

# People with Lived Experience and Family Members

How to have your voice heard in Mental Health & Substance Use Services.



## What do Community Advisory Committees do?

- Raise the voice of People with Lived Experience and Family Members to provide information, recommendations, and feedback to Fraser Health on Mental Health & Substance Use services
- Provide a forum to communicate and discuss current issues

## Why participate?

- Connect and have a sense of community with other People with Lived Experience and Family Members in your area
- Build confidence and be part of positive change

### Interested? Please contact:

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Fraser Health Communities with Advisory Committees: Abbotsford, Burnaby, Chilliwack, Delta, Hope/Agassiz, Langley, Maple Ridge, Mission, New Westminster, Surrey, Tri-Cities, White Rock



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