



# BE CHILL

## A YOUTH PROGRAM

Chilliwack Restorative Justice and Youth Advocacy Association (CRJYAA) have partnered with Studio b. Yoga & More Inc. to offer this **FREE** youth program for both **male and female youth** aged **15-18**. In this program we will focus on our combined values; Balance, Community, Honesty, Integrity, Lifestyle and Learning.

Be Chill is a **FREE** youth program that incorporates the foundations and values of yoga and restorative justice with everyday life skills. Full of educational workshops and fun activities that are designed to engage, empower, and connect Chilliwack youth with each other and within their community.

We have partnered with various local businesses throughout Chilliwack to offer a variety of knowledge and experiences for the youth in this program.

This session will be 8 weeks in length and run the following **Friday's from 3:30pm to 5:00pm:**

- |                          |                      |
|--------------------------|----------------------|
| ➤ March 31 <sup>st</sup> | Balance              |
| ➤ April 7 <sup>th</sup>  | Balance              |
| ➤ April 21 <sup>st</sup> | Community            |
| ➤ April 28 <sup>th</sup> | Community            |
| ➤ May 5 <sup>th</sup>    | Honesty & Integrity  |
| ➤ May 12 <sup>th</sup>   | Honesty & Integrity  |
| ➤ May 19 <sup>th</sup>   | Learning & Lifestyle |
| ➤ May 26 <sup>th</sup>   | Learning & Lifestyle |

**\*\*We ask that you please try and commit to the program in its entirety as it is a FREE program with limited spots available\*\***

**To Apply:** Fill out all attached forms; **application** and **waivers** and submit one of three ways:

- CRJYAA Office: 45877 Wellington Ave. Chilliwack (Downtown)
- Studio b. Yoga & More: #8-45540 Market Way, Chilliwack (Garrison Crossing)
- Via email to: [kaley@restoringjustice.ca](mailto:kaley@restoringjustice.ca)

**\*\* Application Deadline: March 22<sup>nd</sup> at 5:00pm - Participants will be contacted shortly thereafter \*\***



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### Application Form – Please Print Clearly

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Gender: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_

School: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Allergies/Medical Conditions: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone #: \_\_\_\_\_

Parent/Legal Guardian: \_\_\_\_\_

Phone #: \_\_\_\_\_ Alt. Phone #: \_\_\_\_\_

Email: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Why do you want to be a part of this program?

\_\_\_\_\_

What are some of your strengths?

\_\_\_\_\_

What are your hobbies and career interests?

\_\_\_\_\_

STUDIO B YOGA & MORE NEW CLIENT AND WAIVER YOUTH FORM

*\*\*Please note, all of the information on this form is kept confidential.*

REGISTRANT DETAILS:

Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Prov: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

EMERGENCY CONTACT & NUMBER \_\_\_\_\_

Have you practiced yoga before? YES/NO (Please circle)

If YES, for how long? \_\_\_\_\_

Limitations/Injuries: \_\_\_\_\_

How did you hear about Studio B? \_\_\_\_\_

WAIVER

I hereby waive any and all claims I may have against Studio B Yoga and More Inc. and its instructors, and release them from all liability and agree not to sue for any personal injury, death or damage to the person or property or loss sustained as a result of my participation in any classes or activities and or arising out of or in connection with the use of any services and facilities of/or provided by Studio B Yoga and More Inc.

If you have any concerns whether yoga or physical activity is suitable for you or if you have an injury or condition, please consult your physician before beginning your yoga practice or physical activity. I accept that neither the instructor, nor the hosting facility is liable for any injury, or damages, to person or property, resulting from the taking of the class.

Participants under 18 years of age must have this form signed by a parent or guardian.

Date \_\_\_\_\_ Client Signature \_\_\_\_\_ Print Name \_\_\_\_\_

Date \_\_\_\_\_ Guardian Signature \_\_\_\_\_ Print Name \_\_\_\_\_



**CHILLIWACK RESTORATIVE JUSTICE  
AND YOUTH ADVOCACY ASSOCIATION**

**Photography Release Form**

This document confirms the agreement between you and Chilliwack Restorative Justice and Youth Advocacy Association (CRJYAA) regarding your participation in approved CRJYAA activities in which you may be photographed or videotaped (the Property) from time to time.

For valuable consideration received, you hereby irrevocably grant to CRJYAA perpetually, exclusively, and for all media throughout the world (including print, film, slides, non-theatrical, home video, CD-ROM, internet and any other electronic medium presently in existence or invented in the future), the right to use and incorporate (alone or together with other materials), in whole or in part, photographs or video footage taken of you as a result of your participation in approved activities of CRJYAA.

CRJYAA or its designee shall have complete ownership of the Property in which you appear, including copyright interests, and you acknowledge that you have no interest or ownership in the Property or its copyright. The Property will be provided to media outlets for their unrestricted use, indefinitely. CRJYAA does not have control of the material once it is disseminated. This grant includes the right to use the Property for promoting or publicizing any of the uses. You hereby agree that you will not bring or consent to others bringing claim or action against CRJYAA on the grounds that anything contained in the Property, or in the advertising and publicity used in connection herewith, is defamatory, reflects adversely on you, violates any other right whatsoever, including, without limitation, rights of privacy and publicity.

You hereby release CRJYAA, its directors, officers, successors and assigns from and against any and all claims, demands, actions, causes of actions, suits, costs, expenses, liabilities, and damages whatsoever that you may hereafter have against CRJYAA in connection with the Property.

This agreement shall not obligate CRJYAA to use the Property or to use any of the rights granted hereunder, or to prepare, produce, exhibit, distribute or exploit the Property.

CRJYAA shall have the right to assign its rights hereunder, without your consent, in whole or in part, to any person, firm or corporation.

AGREED TO AND ACCEPTED this \_\_\_\_\_ day of \_\_\_\_\_, 20 \_\_\_\_.

Participant's Signature: \_\_\_\_\_ Witness: \_\_\_\_\_

Signature of Parent or Guardian: \_\_\_\_\_ Witness: \_\_\_\_\_

Print name of Participant: \_\_\_\_\_

Telephone Number: \_\_\_\_\_