

A **"Sibshop"** is a lively celebration of the many contributions made by brothers and sisters of kids with special needs. Through a unique combination of information, games and activities, a Sibshop provides an opportunity for siblings to:

- Meet other brothers and sisters of children with special needs in a relaxed, recreational setting.
- Talk about common joys and concerns with others who know what it's like to have a brother or sister with a disability.
- Learn how others handle situations commonly experienced by siblings of children with special needs.
- Make new friends and have lots of fun!

Sibshops acknowledge that being the brother or sister of a person with special needs has both good parts and not-sogood parts. Brothers and sisters may have feelings that are difficult to express, even to a friend: sadness that a sister can't learn things that others take for granted, anger when a brother's behaviour problems prevent the family from doing things other families do, or the special pride when a sibling with a disability learns a basic but important life skill after months or years of practice. At a Sibshop, siblings can share these feelings with others who truly understand.

Chilliwack Sibshop:

Please join us for lively discussions, crafts and fun activities, lunch will also be provided.



For Siblings Aged 8-12 years Fraser Valley Child Development Centre 45474 Luckakuck Way Chilliwack Ph: 604-824-8760 Extension 246

Date: July 5, 2016 Time: 10:00 am – 2:00 pm Cost: \$10.00

LUNCH PROVIDED

Please contact Danielle Edmondson at 604-824-8760 Extension 246 for questions or to register.

For more information on sibling issues, check out the following web-sites:

- The Sibling Support Project
- http://www.thearc.org/siblingsupport/welcome
- Children With Disabilities: Understanding Sibling Issues <u>http://www.athealth.com/Consumer/disorders/disabsibling.html</u>
- Focus on Siblings
- http://www.ftnys.org/focusonsiblings.htm



