

# IT'S ALL ABOUT ME

Saturday March 3, 2012

- Cost:** \$45.00 postmarked on or before Feb. 17th  
\$65.00 after Feb. 17th
- When:** Sat. March 3, 2012  
8:15—3:00
- Where:** Cascade Church  
35190 Delair Rd., Abbotsford

*Any questions please call Shelly Hayes at 604-847-2241 or email hayess@comserv.bc.ca*

## The Fine Print

### Registration fees are non-refundable

- You may however, with prior notice, send someone in your place if you are unable to attend.
- Please make cheques out to:  
**It's All About Me**

### IF YOU ARE REGISTERING MORE THAN ONE PERSON:

- Please specify to whom the receipt should be made out to. Each participant will need to fill out a registration form.

**Receipts will be issued by email, or if requested, by mail.**

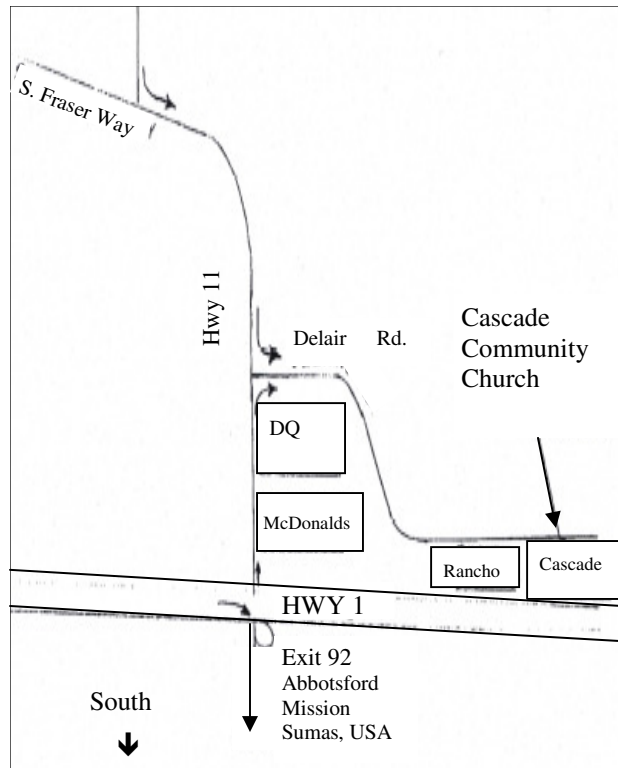
Funded by the Ministry for Children and Family Development

## Fraser Valley Child Care Resource & Referral Programs

Your communities' BEST source of child care information & resources

Abbotsford	604-850-7934
Chilliwack	604-792-4267
Hope	604-869-2466
Langley	604-533-4425
Maple Ridge	604-467-2273
Mission	604-826-6194

[www.ccr.bc.ca](http://www.ccr.bc.ca)



it's all about



ME!

A CONFERENCE FOR  
PEOPLE WHO CARE ABOUT  
CHILDREN

**SAT. MARCH 3, 2012**

Sponsored by  
Fraser Valley

**ccrr**  
Child Care Resource & Referral

# Registration Form

*Please print clearly!*

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

I am here as a (please check one)

- Child Care Provider
- Parent
- Other \_\_\_\_\_

## Cost

- \$45.00 if postmarked on or before Feb 17th
- \$65.00 after Feb. 17th
- Lunch is included

- **Please make cheque payable to It's All About Me**
- **Mail registration form and cheque to:**

Shelly Hayes  
7112 Vedder Rd.  
Chilliwack, B.C. V2R 3T6

Any questions please call Shelly at 604-847-2241  
or email hayess@comserv.bc.ca

# Workshop Description

**KEYNOTE: 8:45—9:30**

**BrainDance: Growing the Brain Through Movement**

The BrainDance is a series of exercises based on fundamental movement patterns infants progress through in the first year of life. These patterns are crucial to the wiring of the central nervous system, laying the foundation for sensory-motor development, reading, writing, socialization and healthy behaviour. In this presentation Barbara Karmazyn introduces the patterns and takes the audience through an energizing version of the BrainDance.

*Barbara Karmazyn is an expressive arts educator and movement specialist who has worked with preschoolers and their caregivers for many years. With expertise in creative process, dance, drama, storytelling, rhythm and art, Barbara has offered numerous workshops in these specialty areas within the early childhood fields and beyond.*

**WORKSHOP ONE 9:45—11:45**

**A Child's Work: Understanding the importance of play and how to nurture it in young children**

The job of a child is to play. Play allows children to begin to understand what they observe in the world around them. Play allows children to 'access' feelings that they may not understand, and/or that may be uncomfortable, frightening, and upsetting. Participants will learn hands-on strategies for connecting with children in the world of play and will have a chance to experience some play exercise, so come prepared for fun! To truly understand children, we need to enter their world through the gateway of play.

**WORKSHOP TWO 1:00—3:00**

**Wrestling, Battling, and G-U-Ns: Understanding Aggressively Themed Play to Support Healthy Outcomes for Children**

Care providers of young children often struggle with the idea of aggressively themed play. This workshop with focus on knowing what the 'experts' have to say; understanding why children seek out these play themes; knowing when the themes are emotionally 'safe'; and supporting children in developmentally healthy play.

*Dr. Lapointe currently works in private practice with babies/children and their parents. All of Vanessa Lapointe's workshops have at their core a focus on encouraging hope, nurturing resiliency, and awakening a collective drive for professionals and parents to be the best they can be for our children.*

# Schedule

**8:15—8:45 Registration**

- Refreshments
- Marketplace shopping (8:15— 1:00)

**8:45—9:30 KEYNOTE: BRAINDANCE: GROWING THE BRAIN THROUGH MOVEMENT**

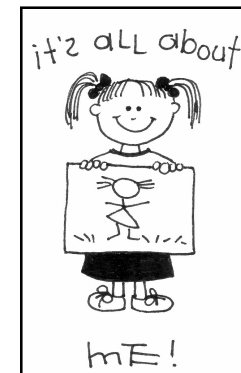
**9:30—9:45 Break**

**9:45—11:45  
A CHILD'S WORK**

**11:45—1:00 Lunch** (provided) and shopping

**1:00—3:00  
WRESTLING, BATTLING, AND G-U-NS**

**3:00** Conference attendance certificates



**Please note: Water only in the sanctuary so do bring your own water bottle**