

Chilliwack Family Resource Programs
and the
Chilliwack Effective Parenting Committee

sponsored by Sardis Kiwanis

Circle of Security® PARENTING SERIES

8 Week Parenting Series

Thursday Mornings 9 –11am

October 8th - November 26th

Free Child-minding available (limited spaces, please register ASAP)

Light snack provided

Circle of Security is relationship based parenting program developed by clinical professionals over a period of 20 years. It provides parents with a roadmap to understanding their children's needs as well as a guide on how to get there. It is practical, understandable and portioned out in bite-size chunks. The method minimizes the shame and blame cycle and teaches parents reflective functioning. Building on strengths without ignoring the struggles. Circle of Security® trained facilitators are leading this series.



For any parent or caregiver with a child Birth to 6 years

Where: Sardis Family Place

Contact: Debbie Fletcher 604-847-2235

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