



BUILDING HEALTHY RELATIONSHIPS

BOOT CAMP FOR COUPLES

This workshop series, based on well-documented and researched principles is designed for couples at all ages and stages of life. With the help of trained professionals couples will learn how to:

- **Increase Intimacy & Connection**
 - **Communicate Effectively**
 - **Enhance Friendship**
 - **Manage Conflict**

Winter Workshops 2017

January 27th & 28th

February 10th & 11th

February 24th & 25th

**Cost: \$100.00 per workshop
or all 3 for \$200.00**

*(Payment accepted at 9046 Young Rd. Cash, Debit,
Credit or Cheque payable to Ann Davis Transition
Society memo BHR)*

To register, or for more information contact:

info@anndavis.org

604-792-2760

www.anndavis.org

Scholarships available to those who qualify

These workshops are intended to be educational only and are not intended to replace professional counselling.

These workshops are a partnership of Ann Davis Transition Society, the Ministry of Children and Family Development, with support from the Graduate Program in Counselling Psychology at Trinity Western University.

Although supported by some communities of faith, program content is not related to religion, but is based on university research on relationships.