once the theme for next year is chosen it may become logical for certain members to participate. Some of the immediate ideas for a theme for next year, is a response to the comments from our MLA. Address the need for early intervention. Duncan suggested, transition times for youth. Tracey asked who the target audience is. Julie replied that this is a question that is asked every year. The Conversation is an opportunity for service providers to engage with community and network with other service providers. Wayne suggested a focus on Early Years. Advocacy was suggested. Dan suggested creating a Child and Youth Friendly protocol in document form. Julie asked for feedback in regards to the day. Wayne said he had some struggles with morning speaker as she seemed to encourage bullying politicians as a way to get things**

**accomplished. Others agreed. Collette said that Mae had the youth she brought hooked at the beginning of her presentation but then left them deflated as there was no hope. Duncan said the speakers made for stimulating conversation. Tracey wondered if there was something that could be done about the structure so as not to lose so many participants after lunch. Anne shared the “Family Smart” document; Chilliwack’s definition. She said some of it was influenced by Mae Burrows presentation. The perspectives were varying depending on whether it was a parent, youth or service provider.**

**4. 5-2-1-0 Service Provider Toolkit – Katrina Beppe**

**The GP for Me Highlight Report is complete. It has been sent to Karen and she will forward to members. The Division has a partnership with BC Children’s Hospital to create a family physician toolkit for Live 5-2-1-0. Now have funding to create one for service providers. Would like to ensure that it includes culturally appropriate materials. Would like to create a local table to get a local lens on how this toolkit should look. Also looking for families who are willing to participate. The 5-2-1-0 message is about healthy habits and behaviours not about weight and shape.**

**5. Youth Adolescent Health Clinic Update – Dan**

**Active work being done. There is a partnership between Division of Family Practice, MCFD, SD#33, FVACFSS, and Fraser Health. The success of the project is dependent upon having a champion physician. There are 3 local physicians who are interested. The NLC and Cyrus Centre are being considered as possible sites. There have been queries about offering services on the Sardis side. There is talk of possibly a school based, non-profit agency location, Sto:lo or a commercial space. The timeline depends on the grant application process from the Division. There has to be approval for payment of Doctors. Once in place will ask agencies to be part of steering group.**

**6. Agency Profiling Document – Karen**

**Document was distributed. As more profiles are completed will have a full report for June.**

**7. Sub-Committee Reports**

**Early Years – Karen**

**The committee endorsed CCS's RFP for an Early Year's Centre. 5-10 communities will be awarded \$52,000 to go to go towards Early years programming.**

#### **Middle Years – Karen**

**Karen participated in the Middle Years Summit and was able to learn what other communities are doing to support the Middle Years. The committee still plans to run their “20 Nights of Zzzz” campaign in the Fall. The committee is currently looking at gaps in services for Middle Years.**

#### **Clinical – Duncan**

**Currently re-looking at substance abuse policies in schools and the outcomes for kids. Looking at possible strategies and ideas. Dan asked what the current policy is. Nathan said there is 0 tolerance at the High School level. Middle Schools it is dealt with differently. Yvonne said it is difficult to work with students who are suspended and come up with a plan. Nathan said the question is whether schools are proactive and supportive or are they punitive. The policies are up to the School Board.**

#### **Youth Matters – Collette**

**Continuing to meet and have great representation. All the Middle Schools are on board for Challenge Day. Will have 4 days to accommodate all the schools. Currently in the process of raising funds and searching out grants. High School students who have participated in Challenge Day are being asked to volunteer for the Middle Schools. The cost to bring Challenge Day is \$13,500. Just so High School students don't miss out, the committee is considering offering musician Robb Nash. His focus is mental wellness using music and storytelling.**

#### **8. Agency Profile – NLC – Mark Klassen**

**Previous to becoming the manager of the NLC was project manager for Yarrow and Rosedale. There is 1500 sq.m of space and 200 staff on site. Currently using the space; United Way, YMCA, Community Services, MCFD and FVACFSS. From January – June, 900 events have been booked at the NLC. Lots of opportunities, just not enough space. Rates are reasonable and location is good; will open to the community in July. Whole site is being used and want it used as much as possible.**

**Currently there is lots of after-hours space available. The NLC is strictly School District and not run by a society.**

**9. Regional CYC/HC update – Dan**

**Dan passed around some handouts explaining the structure of the Eastern CYC/HC and its purpose and function. Lot's to gained from learning what other communities are doing. Presently are identifying the agencies that cross all communities and deciding who needs to be included at the table.**

**10. Every Door is the Right Door – Dan**

**Dan passed out an handout which listed the initiatives of “Every Door is the Right Door” and the status of each. The plan is to keep moving forward. It is important that agencies continue to be aware of resources, partners and other agencies. From the learnings from the Admin Staff training it would be beneficial to build a mechanism where agencies have new employees visit or connect with agencies. A draft handout was shared with members which could be used a part of a new employee orientation package. The Collabortive Practice Handbook has been temporarily put on hold. Agencies are encouraged to attend the Aboriginal Lunch and Learns. Want to develop an inventory on how we are doing. Are people using the referral cards? Are they proving to be beneficial? The Every Door is the Right Door is getting good attention from other communities. Chilliwack has been nominated for a Premiers Award and have now been short-listed to the finalists. A video will be created. Input from members is most welcome.**

**11. Agency Updates**

**SD #33 – Strike action has meant that many events have had to be post-poned.**

**Ann Davis – Has hired a new counsellor and summer employment programs are open for registration.**

**CCS – The Learning Together Child Centre has all the infant toddler spots filled.**

**United Way – Book deliveries are currently underway. Books for ages 7-12 have been sent out in the school district. Ferndale inmates are doing the sorting of the books.**

**YMCA – Fun Kids Campaign. June 21 will be a fundraising golf tournament. Lots of great competition; would be good to have great representation from Chilliwack.**

**Restorative Justice – Getting lots of referral, many are seniors who have been caught stealing. An indication of not having the means to adequately support themselves.**

**FVACFSS – Summer camps are opened up for registration.**

**City of Chilliwack – Sabine will be presenting to Council today at 3:00 on the forums. Funding issue will come up as the \$20,000 grant was denied.**

**Fraser Health – May 26 – June 1 – Bike to work week. Go to [www.biketowork.ca](http://www.biketowork.ca) to register.**

**CYMH – This week is Mental Health Awareness Week. The walk-in model clinic has been very successful for both families and staff. It is likely to be implemented across the province. There will be a presentation May 7 , 6:00 pm at Sardis which is youth led. Go to [childand youth.com](http://childandyouth.com) to view the event poster.**

**MCFD – Currently running a pilot caregiver support network. Eight families will have a lead home which offers support. Are relooking at the way they foster children. Are hoping this model will help foster families have more success.**

**Big Brothers Big Sisters – Are recruiting mentors for next year. Are running a new program called “Big Bunch”; 1 leader with 3-4 boys who meet up together for a once a month activity.**

## **12. Coordinator’s Report**

**I recently heard my position described as an “information broker”. I think that is very fitting. April was filled with information gleaned as I**

had the opportunity to attend 2 different workshops and one at the very beginning of May.

April 7 an early years based workshop “Putting Collective Impact into Practice” presented by Paul Born. He emphasized that every community needs a comprehensive plan for children. What are ways that we can ensure that “Chilliwack, the Best Place to Raise a Child for Everyone.” It is important to ensure the right people are sitting at a table and then identify the community issues, the collaboration issues and the child development issues. He believes in order to be successful, collaborations need a backbone organization as the lead. It is also important to identify specific desired outcomes.

On April 23 I attended the Middle Years Summit, sponsored by the United Way. A lot of emphasis was placed on the UN Convention and how to incorporate it into services and programs. I also had opportunity to hear what other communities are doing in regards to programming for Middle Years. Through the presentations it was very clear that we have a long way to go in creating awareness around poverty in our province and how this is effecting the well-being and potential of many of our children.

On May 2, I attended the Youth and Family Consensus Conference where the focus was child and youth mental health. The emphasis was of course the defining of Family Smart and what that looked like. The importance of engaging families as experts of their own journeys and the importance giving children, youth and families what they need, not just what happens to be available. The stigma around mental illness was pointed out, as you rarely see get well cards and balloons on a psych ward in a hospital. Families often live in a tension of secrecy verses the need to talk. The difficulty of engaging fathers in the care plan of children and youth experiencing mental illness was also discussed. How can we engage fathers? Usually only get the mother’s perspective of the family. One father from the audience offered a solution. His thought was that mothers wanted a “sounding board” where fathers wanted “to fix”. Putting men and women in a support group is a bad mix. His suggestion was that there be a different style of support group geared for men. At the end of the day I had the privilege of watching a premier of documentary “ADHD and Me”. It shared the struggles and the techniques that the presenter has used to have success despite her ADHD. In grade 11, she was told by a teacher she would never amount to anything. Now she is currently working on her PHD. Once complete the series will be a 10 part documentary which highlights different aspects of ADHD.

In April I had the privilege of working with Sherry Sinclair on a RFP for an Early Year’s Centre grant. The process, while demanding, was worthwhile



**and again showed the great partnerships and collaboration amongst agencies that we enjoy here in Chilliwack.**

**Next Meeting, June 3  
Chilliwack Society for Community Living,  
Mathieson Centre, 45195 Wells Road**