



Chilliwack Youth Health Centre



The Chilliwack Youth Health Centre and Stó:lō Service Agency invite YOU to the CYHC site at the Stó:lō Wellness Centre to speak with our hosts, doctors and counselors.

Do you have questions about what services we provide and to who? Want to check out what the Centre looks like so you can let youth know?

## **CYHC OPEN HOUSE**

When: September 20, 12:30-2:00pm

Where: Stó:lō Wellness Centre  
7201 Vedder Rd, Chilliwack, V2R 4G5

Drop-in at any point between 12:30-2pm. A light lunch and refreshments will be available!





## Chilliwack Youth Health Centre

The Chilliwack Youth Health Centre has two sites dedicated to wellness for youth and young adults ages 12-26 years. You don't need a referral, it's free, confidential, and you can drop-in. Teams of service providers can address your medical and mental health needs. Come see us for anything from acne to sexual health to counselling for issues related to anxiety, depression, substance use, gender identity, family conflict, peer conflict, and school and life planning. Both sites run Tuesday afternoons with counselors and a family doctor on site.

Additionally, we have access to two specialists, one at each site. With a family doctor also on site, direct referrals can be made to the Pediatrician or Psychiatrist (that means a youth might walk in and see a specialist in the same day!)

- Neighbourhood Learning Centre: A Pediatrician is on site every Tuesday from 3-6pm. She specializes in behavioral intervention, school integration, anxiety and depression, and coping skills.
- Stó:lō Wellness Centre: A Psychiatrist, who will see patients up to age 26, is on site every two weeks from 2-5pm. He specializes in complex youth and young adults which could include those that are bipolar, schizophrenic, and/or have severe OCD, and likely require medication.

Location: Neighbourhood Learning Centre (attached to Chilliwack Senior Secondary)

Address: 46361 Yale Rd, Chilliwack, V2P 2R1

Date and Time: Every Tuesday from 1-7pm

Providers on site: Counsellors, Family Doctor (4-6pm), Pediatrician (3-6pm)

Phone: 604-819-4603

Email: [chilliwackyouthhealthcentre@gmail.com](mailto:chilliwackyouthhealthcentre@gmail.com)

Location: Stó:lō Wellness Centre

Address: 7201 Vedder Rd, Chilliwack, V2R 4G5

Date: Every Tuesday from 2pm-5pm

Providers on site: Counsellors, Family Doctor, Psychiatrist (every 2<sup>nd</sup> week)

Phone: 1-844-827-2473

For the most up to date information, check out our website

at [www.chilliwackyhc.com](http://www.chilliwackyhc.com) or Facebook at [www.facebook.com/chilliwackyhc](https://www.facebook.com/chilliwackyhc)

