

FREE Summer Parenting Workshops



Families First Presents...



Triple P Seminars

Seminar 1: Raising Confident, Competent Children

Wednesday, July 12, 2017 1:30 PM—3:00 PM

Seminar 2: Raising Resilient Children

Wednesday, August 2, 2017 1:30 PM—3:00 PM

Location: Neighbourhood Learning Centre

(next to Chilliwack Secondary School)

ROOM 1229, 46361 Yale Road, Chilliwack

REGISTRATION IS REQUIRED

For more information and/or to register please call JOOP: 604.793.7222

OR email: admiraalj@comserv.bc.ca



Be the Best You Workshops

Full of Play: What is true play?

Wednesday, July 19, 2017 1:30 PM—3:00 PM

Full of Feelings: Do we feel our true emotions?

Wednesday, July 26, 2017 1:30 PM—3:00 PM

Full of Rest: What is true rest?

Wednesday, August 9, 2017 1:30 PM—3:00 PM

Location: Chilliwack Community Services

45938 Wellington Ave, Downtown Chilliwack

REGISTRATION IS REQUIRED.

For more information and/or to register please call JANICE: 604.793.7241

OR email: crossj@comserv.bc.ca

