



**November 3, 2015**  
**Neighbourhood Learning Centre**

**Co-chairs: Dan Bibby**  
**Nathan Ngieng**

**Recorder: Karen Steegstra**

**Present:**

<b>Collette Bohach</b>	<b>Big Brothers Big Sisters</b>	<a href="mailto:collette.bohach@bigbrothersbigsisters.ca">collette.bohach@bigbrothersbigsisters.ca</a>
<b>Damian Fleming</b>	<b>RCMP</b>	<a href="mailto:Damian.fleming@rcmp-grc.gc.ca">Damian.fleming@rcmp-grc.gc.ca</a>
<b>Dan Bibby</b>	<b>MCFD</b>	<a href="mailto:Daniel.Bibby@gov.bc.ca">Daniel.Bibby@gov.bc.ca</a>
<b>Danielle Edmondson</b>	<b>FVDC</b>	<a href="mailto:dedmondson@fvcdc.org">dedmondson@fvcdc.org</a>
<b>Jodi Lymburner</b>	<b>RCMP</b>	<a href="mailto:Jodi.lymburner@rcmp-grc.gc.ca">Jodi.lymburner@rcmp-grc.gc.ca</a>
<b>Julia McCaffery</b>	<b>FVACFSS</b>	<a href="mailto:Julia.McCaffery@gov.bc.ca">Julia.McCaffery@gov.bc.ca</a>
<b>Jutta Wykpis</b>	<b>Health Contact Centre</b>	<a href="mailto:Jwypis@pcrs.ca">Jwypis@pcrs.ca</a>
<b>Karen Steegstra</b>	<b>CYC</b>	<a href="mailto:karen@childandyouth.com">karen@childandyouth.com</a>
<b>Ken Neufeld</b>	<b>Youth Unlimited</b>	<a href="mailto:ken@youthunlimited.com">ken@youthunlimited.com</a>
<b>Ken Popove</b>	<b>City of Chilliwack</b>	<a href="mailto:popove@chilliwack.com">popove@chilliwack.com</a>
<b>Leah Froese</b>	<b>Cyrus Centre</b>	<a href="mailto:leah@cyruscentre.com">leah@cyruscentre.com</a>



<b>Natalie Karam</b>	<b>CSCL</b>	<b>natalie.karam@cscl.org</b>
<b>Nathan Ngieng</b>	<b>SD #33</b>	<b><a href="mailto:nathan_ngieng@sd33.bc.ca">nathan_ngieng@sd33.bc.ca</a></b>
<b>Paul Mcmanus</b>	<b>School Board</b>	<b>Paul_mcmanus@sd33.bc.ca</b>
<b>Rob Lees</b>	<b>MCFD</b>	<b>Robert.Lees@gov.bc.ca</b>
<b>Ruby Gidda</b>	<b>Fraser Health</b>	<b>ruby.gidda@fraserhealth.ca</b>
<b>Sophie Smit</b>	<b>YAP</b>	<b><a href="mailto:ChilliwackYAP@gmail.com">ChilliwackYAP@gmail.com</a></b>
<b>Todd Lueck</b>	<b>City Life</b>	<b>todd@citylifecentre.ca</b>
<b>Wayne Green</b>	<b>United Way</b>	<b>wayne@uwfv.bc.ca</b>
<b>Wendy Bruzzese</b>	<b>FVDCD</b>	<b>w.bruzzese@fvcdc.org</b>

**Regrets:**

<b>Debbie Denault</b>	<b>CLS</b>	<b><a href="mailto:debbied@chilliwacklearning.com">debbied@chilliwacklearning.com</a></b>
<b>Doris Marko</b>	<b>Ministry of Social Development and Innovation</b>	<b>Doris.Marko@gov.bc.ca</b>
<b>Duncan MacDonald</b>	<b>CYMH</b>	<b><a href="mailto:Duncan.Macdonald@gov.bc.ca">Duncan.Macdonald@gov.bc.ca</a></b>
<b>Imraan Gazdar</b>	<b>Ann Davis</b>	<b>igazdar@anndavis.org</b>



James Challman	CCS	<a href="mailto:challmanj@comserv.bc.ca">challmanj@comserv.bc.ca</a>
Jenna Nickle	YMCA	jenna.nickle@gv.ymca.ca
Julie Unger	CSCL	<a href="mailto:julie.unger@cscl.org">julie.unger@cscl.org</a>
Katrina Bepple	Chilliwack Division of Family Practice	<a href="mailto:kbepple@divisionsbc.ca">kbepple@divisionsbc.ca</a>
Kelly Guiaya	FVACFSS Xyolhemeylh	kelly.guiaya@gov.bc.ca
Leanna Kemp	Restorative Justice	kemprestorejustice@gmail.com
Patti Macahonic	Ann Davis	patti@anndavis.org
Sabine Mendez	Healthier Community	coordinator@healthierchilliwack.ca
Stacy Wood	VYPER	<a href="mailto:stacy@vyper.ca">stacy@vyper.ca</a>
Steve Esau	Contact Centre	SEsau@pcrs.ca
Tammy Webb	Ann Davis	twebb@anndavis.org

1. Welcome and Introductions.

2. Review of minutes. October minutes approved and will posted to website.

3. Grant Writing Workshop

October 9, the CYC and MCFD sponsored a grant writing workshop at the NLC to help develop capacity for agencies. 30 people representing non- profits in our Community participated.



#### **4. SD #33 Pro-D Day Update**

On October 23, CYC coordinator, Karen Steegstra, lead an “Every Door is the Right Door” workshop for school district teachers and E.A’s. Steven Esau presented the “Empathy” portion of the training. 51 district staff participate. Most had not heard of the CYC or [childand youth.com](http://childand youth.com). Staff were happy to learn of available resources and the majority found the workshop to be helpful and beneficial. The CYC has been asked to do the same workshop for the February 19 Pro-D Day.

#### **5. Youth Adult Partnership Update**

A presentation for City Hall has been scheduled for this afternoon. The purpose is to bring forward to City Council the work that has been done around youth engagement. Council will be reviewing its budget in late November and the hope is that they will consider partnering in funding the position of the Youth Adult Partnership Facilitator and the work of VOYCE. An executive summary has been sent to Carol Marleau. The question was raised whether VOYCE had presented at a School Board meeting. Sophie will connect with Paul Mcmanus to arrange for this. Paul shared how youth participate in the various school board committees. Discussion around youth being represented at the various City Council committees. One of Sophie’s deliverables was to discover how the youth voice was being represented in the agencies of the CYC. Final report will be prepared. There is huge opportunity for development when it comes to youth being involved and mentored. Unless more funding comes forth, Sophie’s last day will be November 9.

#### **6. Care Team/ Collaborative Practice Workshop**

Collaborative Practice has been recognized as a best practice model for many years. It is about bringing together who you can to develop a care plan for your client. All agencies have various ways of bringing people together to make up a care team. Chilliwack has been identified provincially for the work done in our community and were the first to coin the phrase “care team”. The workshop on November 26 is designed to enhance awareness. The facilitator will be Mark Littlefield who is recognized throughout the Lower Mainland for his work around care teams. The workshop is free but registration at [childand youth.com](http://childand youth.com) is required.

#### **7. Conversation 2016**

The next steering committee meeting is scheduled for November 6, 8:00 am at the Airport Restaurant. The steering group is looking to partner with SD#33 and have been in conversation.



## **8. Adolescent Day Treatment**

**Program director is coming to meet with counsellors from the Youth Health Clinic following the CYC meeting. CYC members are invited to attend the brief introduction. The typical student who may use the services of the day treatment centre could be a non-attender suffering from high anxiety. A school based team decides who may be eligible. Parents are contacted and invited to visit the program. There are also referrals through CYMH. Students are able to participate in school and recreation programs with the support of a psychiatrist.**

## **9. Strategic Plan Review**

**Karen took members through the draft of the 2015-16 Working Strategic Plan. Lots of good discussion around possible actions. It was suggested that the strategic plans of the sub-committees be included in the CYC strategic plan to reflect the scope of the work being done in Chilliwack. Karen will update documents and distribute when complete.**

## **10. Sub-Committee Reports**

**Early Years – November 13 will be hosting an early childhood expo at Cottonwood Mall, “All 4 Kids”. Chilliwack will be participating in the EDI this year. November 4 is the annual HELP Expo which Karen will be attending.**

**Youth Matters –Have been discussing whether to bring Challenge Day back to Chilliwack. There is the option of a school based half day presentation at a cost of \$5000 per school. Inside Out a locally designed program has been chosen as the more viable option. Is similar to Challenge Day, but a fraction of the cost. Are working towards universal implementation of this program for all grade 8 students in the District. Inside Out fits with the learning outcomes for Planning 8. AD Rundell will have the first presentation and the committee looks forward to the feedback from students and staff who participate. Tim Horton’s has agreed to provide the snacks for the morning event. Leftover funds from Challenge Day have been put towards the YAP Facilitator position. Looking at how the committee can support the position. Currently working on strategic plan and learned the originally the committee covered ages 12-19. Have agreed to extend the age to 26 to match with services being offered by the Youth Health Clinic.**

## **11. Agency Highlights**

**CYMH – The Youth Health Centre is open at the NLC, 1-7 on Tuesdays. Currently have a lot of counsellors all of which are supervised; 6 counselling spots at the NLC. Stolo has 3 counsellors and physicians on site. Working towards having physicians at the NLC in the new year.**



**November 18, a Mental Health workshop which will focus on Parental Mental Illness and Substance Misuse. How do we as a community respond? Chilliwack's forum is part of a pilot project from the Ministry of Health. Go to the CHC website to register.**

**Cyrus Centre – 2 youth who had spent over 2 months at the centre have been transitioned in stable housing. Staff at Cyrus Centre received training in Mental Health First Aid.**

**RCMP – Damien Fleming is part of community policing and will be helping with youth stuff as well.**

**City Life – Funding has been secured for a facilitator for Afternoon Adventures. The plan is to reproduce the program in other schools. Will determine where the greatest need is.**

**Public Health – Flu clinics have started. Public Health does distribute harm reduction supplies and will collect needles if in an approved container.**

**Contact Centre – Have hired a youth alcohol counsellor who will work in collaboration with the school district. Position will be based on the south side of Chilliwack.**

**FVDC – Last week closed its offices so that all staff could participate in a “Vicarious Trauma” workshop.**

**School Board – Paul looks forward to working with the agencies of the CYC, noting the positive energy and appreciating the diversity represented at the meeting.**

**CSCL – It is important that the voice of youth with special needs is heard. Youth from CSCL have participated in VOYCE. One youth will be presenting to staff.**

**FVACFSS – November 5 is nominations for the Board of Directors. November 18 is AGM. The annual Family Forum is scheduled for February 24-25 at the NLC. Will be running 2 Tool Time programs.**

**Big Brothers Big Sisters – Have hired a new executive director , Maureen Berlin; she has been with the organization for a number of years. Increasing hours for mentoring staff in Chilliwack; the demand for growth has been huge. Screened 18 university students who have been matched to students from the Human Service Learning. It has been very successful and a great partnership with the UFV has been formed. Training grade 10**



**students in the FRIEND program so when they are in grade 11 will be able to offer the program to grade 4's and 5's with support.**

**United Way – Priority Grant applications are due Friday. United Way is partnering with Smart Saver to ensure low income families have applied for the Child Education Bond. Must have a social insurance # to apply.**

**MCFD – Staff are available to come to agencies to do a presentation on the Duty to Report. Copies of the information booklets are available at MCFD.**

### **Chilliwack Division of Family Practice**

**Chilliwack Local Action Team, Child and Youth Mental Health and Substance Use Collaborative** (co-chairs Dan Bibby, Nathan Ngieng, and Dr. Melanie Madill) – chartlet approved! Objectives: 1) Create local resource inventory of mental health and substance use services; 2) develop a communications strategy and marketing plan for the Chilliwack Youth Health Centre; 3) Supporting providers working with youth in mental health and substance use services to taking the 8-week online Indigenous Cultural Safety training. Through partnerships we will also be hosting Ulysses Agreement Training and Local Cultural Training early in 2016.

**Healthy Kids Initiative (Live 5-2-1-0)** – Live 5-2-1-0 Playboxes have been launched at Chilliwack Central Park, the Landing Centre, and Watson-Glen Park!! Go to [www.divisionsbc.ca/chilliwack](http://www.divisionsbc.ca/chilliwack) to register to unlock the Live 5-2-1-0 Playbox and unleash the fun today! Huge thanks to the Chilliwack Division of Family Practice, City of Chilliwack, Early Years subcommittee of the Chilliwack Child and Youth Committee, Chilliwack Sports Academy, Rotary Club of Chilliwack, 89.5 The Drive, and SCOPE (an initiative of BC Children's) for an amazing show of partnership to bring three to our community.

**Next Meeting, December 1  
Neighbourhood Learning Centre**