



October 4, 2016
Neighbourhood Learning Centre

Co-chairs: Dan Bibby
Nathan Ngieng

Recorder: Karen Steegstra

Present:

Cherie Martens	YAP	yapcoordinator@gmail.com
Collette Bohach	Big Brothers Big Sisters	collette.bohach@bigbrothersbigsisters.ca
Dan Bibby	MCFD	Daniel.Bibby@gov.bc.ca
Diane Janzen	CCS	janzend@comserv.bc.ca
Duncan MacDonald	CYMH	Duncan.Macdonald@gov.bc.ca
Isabelle Christenson	RCMP	Isabelle.christensen@rcmp-grc.gc.ca
Jannette Loosdrecht	City Life	janette@citylifecentre.ca
Julie Pariseau	CCS	pariseauj@comserv.bc.ca
Julie Unger	CSCL	julie.unger@cscl.org
Jutta Wykpis	Health Contact Centre	Jwykpis@pcrs.ca



Karen Steegstra	CYC	karen@childandyouth.com
Katrina Bepple	Division	kbepple@divisionsbc.ca
Ken Neufeld	Youth Unlimited	ken@youthunlimited.com
Leanna Kemp	Restorative Justice	programdirector@restoringjustice.ca
Maggie Aronoff	LAT Coordinator	aronoff@shaw.ca
Mandy McMahan	Bowls of Hope	admin@chilliwackbowlsofhope.com
Nathan Ngieng	SD #33	nathan_ngieng@sd33.bc.ca
Paul McManus	School Board	Paul_Mcmanus@sd33.bc.ca
Sabine Mendez	CHC	coordinator@healthierchilliwack.ca
Shelley Bolan	Ann Davis	sbolan@anddavis.org
Tabitha McLaughlin	Division	tmclaughlin@divisionsbc.ca
Tara Cummings	YMCA	Tara.cummings@gv.ymca.ca
Trevor Wiens	Cyrus Centre	trevor@cyruscentre.com



Trish Lewis	SD #33	Trish_lewis@sd33.bc.ca
Wendy Bruzzese	FVDC	w.bruzzese@fvdc.org

Regrets:

Danielle Edmondson		dedmondson@fvdc.org
Cristal Biela	CYMH	Cristal.Biela@gov.bc.ca
Debbie Denault	CLS	debbied@chilliwacklearning.com
Denise Thandi	United Way	
Doris Marko	MSDI	Doris.Marko@gov.bc.ca
Julia McCaffery	FVACFSS	Julia.McCaffery@
Kelly Guiaya	FVACFSS Xyolhemeylh	kelly.guiaya@gov.bc.ca
Ken Popove	City of Chilliwack	popove@chilliwack.com
Leanna Kemp	Restorative Justice	Programdirector@restoringjustice.ca
Michele Brown	YMCA	michelebrown@gv.ymca.ca



Natalie Karam	CSCL	natalie.karam@cscl.org
Patti Macahonic	Ann Davis	patti@anndavis.org
Ruby Gidda	Fraser Health	ruby.gidda@fraserhealth.ca
Steve Esau	CAPS	SEsau@pcrs.ca
Tammy Webb	Ann Davis	twebb@anndavis.org

1. Welcome and Introductions.

2. Review of September 6 minutes. Minutes approved and will be posted to website

3. Business Arising from the minutes:

NLC – Last meeting members took a tour of the newly vacated space. Agencies are in conversation with Mark Klassen on to best use this space. The rent for all 3 rooms is \$2000 a month. Conversation around using it for an enhancement of the Youth Health Centre. The school district is willing to do renovations as needed.

4. Conversation 2017

Planning group had a productive first meeting. Have decided on keynote and theme. Focussing on trauma as well as the effects of concussion. Will offer workshops in the afternoon. Would like to offer a Thursday evening workshop again this year.

5. Letter to parents regarding fentanyl use. Would like to send out notification as a joint partnership. Draft was circulated to members. Thoughts and revisions were noted.

Action: Karen will rework the document.

6. Youth Adult Media Connections

Increasing use of social media as a way for service providers to connect with the youth they work with. Some agencies concerned about liabilities. Those working with high risk youth indicated without social media they would not have a connection. Allows for connecting with more youth. Members were asked to share how their agency approached



the use of social media in a work setting. Youth Services has created a work based facebook account with guidelines as to what can be posted. Restorative Justice has recently purchased a cell phone for the purpose of texting with clients. Are getting a better response than emails. VOYCE currently has a closed FB Group page as a way of communicating; also using texting to connect. Youth Works uses texting; the YMCA has strict policies around Facebook. Big Brothers Big Sisters connects with texting. Mentors are requesting a FB group as a way to be in the know. PCRS uses Facebook and texting for communication. Cyrus has a Facebook page, however staff are discouraged from posting or commenting on posts. BC Children's offer skype counselling. Doctors using OSCAR which allows patients to text. Youth Unlimited uses Facebook and texting; ensure that parents or guardians are aware of the communication. CYMH uses texting around appointments and does phone coaching. School District professional boundaries does not encourage social media as a way of communication. MCFD has a policy around texting which is conservative.

7. Local Action Team

Family Therapy Training. Journey mapping project to see how families are accessing services in Chilliwack. Maggie asked members what information would be helpful for service providers: "What are the challenges?" "What worked, what didn't?" "Did services work together to support or was it compartmentalized?" "How did youth feel about collaboration?" "What got dropped and how did it get dropped?" Hoping to have 100 parents and youth participate. The LAT will provide quantitative and qualitative data and create a report for the CYC.

8. Youth Adult Partnership Report and VYPER Review

On September 16 service providers were invited to participate in a review of the work of VYPER in our community. Throughout the meeting a visual journey map was created. A big success of VYPER was introducing language where service providers talked with youth, rather than at youth. Creation of the YAP position was a way to get the youth voice and be more effective in engaging with youth. Part of the journey included searching for the root causes of youth issues through youth panels and connecting with youth. It has been identified that a Youth Hub is needed; NLC could be a nice starting point.

VOYCE is currently working on recruitment and creating a presentation. Wanting to work with a more diverse group and rotate meeting locations through the different schools. Discussion at Youth Matters around holding a Youth Resource Fair on the November 25 pro-d day. Focus could be on youth rights and how to communicate with RCMP, counsellors, etc. Working with LAT on monthly forums. The last one was on anxiety. Some of the things triggering anxiety were bullying, transition from middle school to high school. Having one person to connect with was offered as a solution to some of the issues. Cherie is available to assist one on one or with agencies on how to engage with youth. chilliwackyp@gmail.com



9. Letter to YMCA

As the YMCA is going through renovations the Youth Matters thought it appropriate to write a letter recommending they consider creating a safe youth space as a drop-in. Member were in agreement with this. **Action: Karen will write a letter to the YMCA on behalf of the CYC.**

10. Youth at Risk – Julie Pariseau

A group of service providers was brought together to discuss the increase in meth use, violence, suicidal behaviour, mental health and those aging out care of care unable to cope. Conversation around what can be done. It is an action-oriented committee with focus groups. Will survey at risk youth to discover what they feel they are missing. Strategized on how to best to outreach and life skills work; medical nurse for outreach, drop-in counselling for parents. Next meeting October 24, 2:00 pm at Youth Services. Sabine mentioned “Ready to Rent” being offered October 6 at PCRS.

11. Youth Health Centre

Number of youth accessing services has increased. Looking at barriers to accessing services. Plaque developed to recognize partners. Looking for partners to continue to support and create levels of support. Food is a big draw.

12. Transitions Committee

The need for a committee to address the needs of youth 17 – 25 years was identified. Interest in creating a Transitions Committee that brings together youth and adult services.

13. Every Door is the Right Door

Next training scheduled for October 18 at the NLC.

14. Chilliwack Connect

Less people in attendance but more people accessing the services provided. Lots of giveaways; bikes, quilts. Organizers included Steve Esau, Richard and Cindy Neizen, Chilliwack Resource Centre and Tom McMann.

15. Sub-Committee Reports

Early Years – Currently reviewing strategic plan. Will be holding an early childhood expo at Cottonwood Mall on October 28

Youth Matters – Rather than an in school focus are looking at a community focus.



Primary Prevention – Looking at universal implementation of prevention programs in schools. Working on a sleep strategy project. Community survey to take place through the month of November. Education and City Wide Challenge to take place in January and February. Re-survey to take place in March. Regional CYC also interested in implementing a sleep strategy.

Clinical – Met on October 3. Service providers are able to recommend and determine candidates best suited for the Day Treatment services. Recognize that there are services families may not be aware of; create a guide to intensive intervention. The sub-committee will meet bi-monthly.

Middle Years – Met September 21. Have met on and off for the past couple years; without funding it is more challenging. At the meeting shared the inventory of middle years and youth programming. At next meeting will review Chilliwack Community Service’s Report on the Middle Years. Will support the sleep campaign. Want to create a strategic plan; focus on parent education. Some thoughts are to create a development guide similar to the Early Years Guide and hold a resource fair.

Trauma Informed – October 6 will be hosting Paper Tigers at the NLC. Regular Trauma informed educational meetings take place in the boardroom at CCS, 9am-11am on the third Thursday of the month.

16. Agency Updates

Ann Davis Transition Society – Parenting programs have begun as well as Children in Between.

Chilliwack Community Services – Currently running 43 programs. Board and ED in conversation regarding the creation of a HUB, inviting social service providers, housing for youth and seniors. Looking at prevention programs for youth aging out of care. 7 service providers have expressed an interest in being part of the HUB. Could potentially include shared reception and shared boardroom space. “Melody Mayhem” fundraiser will be taking place at the end of the month. Chiefs will be hosting a pancake breakfast as part of the “I Care” campaign. ‘Get Stuff Done’ is an experiential life skills program for youth. The Village currently has a waitlist; still accepting applications. Wrap around returning to school services focussing on young parents; intended to expand thinking. 2 Work BC sites; looking at how to come to the youth who may need their services.

Restorative Justice and Youth Advocacy – Currently offering 2 free after school programs; SPAR in partnership with CCS <http://childandyouth.com/wp-content/uploads/2016/10/SPAR-Referral-Package-Fall-2016-1.pdf> ; and Be Chill a partnership with Be You Yoga Studio, <http://childandyouth.com/wp-content/uploads/2016/09/Be-Chill-Application-Forms-1.pdf> . These sessions include yoga and educational workshops. November 19, 10am – 2pm, will be holding a Crime



Prevention fair at the Target location at Cottonwood Mall; this is to recognize Crime Prevention and Restorative Justice week.

School District #33 – Enrollment is up by 354 students which is resulting in some crowding challenges. An increase of students with specific needs. Funding for new construction is slow in coming. At this time more portable per capita than any other school district.

Chilliwack Society for Community Living – Continuing to promote reverse integration, building social capital. Received grant from Van City for the Bridge Program.

Chilliwack Healthier Community – Hosting a grant writing workshop on October 6 at the NLC.

After School Adventures – By the end of October, 5 after school programs will be running.

YMCA – Youth Works scheduled to begin mid November. MEND, for children 7-13 above a healthy weight will start late January. Annual Megathon, Nov. 5, to help raise funds for access to programs. http://childandyouth.com/wp-content/uploads/2016/10/YMCA_MegathonPoster-2016.pdf Have identified the financial need at \$116,000.

Big Brothers Big Sisters – Have moved office to the NLC. Second year of Human Services Career Program. Currently have 31 youth and 19 UFV mentors.

PCRS – Youth Residential Program being established in Keremeos; Steve involved in the preparatory work. 22 beds will open for youth aged 16-24. Substance Affected Group for those having a loved one suffering from substance misuse is currently closed but an ongoing group that can be accessed.

Cyrus Centre – Experienced busiest September yet. Looking to increase capacity. Fundraiser taking place Nov.18. In the last month over 40 youth turned away.

Division of Family Practice- Changes in staffing. Be Active Every Day has begun.



**MCFD – Working on transition support and permanency planning strategy - adoption.
Aging out of care is not a positive option**

17. Letter of Support for Ann Davis employment/education program for women. Members agreed for a letter of support for the program from the CYC. Action: Karen will write letter of support.

Next Meeting, November 1
Neighbourhood Learning Centre