



Mental Health
Commission
of Canada

Commission de
la santé mentale
du Canada

Mental Health
First Aid Canada



MENTAL HEALTH FIRST AID

MHFA Adults who Interact with Youth is intended for an adult audience whose primary focus is youth (aged 14-25). In addition to the four most common disorders discussed in MHFA BASIC, this course includes instruction about eating disorders and deliberate self-injury. Participants who take this course are well prepared to interact confidently about mental health with the young people in their lives, including at schools, extra-curricular activities, social services, family, friends, and communities.

Dates: Aug 28 & 29, 2017
Time: 8:30am – 4:30pm
Location: NLC – Room #1012
Cost: Free for SD33 employees
\$50 (manual fee) for out of district participants

Registration:

- SD33 employees, register on [Perfect Mind](#)
- Out of district participants, email Brandee Jersak at brandee_jersak@sd33.bc.ca

For more information, contact Brenda Calendino (brenda_calendino@sd33.bc.ca)