

Kids in Control



WHEN: Thursdays @
3:30-5:00pm

WHERE: Youth Health
Centre @ The
Neighbourhood Learning
Centre (46361 Yale Road,
Chilliwack)

For further information or to
make a referral, please e-mail
Nikki Dionne at
KICChilliwack@gmail.com

Support Group for Youth Who Have a Parent with a Mental Illness

Do you know a young person 8 –13 years of age whose parent has a mental illness? (e.g., bipolar disorder, schizophrenia or major depression)

Kids in Control provides knowledge about mental illness in a safe, accepting environment where kids can connect with others who have similar experience.



British Columbia Schizophrenia Society



A Reason to Hope. The Means to Cope.
www.bcscs.org

Many thanks to RBC Royal Bank for their generosity in helping make this program available to children and their families