



November 1, 2016
Neighbourhood Learning Centre

Co-chairs: Dan Bibby
Nathan Ngieng

Recorder: Karen Steegstra

Present:

Cherie Martens	YAP	yapcoordinator@gmail.com
Collette Bohach	Big Brothers Big Sisters	<u>collette.bohach@bigbrothersbigsisters.ca</u>
Cristal Biela	CYMH	Cristal.Biela@gov.bc.ca
Dallas Shirley	Ann Davis	dshirley@anndavis.org
Debbie Denault	CLS	debbied@chilliwacklearning.com
Isabelle Christenson	RCMP	<u>Isabelle.christensen@rcmp-grc.gc.ca</u>
Jenine Basaraba	Highroad Academy	jbasaraba@highroadacademy.com
Julie Pariseau	CCS	pariseauj@comserv.bc.ca
Jutta Wykpis	Health Contact Centre	Jwykpis@pcrs.ca
Karen Steegstra	CYC	<u>karen@childandyouth.com</u>



Katrina Beppe	Division	kbeppe@divisionsbc.ca
Ken Neufeld	Youth Unlimited	ken@youthunlimited.com
Maggie Aronoff	LAT Coordinator	aronoff@shaw.ca
Mandy McMahon	Bowls of Hope	admin@chilliwackbowlsofhope.com
Nathan Berze	RCMP	Nathan.berze@rcmp-grc.gc.ca
Nathan Ngieng	SD #33	nathan_ngieng@sd33.bc.ca
Paul McManus	School Board	Paul_Mcmanus@sd33.bc.ca
Ruby Gidda	Fraser Health	ruby.gidda@fraserhealth.ca
Sabine Mendez	CHC	coordinator@healthierchilliwack.ca
Stuart Morris	Highroad Academy	smorris@highroadacademy.com
Tara Cummings	YMCA	Tara.cummings@gv.ymca.ca
Wendy Bruzzese	FVDC	w.bruzzese@fvcdc.org



Regrets:

Dan Bibby	MCFD	Daniel.Bibby@gov.bc.ca
Danielle Edmondson		dedmondson@fvcdc.org
Denise Thandi	United Way	
Doris Marko	MSDI	Doris.Marko@gov.bc.ca
Duncan MacDonald	CYMH	Duncan.Macdonald@gov.bc.ca
Jannette Loosdreacht	City Life	janette@citylifecentre.ca
Julia McCaffery	FVACFSS	Julia.McCaffery@
Julie Unger	CSCL	julie.unger@cscl.org
Kelly Guiaya	FVACFSS Xyolhemeylh	kelly.guiaya@gov.bc.ca
Ken Popove	City of Chilliwack	popove@chilliwack.com
Leanna Kemp	Restorative Justice	Programdirector@restoringjustice.ca
Leanna Kemp	Restorative Justice	programdirector@restoringjustice.ca
Natalie Karam	CSCL	natalie.karam@cscl.org
Steve Esau	CAPS	SEsau@pcrs.ca
Trevor Wiens	Cyrus Centre	trevor@cyruscentre.com



1. Welcome and Introductions.

2. Review of October 6 minutes. Minutes approved and will be posted to website

3. Business Arising from the minutes:

- Revised Fentanyl Information sheet was distributed and approved
- Reminder of the Youth to Adult Transitions Committee Meeting, Nov.2
- October EDRD training was postponed. New date to be determined

4. Every Door is the Right Door

- The “New Employee Orientation” form was distributed. Agencies are encouraged to use the form with new employees as a way of connecting them with agencies and making them aware of community resources. Agencies may consider offering specific orientation events.
- Agencies are encouraged to continue offering Open Houses. If agency location is not conducive, service providers are encouraged to offer orientation at the NLC
- EDRD Award – Agencies are encouraged to start considering nominees for the 2017 award.

5. Conversation 2017 Update

- Planning committee attempted to have skype session with keynote, however encountered technical difficulties. Will submit questions and reschedule session if necessary.
- Morning will be focused on learnings around trauma and how it effects the brain
- Afternoon workshops will be facilitated by local experts able to provide strategies on how to counter the effects of trauma and brain injury
- Next planning meeting is Nov.4, 8am at the Airport Restaurant

6. Paper Tigers

- 50 people in attendance for the evening screening. The documentary was followed by panel discussion. Lots of good things around “Trauma Informed” already taking place in Chilliwack.
- If your agency would like to show “Paper Tigers” as part of professional development, contact Nathan Ngieng to borrow the DVD



7. YMCA Update – Karen Price

- The core values of the YMCA are healthy living, belonging and connecting, and helping families thrive regardless of income
- Karen presented conceptual drawings of the new facilities. All of it will be wheelchair accessible and will have an elevator
- 2nd floor will be for strength and conditioning along with 5 multi-purpose rooms and gymnasium; looking forward to what potential needs may be in the future Will have lots of social space; looking at social issues. Are a “preventative” organization.
- Are considering a youth drop in. The YMCA is looking for feedback from CYC, CHC and community
- The current facilities will close down July 1, 2017 and reopening Summer 2018. By May will have a clearer picture of what programming will look like during construction. Looking for space and hoping to collaborate with community partners.

8. Bowls of Hope – Mandy Macahon

- Have been serving in Chilliwack for 12 years, serving 672 children; 19 schools served. Distribute soup, fruit, and milk. Have been able to run the program through the generosity of donation and corporate sponsorship.
- Mandy is the first paid employee in her role as Manager/Director
- Have created a strategic plan which includes educational components around nutritional eating and cooking
- Applying for a gaming grant and requesting a letter of support from the CYC
- CYC is in support. Karen will create the letter

9. Journey Mapping – Journey Mapping

- The Journey Mapping project is part of the Mental Health and Substance Use Collaborative. On Nov. 15 will be offering an evening workshop “Understanding Addictions”
- A health fair and Gabor Mate are planned for March
- Statistics show that 8 out of 10 youths don’t get help when they need it. Families are able to share their experiences. Questions families are asked: What were your needs? What services did you try to access? What worked, what didn’t?
- Interviews with families will provide journeys and recommendations
- Maggie shared Heather and David’s story. Daughter diagnosed with anxiety and being bi-polar. She became substance addicted, got involved in criminal activities



and suffered overdoses. The justice system gave her another diagnosis but did not share with family of family physician

- Families are expressing the need for service hubs, wrap around services, parental support and navigation
- Many voices are needed to make necessary changes
- Real Humans of the Fraser Valley is a moderated site where people of all ages are supported in creating a blog entry of their lived experience. Can choose to make it public. Realhumansoffrasereast.com; \$25 honorarium for those who complete the survey and the narrative
- Photo journaling; youth are asked to photograph something that describes where you are at; something you want to remove from your life; and something you want for your life
- Hoping to collect 100 stories and at the end be able to create a Community Agreement on a Pathway to Care

10. Youth Adult Partnership Report – Cherie Martens

- VOYCE youth voted to have Vince as the youth facilitator. He will work 5 hours a week helping with the work of VOYCE
- VOYCE has been assisting with the Journey Mapping project
- Youth Matters is applying for a grant to hold a local Balancing Our Minds workshop. VOYCE is looking forward to supporting this event
- Cherie had the opportunity to participate in the School District forum on reconfiguration. Up to this point the youth voice had not been accessed for feedback

11. Early Development Instrument – Karen Steegstra

- Karen shared the results of the wave 6 EDI completed in February 2016 as well as some of the learnings from the October HELP Expo
- Chilliwack EDI results can be accessed at <http://earlylearning.ubc.ca/maps/edi/sd/33/>

12. Youth at Risk – Julie Pariseau

- Service providers have gathered to discuss what can be done differently to address the increasing mental health, substance misuse, violence and homelessness
- Will be holding focus groups with youth at Cyrus Centre to discover what they see as their needs
- An action plan has been created



13. Agency Updates

Local Action Team: November 15 evening public event, Alumni Hall, 6:30 pm. November 22, Action Plan meeting

Chilliwack Healthy Community Morning of November 22 information networking will be “Understanding Addictions”; it will be a replica of the Nov. 25 event.

November 24, Cost of Homelessness is a community event which includes a panel and community discussion. Takes place at UFV.

Chilliwack Learning Society 1000 books went out to organizations and individuals as give aways for Halloween. Financial Literacy will be holding a morning breakfast networking and planning meeting. Have planned a year’s worth of Financial Literacy workshops on topics such as budgeting, goal setting, monitoring spending etc. This year’s City Wide Literacy Challenge will be focussed on Sleep Literacy.

RCMP Most people are used to the school liaison model. With only 2 youth officers in Chilliwack it is difficult to have meaningful contact with schools. Youth officers also provide operational support. Focus will be on crime prevention targeting at risk youth. Will be making specific contacts, becoming familiar with families, building relationships etc. Will still be a resource for schools, doing presentations and stepping in when school incidents are criminal in nature. Currently officers do a 2 year rotation. CYC could advocate for 1 permanent officer to ensure continuity.

Big Brothers Big Sisters Requests for in school mentors for Middle School as part of their transition plan. Biggest area of need is male mentors; one hour a week commitment for community based mentors. Human Services Career Program going well. Started delivering Mindful Activities at Macammon.

Chilliwack School Board Conversation around reconfiguration. Looking at all the info to see if changing the current school configuration makes sense. Other districts have used model with success. Increase need for mental health resources.

Chilliwack Community Services Gearing up for Christmas sharing. Volley Ball tournament fundraiser. December 9 is the date for the youth Christmas dinner.

Bowls of Hope – now has a Facebook page.



Ann Davis Programs currently running are Connect Parenting and Children Who Witness Abuse

Public Health Flu Clinics are now running. Harm reduction supplies are available at the Health Unit along with Naloxine.

Chilliwack Division of Family Practice PAM being promoted in Hope to connect people to physicians. In Chilliwack focusing on those being discharged from hospital who currently do not have a physician . Partnering with the LAT to offer Access to Gender Affirming Care on November 17.

PCRS Homeless camp has been dismantled. Decreased use of Harm Reduction Bus; some discussion as to the best place for it to park. Working on collaboration with Fraser Health to ensure messaging is consistent. March 7 will be the homeless count of those sheltered, March 8 with the count of those unsheltered. Will be looking for volunteers within agencies to assist with the count. The Keremeos rehab location is scheduled to be operational by January.

YMCA Youth Works will continue. Megathon coming up November 5. Funds support families who require financial support to use the YMCA services. Last year 1200 families received support. Youth Works has received second year of funding. Have enjoyed a high rate of success; 80-85% employment rate for those who completed the program. Training is individualized.

Highroad Academy Grade 11 students are volunteering in the After School Adventures program. Students from Bernard are being bussed to Highroad for the program. Learning lots about community connections.

School District Completed Roots of Empathy training for District staff. Partnership with UBC around mindfulness. Will be offering a informational dinner presentation on Nov.23. November 29, Dr. Vo will doing a presentation. Author of "The Mindful Teen". Let Nathan know if you would like to attend either event. Senoigh McPheason offering Mindful Based Stress Reduction program; 8 week program. Karen will include info in weekly mailout.

Next Meeting, December 6
Neighbourhood Learning Centre