



# Kid's Korner

## Summer 2016



## Play garden

### Making a Play Garden

Turn over a little semi-circular patch of dirt for your garden. You can use bricks to mark out the edges of your garden area, or some low fencing. Depending on your soil, take children on a field trip to your local garden center to purchase a bag of compost, few plants (such as flowers, lavender, some nice smelling herbs...) and mini gardening tools for children to play with.

Add watering cans, clay and plastic pots, rocks, buckets, shovels.....let the fun begin.

### Chalk Dress-Up Dolls

Start by tracing child's body with chalk –outside on a cement patio?

Let children fill in the details like eyes, nose, ears, mouth, hair....

Bring out a bag of clothes (used, or donated) don't forget to include shoes, flip flops.

Let children dress and undress their dress-up dolls.



### Rock Caterpillar

#### What you need:

Rocks, twigs, acrylic paint, disposable sponge brushes, permanent marker, glue gun, googly eyes, Head outside to find twigs and rocks (each child needs about 6 rocks) for their caterpillar.

Get children to paint their rocks in multiple colours, let dry. Draw a face on your caterpillar's face and glue antennas on top of the head. Assemble caterpillar and glue together. Enjoy!

### Homemade Bubbles

#### What you need:

1/2 cup dishwashing detergent (Dawn)

4 1/2 cups water

4 tablespoons glycerin

The longer the mixture sits before using, the better results you'll see.







## Homemade Butter

### What you need:

Small baby food jars, Whipping cream, salt

### How to make butter:

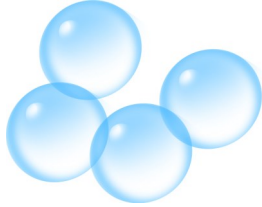
1. Fill your jars half way with whipping cream.
2. Put the lid on tightly and **shake** your jar like crazy!
3. Shake and shake some more, and keep shaking. After a few more minutes, you will hear liquid sloshing around in the jar.
4. Shake it for another minute or so, until the butter is a solid mass. Pour off the buttermilk (the liquid in the jar).
5. To finish—rinse your butter under cold water kneading it as you rinse.
6. If you like you can add a dash of salt, spread on toast, and enjoy! Mmmmmmmmm!



## Bubbles Flew Over the Ocean

Sung to: "My Bonnie lies Over the Ocean"

My Bubbles flew over the ocean  
My Bubbles flew over the sea  
My Bubbles flew over the rainbow  
Oh come back my bubbles home.  
Come back, come back,  
Oh come back, my bubbles to me!



## Sing a Song of Sunshine

Sung to: "Sing a Song of Sixpence"

Sing a song of sunshine,  
Be happy every day.  
Sing a song of Sunshine,  
You'll chase the clouds away,  
Be happy every moment,  
No matter what you do,  
Just sing and sing and sing and sing,  
And let the sunshine through.



## Fro-yo on a Stick

Serves four children

### What you need:

- 1 cup plain yogurt
- 1 cup fresh or frozen fruit-blueberries, strawberries, peaches, cherries....
- 1-2 tbsp. Honey (for children younger than 12 months old, substitute corn syrup for the honey)
- 4 popsicle sticks
- 4 5 oz. paper cups
- Aluminum foil

Place the yogurt, fruit, and honey in a blender.  
Blend to the desired consistency.  
Pour into paper cups, filling them three-quarters full. Cover the cups with foil. Make slits in the center of the foil covers and insert Popsicle sticks.  
Put in the freezer for about five hours or until frozen solid.



## Fruit Kebab

### What you need:

Long wooden skewers (cut in half)  
Assorted fruit (apples, bananas, strawberries, blueberries, grapes, pineapple chunks....)  
Thread fruit onto skewers and serve with yogurt dip.

### Yogurt dip:

2 cups plain or vanilla yogurt  
1/4 cup honey  
1/2 tsp. ground cinnamon  
In medium bowl stir together yogurt, honey and cinnamon.

