

# CHILLIWACK COMMUNITY REFERRAL GUIDE

## FOR CHILDREN AND YOUTH WITH EMOTIONAL/BEHAVIOURAL CONCERNS

|                                       |   |
|---------------------------------------|---|
| Is it an emergency?                   | Chilliwack General Hospital 604-795-4141 or 9-1-1   |
| High risk of suicide?                 | START Program 1-844-START11 OR 9-1-1  |
| Medical Concern?                      | Chilliwack Youth Health Centre (CYHC) Drop-In. Tuesdays 604-819-4603 or Thursdays 604-824-3219 OR refer to family doctor  |
| Mental Health Concern?                | Children and Youth Mental Health (CYMH) 604-702-2300 Walk-in Clinic Tuesday 5pm to 7pm and Wednesdays 9am to 1pm. Ages 0-19   |
| Substance Use?                        | Chilliwack Addiction & Prevention Services (CAPS) 604-795-5594  |
| Grief/Loss?                           | Chilliwack Hospice Society 604-795-4660   |
| Counselling Support?                  | Chwk Comm. Services 604-792-4267 OR Chilliwack Youth Health Centre (CYHC) Drop-In Tuesdays: 604-819-4603 or Thursdays 604-824-3219  |
| Parenting Help?                       | Chilliwack Community Services 604-792-4267  |
| Parental Mental Illness?              | Adult Mental Health 604-702-4800 OR Kids in Control (CYMH) 604 778-903-2752   |
| FASD/ASD?                             | Fraser Valley Child Development Centre 604-824-8760   |
| ADHD/Behavioural?                     | Confident Parents: Thriving Kids Program (Ages 3-12) Physician referred   |
| Suspected Psychosis?                  | Early Psychosis Intervention (EPI) 1-866-870-7847   |
| Divorce or Separation?                | Ann Davis Society 604-792-2760 OR City Life Centre 604-792-0694 OR Family Justice Centre 604-795-8257   |
| Family Violence?                      | Ann Davis Society "Children Who Witness Violence" 604-792-2760  |
| Sexual Abuse?<br>Protection Concerns? | MCFD Child Protection 604-702-2311 OR RCMP 604-792-4611 OR Chwk Comm. Services, Sexual Abuse Intervention Program 604-792-4267  |
| Homeless?                             | Cyrus Centre 604-795-5773   |
| Local Online Resources?               | <a href="http://www.childandyouth.com">www.childandyouth.com</a> <a href="http://www.chilliwackyhcc.com/resources">www.chilliwackyhcc.com/resources</a><br><a href="http://www.infochilliwack.com">www.infochilliwack.com</a> |