



Have you  
heard about...  
thon?

**MEGATHON**



**MEGATHON**



**This November 5,  
challenge yourself.  
Change lives.**

Take on fitness challenges and fundraise  
so every vulnerable kid can get active  
and grow up strong.

Register today at [vanymcamegathon.ca](http://vanymcamegathon.ca)

**South Vancouver:**

Langara Family YMCA  
604.324.9622  
[langaraymca.ca](http://langaraymca.ca)

**Vancouver:**

Robert Lee YMCA  
604.689.9622  
[robertleeymca.ca](http://robertleeymca.ca)

**Surrey:**

Tong Louie Family YMCA  
604.575.9622  
[tonglouieymca.ca](http://tonglouieymca.ca)

**Chilliwack:**

Chilliwack Family YMCA  
604.792.3371  
[chilliwackymca.ca](http://chilliwackymca.ca)

**YMCA of Greater  
Vancouver**

[vanymcamegathon.ca](http://vanymcamegathon.ca)