# FREE Parenting Program

# **Connect Parent Group**

Ministry of Children and Family Development (MCFD)

Are you the parent or caregiver of a 13-17 year old?

Is everything a battle? Feel like what you say doesn't matter?





### CONNECT© An Attachment-Based Perspective on Parenting

Where? Ministry of Children and Family Development, 8978 School Street
When? March 14<sup>th</sup>, 2017 – May 16<sup>th</sup>, 2017 (10 Weeks)
Time: 5:00 - 6:30 PM

#### **Dinner Provided!**

### To register for Connect Parenting, please contact:

Aprille Atsma, MSW Child & Youth Mental Health Clinician Telephone: 604 702-2311 Email: Aprille.Atsma@gov.bc.ca

#### Michael Keough, MA

Child & Youth Mental Health Clinician Telephone: 604 702-2334 Email: Michael.Keough@gov.bc.ca

#### <u>Goals</u>

-To understand your teen's behaviour from a developmental and attachmentbased perspective

-To develop an awareness of relationship issues and patterns

-To learn new skills that strengthen your relationship with your teen

## Limited Seating -Register Now