



CHILLIWACK COMMUNITY SERVICES AND CHILLIWACK RESTORATIVE JUSTICE
PRESENT...

S.P.A.R.

Speak Out, Play Out, Action and Relationships

Referral Package

April 4th – June 6th

Tuesdays 3:30 – 5:00pm

Ages 10 – 15

Multiple Locations in the Chilliwack Community

S.P.A.R. Program Description

Chilliwack Restorative Justice and Youth Advocacy Association and Chilliwack Community Services seek to provide a preventative program for youth by connecting them with supportive adults in their community and by providing them with a safe space where ideas and different experience can be shared together. SPAR combines recreational activities with talking circles to provide a unique program.

Circle Information

Part of SPAR will be facilitated in a talking circle: this is a way people in many cultures have traditionally come together to share their stories and talk about important issues. Everyone sits together in a circle, creating a safe, non-judgmental environment where stories and experiences are shared. Sitting in a circle removes barriers, allows for everyone to see each other, and creates a sense of equality and community. A talking piece is also used which allows only the person who has the talking piece to talk, allowing for respectful listening and sharing.

During the circle time, there will be experiential and developmentally appropriate activities that are based on the day's lesson plan. These activities will help to ground learning and have the participants develop a greater understanding of themselves and others.

Recreation Information

The next part of S.P.A.R. will engage youth in pro-social recreational activities. These activities will be purposeful and will relate to the topics that are covered in the talking circle component of the program. These recreational activities will work to develop life skills in the youth such as leadership, risk management, discipline, direction finding and resiliency. These skills will be developed through activities that require both problem solving and teamwork. Recreation activities include: art projects, sport activities, initiative tasks and games.

By having the group working together in the recreation activities— they will begin to put to practice the life skills that will be learned throughout the program and realize that these skills can apply to their everyday lives and through practice and reflection, these youth will actualize these skills at home, school, and in their relationships.

A meal is provided for the participants and depending on the day's activity, lunch will either be a bagged lunch or will be made together in the kitchen. The program will end with a celebration at a surprise location for all successful youth who complete the program.

Post Program Follow-up

Throughout the program, the group will talk about the importance of practicing the skills they learn. As a part of this, the staff and youth will work together to connect youth to the community through mentorship and volunteer opportunities.

Submit this referral package to:

Kristi Van Oosterom

Direct Line: 604.393.3029

Work Cell: 604.793.3591

Email: communitycoordinator@restoringjustice.ca

Program Schedule

Date	3:30PM Circles	4:30PM Rec. Activity	5:30PM FOOD
April 4, 2017	Building Community: creating guidelines, connections and relationships	Low Ropes Course - Camp Still wood	Snacks and Dinner
April 11, 2017	Building Community: communication skills, icebreaker activities	Easter Project and Baking	Snacks and Dinner
April 18, 2017	Collaboration Skills: team building and problem solving activities	Nature Hike Part 1	Snacks and Dinner
April 25, 2017	Self Awareness: identifying emotions, coping skills	Stress Ball Making	Snacks and Dinner
May 2, 2017	Own your own actions: apologies, Ripple Effect, second chances	Nature Hike Part 2	Snacks and Dinner
May 9, 2017	Self- Management: emotional regulation and mindfulness, goal setting	Prism Studio	Snacks and Dinner
May 16, 2017	Encouraging Leadership: what can you do to be a leader?	Volunteer Project – Blue Heron Reserve	Snacks and Dinner
May 23, 2017	Personal Wellness: nutrition, exercise, mind/ body	Farm Tour	Snacks and Dinner
May 30, 2017	Closing Circle Celebration and Feedback	Fire and BBQ at the Fraser River	Snacks and Dinner
June 6, 2017	FUN ACTIVITY—Field Trip	TBA	Snacks and Dinner



CHILLIWACK RESTORATIVE JUSTICE
AND YOUTH ADVOCACY ASSOCIATION



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SPAR Program Parental/Guardian Consent and Waiver Form

I _____ give permission for my son/daughter/ward
_____ to attend the SPAR Program

Date: April 4th – June 6th

Location: multiple locations in the Chilliwack community

Experience has shown that in connection with youth activities, there are times when illness or accidents may occur and immediate surgical or medical attention is necessary. I give my permission for the Chilliwack Community Services/Chilliwack Restorative Justice staff member in charge, or designate, to make arrangements for qualified surgical or medical attention for my son/daughter/ward in the event of an emergency without my prior approval. I understand that I will be notified by the quickest means possible if this authority is exercised.

I have read and understood the above information. I acknowledge that the program involves a degree of risk that could result in injury, death, loss or damage to person or property, and I understand that my son/daughter/ward is participating in the above program at his or her own risk. After carefully considering the risk involved and in view of the fact that Chilliwack Community services and Chilliwack Restorative Justice are non-profit organizations, I hereby release, hold-harmless and waive all claims associated with this program which I may have against Chilliwack Community Services and Chilliwack Restorative Justice, its employees, officers, directors, agents, volunteers and members. I have read about the nature of the program and hereby give my permission for my son/daughter/ward to attend and participate in it. My signature serves as a release and waiver of claim(s) as I am the parent or legal guardian of the above stated child/youth.

Parent/Guardian Name (Print): _____ Relationship: _____

Parent/Guardian Signature: _____ Date: _____

Contact Phone #: _____ Address: _____

Alternate Contact & Phone #: _____ Email: _____



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Photography Release Form

This document confirms the agreement between you, Chilliwack Community Services (CCS), and Chilliwack Restorative Justice and Youth Advocacy Association (CRJYAA) regarding your participation in approved CRJYAA/ CCS activities in which you may be photographed or videotaped (the Property) from time to time.

For valuable consideration received, you hereby irrevocably grant to CRJYAA/ CCS perpetually, exclusively, and for all media throughout the world (including print, film, slides, non-theatrical, home video, CD-ROM, internet and any other electronic medium presently in existence or invented in the future), the right to use and incorporate (alone or together with other materials), in whole or in part, photographs or video footage taken of you as a result of your participation in approved activities of CRJYAA/ CCS.

CRJYAA/ CCS or its designee shall have complete ownership of the Property in which you appear, including copyright interests, and you acknowledge that you have no interest or ownership in the Property or its copyright. The Property will be provided to media outlets for their unrestricted use, indefinitely. CRJYAA/ CCS does not have control of the material once it is disseminated. This grant includes the right to use the Property for promoting or publicizing any of the uses. You hereby agree that you will not bring or consent to others bringing claim or action against CRJYAA/ CSS on the grounds that anything contained in the Property, or in the advertising and publicity used in connection herewith, is defamatory, reflects adversely on you, violates any other right whatsoever, including, without limitation, rights of privacy and publicity.

You hereby release CRJYAA/ CSS, its directors, officers, successors and assigns from and against any and all claims, demands, actions, causes of actions, suits, costs, expenses, liabilities, and damages whatsoever that you may hereafter have against CRJYAA/ CSS in connection with the Property.

This agreement shall not obligate CRJYAA/ CSS to use the Property or to use any of the rights granted hereunder, or to prepare, produce, exhibit, distribute or exploit the Property.

CRJYAA/ CSS shall have the right to assign its rights hereunder, without your consent, in whole or in part, to any person, firm or corporation.

AGREED TO AND ACCEPTED this _____ day of _____, 20_____.

Participant's Signature: _____ Witness: _____

Signature of Parent or Guardian: _____ Witness: _____

Print name of Participant: _____

Telephone Number: _____



S.P.A.R

Speak Out, Play Out, Action and Relationships

Referral Form

CLIENT INFORMATION

Last Name:	First Name:	Gender:	Birth Date:	Age:
Current Address:	Contact Number:	Cell Number:		
	School:	Last Grade Completed:		
Legal Guardian:	Contact Number:			

REFERRAL INFORMATION

Referred By:	Organization:		
Referral Date:	Contact Number:	Fax:	
Email Address:	Allergies:	Serious Medical Conditions:	

PROGRAM INFORMATION

Youth is willing to engage in program: <input type="radio"/> Yes <input type="radio"/> No	
What does the youth want to get out of the program:	
<p>Youth identified areas of strength:</p> <ul style="list-style-type: none"> <input type="radio"/> Ability to communicate needs/ feelings <input type="radio"/> Conflict Management <input type="radio"/> Leadership Ability <input type="radio"/> Healthy hobbies/sports/activities <input type="radio"/> Positive friendships/mentors <input type="radio"/> School Performance/Attendance <input type="radio"/> Positive Community Involvement 	<p>Youth identified areas of needing support:</p> <ul style="list-style-type: none"> <input type="radio"/> Ability to communicate needs/ feelings <input type="radio"/> Conflict Management <input type="radio"/> Leadership Ability <input type="radio"/> Healthy hobbies/sports/activities <input type="radio"/> Positive friendships/mentors <input type="radio"/> School Performance/Attendance <input type="radio"/> Positive Community Involvement

S.P.A.R.

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This project is brought to you by partnership of:

Chilliwack Community Services

&

Chilliwack Restorative Justice & Youth Advocacy Association



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