

A "Sibshop" is a lively celebration of the many contributions made by brothers and sisters of kids with special needs. Through a unique combination of information, games and activities, a Sibshop provides an opportunity for siblings to:

- Meet other brothers and sisters of children with special needs in a relaxed, recreational setting.
- ◆ Talk about common joys and concerns with others who know what it's like to have a brother or sister with a disability.
- ♦ Learn how others handle situations commonly experienced by siblings of children with special needs.
- Make new friends and have lots of fun!

Sibshops acknowledge that being the brother or sister of a person with special needs has both good parts and not-so-good parts. Brothers and sisters may have feelings that are difficult to express, even to a friend: sadness that a sister can't learn things that others take for granted, anger when a brother's behaviour problems prevent the family from doing things other families do, or the special pride when a sibling with a disability learns a basic but important life skill after months or years of practice. At a Sibshop, siblings can share these feelings with others who truly understand.

Chilliwack Sibshop:

Please join us for lively discussions and activities including: Three Wishes, Graffiti Wall, Last Details, Mouse Trap and a whole lot more!



For Siblings Aged 8-12 years

Fraser Valley Child Development Centre

45474 Luckakuck Way

Chilliwack

Ph: 604-824-8760 Extension 246

Date: July 9, 2015

Time: 10:00 am - 2:00 pm

Cost: \$10.00

LUNCH PROVIDED

Please contact Danielle Edmonson at 604-824-8760 Extension 246 for questions or to register.

For more information on sibling issues, check out the following web-sites:

- ♦ The Sibling Support Project
 - http://www.thearc.org/siblingsupport/welcome
- Children With Disabilities: Understanding Sibling Issues http://www.athealth.com/Consumer/disorders/disabsibling.html
- ♦ Focus on Siblings

http://www.ftnys.org/focusonsiblings.htm



Helping Kids Shine