# Chilliwack Child and Youth Committee <u>MEETING MINUTES</u>

Tuesday, May 1st 2012



9:00a.m. to 11:00 a.m.

# CYC Chairs: Susan Edgcombe Dan Bibby

**Recorder: Cynthia Parasiliti** 

Present:

Flesenti			
Susan	SD #33	susan_edgcombe@sd33.bc.ca	
Edgcombe			
Dan Bibby	MCFD	daniel.bibby@gov.bc.ca	
James Challman	CCS	challmanj@comserv.bc.ca	
Debbie Denault	CLCS	debbied@chilliwacklearning.com	
Julie Unger	CSCL	julie.unger@cscl.org	
Shari West	YMCA	Shari.west@vanymca.org	
Duncan	MCFD-CYMH	duncan.macdonald@gov.bc.ca	
MacDonald			
Cynthia	CYC	chwkchildandyouthcoord@gmail.com	
Parasiliti			
Lindsay	CAPS	lgallagher@pcrs.ca	
Gallagher			
Geri McGrath	Chilliwack	geri@chilliwackhospice.org	
	Hospice		
Todd Lueck	City Life	todd@citylifecentre.ca	
	Church		
Lisa Jarvos	Fraser Health	Lisa.jarvos@fraserhealth.ca	
Ron Plowright	Community		
	Health		
	Specialist		

#### **Regrets:**

Jason Lum	City of	lum@chilliwack.com
	Chilliwack	
Bobbi Jacob	Ann Davis	bobbi@anndavis.org
Brenda Point	SD #33	brenda_point@sd33.bc.ca

# **1. Welcome and Introductions-**

# Welcome to Ron Plowright

# 2. Review Minutes- Minutes approved

# 3. AGENCY UPDATES:

Shari West-Chilliwack YMCA

- Sign up for summer programming is starting (Sheri brought handouts for the group)
- YMCA has subsidy available for families that cannot afford to join
- 2 week free trial continues
- Day camp registration has started-70 spaces available at Central Elementary
- Day camps are fully licensed with subsidy available to those that qualify
- Registration at myymca.ca
- June 1<sup>st</sup> sign up will begin for fun camps-basketball, theme camps, etc.

Kiran Sidhu-Fraser Valley Child Development Centre

- Preparing for summer programs-kindergarten readiness groups
- Summer Stars group
- Possibly starting another summer group in partnership with CYMH focusing on children with sensory regulation issues

Lisa Jarvos-Fraser Health

- Universal Postnatal Depression Screening-screening done 6 weeks after delivery
- Pertussis update-slowed down, but not over. Outbreak now in Washington State

**Duncan MacDonald-Child and Youth Mental Health** 

- May 7<sup>th</sup>-Mental Health Awareness Day-The FORCE is hosting a conference
- Family/Parental mental illness is a focus (ribbons were distributed)
- 5 children/youth from the Mental Health Literacy group will be attending the conference in Vancouver

**Debbie Denault-Chilliwack Learning Community Society** 

 First Book Canada-Received over 1000 books for distribution in community (Debbie brought samples of books for agencies to request copies). Books are for children 8 years and up-Debbie will organize how to get the books that have been requested

- CLCS piloted a workshop series in Jan/Feb., "Stress Free Math for Parents"-this was borne from requests from parents for math tutoring for their children
- This workshop empowers parents, building family capacity for them to assist their children-held at Central Elementary
- The program was well received, and wll continue a Central-next steps determining how it can be sustained-plan to train volunteers to keep momentum going
- Focus of math workshops for grades 3-6
- CLCS serves approx.. 1 adults/year
- Programs continue with volunteer literacy tutors for adults, as well as alternative language learners

## **Ron Plowright-Community Health Specialist-Fraser Health**

- Ron's area is Chilliwack, Mission, and Hope
- Although Ron does not deal specifically with children, health promotion from a Community perspective is the focus
- Strategies for what we can do in our environment to make healthier choices-community strategies
- Chronic disease prevention is a focus, with 40-50% of our taxes spent on healthcare (Ron distributed pamphlets and cards)
- His relationships are primarily with municipalities-to have effect on policy and planning
- Utube.com/hcpartnerships-series of clips explaining the role and directive of community health
- Partnerships with community schools
- Move For Health-in Chilliwack-planning to make event more dynamic

**Todd Lueck-City Life Church** 

- Divorce Care/Divorce Care for Kids has started-13 week program helping children and families deal with divorce; working through the process together-will be offered again in the fall
- Project Connect-project initiated to provide 50 acts of service outside of the church, by serving people in the community
- Promoting good community-some examples-preparing chili for YMCA Healthy Kids Day-painting and repairing a room in someone's house-landscaping-gave away a vehicle to a needy family

James Challman-Chilliwack Community Services

- May 1-7 is youth week-recreation programs are open to the community-contact Tim
- Early Years Spring Gala coming up this Saturday-fundraising event for CCS
- A lot of Early years programs, eg. Literacy, are winding down for the year
- Chilliwack Secondary will be partnering with CCS to have a Neighborhood Learning Centre
- Chilliwack CONNECT-due to Fred's retirement, CCS will be the reporting agency for this event

Susan Edgcombe- Chilliwack School District #33

- Susan attended a provincial conference with Dr. Lynn Miller, whose focus was making social emotional learning part of curriculum
- There will be a focus to make this learning a priority

Dan Bibby-Ministry of Children and Family Development

- New ICM Case Management System is up and running-phasing in different stages
- Training was given leading up to this
- System changes the way client's case management is documented and shared with collaterals and subsequent electronic sharing of information.

Geri McGrath-Chilliwack Hospice

- Children's grief group is coming to an end
- Teen group is an ongoing struggle
- Horse Whisperer Grief Camp will be starting soon
- Commercial has been produced to air on CBC
- Hike for Hospice is coming up
- May 1oth there will be a movie night hosted by Chilliwack Hospicewill be showing movie, "The Way" with a panel discussion to follow
- The workshop held in April was a success; community education will continue to be a focus

Julie Unger-Chilliwack Society for Community Living

- Child/youth services has undergone changes in funding
- Have worked with MCFD in realizing funds for transition; supporting 16-18 year olds
- Looking into additional supports and planning, including the family
- Looking at different grants to bridge the gap to provide supports, especially employment-youth "aging out" have no support

- Earth Day-Partnership with Food Matters-grand opening of Sunshine Community Garden, followed up last weekend by information session where seeds were provided. Food Matters and Salvation Army will join forces to collect excess produce that will be used at Salvation Army
- Plots are still available for purchase
- Summer CSCL programs-youth and children's programs-also in Hope
- Snoezelin Room-through a grant with Autism Speaks and BMO, CSCL has been using their room for the past 8 months-they have a partnership with Heritage Village, where patients with Alzheimers can benefit
- CSCL is working with community partners to bring the room to the next level
- A parent at CSCL is starting an information group called, "Autism Brings Choices"-there will be speakers and different sessions available to everyone-NOT just parents

#### Lindsay Gallagher- Chilliwack Addiction and Prevention Services

- CAPS has taken on a second office space after taking on a contract for employment services for adults with multiple barriers
- The 2<sup>nd</sup> office is on Mill Street, but CAPS reception remains at original location
- Changes within youth services-have added a secondary prevention level-grown out of reports from schools around youth experimenting-the mandatory 4 sessions fill a gap in services
- Adelle, who works from AD Rundle is working with Grade 9 students to present information to Grade 7 students-making a video of activities and things you can do in the community, other than drugs

#### 4. CIPC-Update-next steps

- Cindy discussed with the group the Survey Monkey that was distributed among CIPC members as well as the results- 4 members responded, over half of the respondents did not attend regular meetings, no one wanted to chair the group, they were unsure that maybe partnering with another group could work, and most attended for networking purposes. Most felt the PRQ was valuable to somewhat valuable. Most were not aware of the CYC website
- CYC will support if there is desire and leadership
- Who will lead?

- Discussion from Early Years table, (in strategic plan), of possible networking, planned event for staff involved in various parenting programs in Chilliwack
- No conclusion was reached, but Duncan will inquire among CYMH staff to see if there is desire to lead the group or PRQ

# **Youth Matters-**

- Refocusing group toward what they can accomplish
- Supporting Youth Week-Shari distributed handout of events
- Connection with Youth Consultation for ABC
- Would like to support Challenge Day-Shari and Tim met with Sardis students and Parween to discuss this event-would like to involve all 3 high schools

## **Clinical Sub Committee-**

- Save The Date-May 30<sup>th</sup>-Suicide Prevention training-2 half day sessions
- Tri Committee-discussion of whether to include CAT
- Discussion of cutting among middle school children-James inquired if there is an increase across agencies-Is this issue on the radar of this committee?

#### Website Update-

- Dan distributed a list of who is on the site and who needs to be there
- Next steps-including research

#### **McCreary Report-**

- Next steps-parent consent to participate
- Important for community to access results-James pointed out that in Hope, the school board does not share the information

#### **Next Meeting-**

- Will be held at STOLO-3<sup>rd</sup> Floor-Building #1
- Focus will be building Aboriginal partnerships
- Next steps: E mail to Cindy existing partnerships that already exist within your agencies/departments-What partnerships exist?
- This information will be compiled before the meeting

#### Meeting Date: June 5th 2012 9 am-11pm