

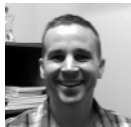
BOOT CAMP FOR COUPLES

Workshop Series

This workshop series, based on well-documented and researched principles, is designed for couples at all ages and stages of life. With the help of trained professionals, couples will learn how to:

- **ENHANCE FRIENDSHIP**
- **MANAGE CONFLICT**
- **COMMUNICATE EFFECTIVELY**
- **INCREASE INTIMACY & CONNECTION**

Core Faculty



Dr. Cheryl Ainsworth • Dr. Rob Lees • Mike Ayers, MA • Mark Vegh, MC • Marie Amos, MA

SPRING 2015 DATES • CHILLIWACK SENIOR SECONDARY

February 20 & 21..... Couples' Communication
March 6 & 7 Handling Conflict
April 10 & 11..... Enhancing Connection

To register or for more information, visit our website at:

WWW.BUILDINGHEALTHYRELATIONSHIPS.NET

or call Carol at 604-792-2760.

Scholarships available to those who qualify.

These workshops are intended to be educational only and are not intended to replace professional counselling. Co-sponsored by University of the Fraser Valley (UFV), Trinity Western University (TWU) Graduate Program in Counselling Psychology, the Ministry of Children and Family Development, Ann Davis Transition Society and local counselling agencies & churches. Although supported by some communities of faith, program content is not related to religion, but is based on university research on relationships.