## **READY FOR RESILIENCY**

## PURPOSE

Toolbox for success for a transition into middle school

- Decrease anxiety for boys and girls entering middle school
- Self-esteem and self-image,
- Support growth for healthy life choices
- Build a foundation of confidence for problem solving and decision-making.
- Social and emotional focused

## HOW DOES IT WORK?

Ready for Resiliency is program that runs groups for boys and girls, there are two sessions for each group. They will Run at the Neighborhood Learning Center (NLC) from 10-12 all month of July. There will 10-12 youth, with 2-3 facilitators

## WHAT IS THE PARENTS ROLE?

Parents who allow their child to join this program should show their support of the child's involvement in the program and ensure consistent attendance. Parents will be required to ensure a safe return home of their child after each weekly session. The parent will need to sign an **Informed Consent & Application** before the program begins as well as give information about the child's interests and need's. It is important for a parent to notice how the child reacts to each session and report any concerns to the facilitators immediately. To ensure a positive experience for your child the parent must be open to provide feedback about the child's involvement.

## **Ready for Resiliency**

(Please Print)	
Child's Name:	
Date of Birth:	Phone:
Address:	
City:	
School & Grade:	Teacher:
Parent/Guardian Name:	
Relationship to child:	
Parent E-mail address:	
Parent/Guardian place of work:	
Work Phone:	Cell Phone:
Present marital status of parent/guardian:	
People living in the home:	
	program? (please indicate who will be picking Please pick up your child promptly at 12:00 pl

them up or if they are allowed to walk home. Please pick up your child promptly at 12:00 pm) \*\* Please Note: You will be required to sign you're your child in and out of every session. Please send a note with your child, if you are giving them permission to walk home.

Child's interests and activities (i.e. hobbies, sports, clubs):\_\_\_\_\_

Does your child have any particular challenges or issues they are dealing with at this time?

Please describe your child:	(i.e. personality traits, areas of strengths and weaknesses in their
character or behavior, how	their respond to adults or any further information that may be
necessary.)	

Do you have any questions or concerns about this program?\_\_\_\_\_

I, \_\_\_\_\_\_to partake in the upcoming program Ready For Resiliency

Signature of Parent/Guardian

Date

Child Information – In	Case of Emergency	
Child's Name:		DOB:
Parent/Guardian Name	:	
Address:		
City:	Postal Code:	Home No.:
Cell No	Work No.	:
	f parent/guardian can't be child and/or authorize en	e reached this person is granted nergency treatment)
Name:		
Address:		
		Home No.:
Cell No	Work No.	:
Medical Record		
Physician's Name:	Phone No.:	
Health Card No:		
	ations/allergies/food restricti	

#### **Emergency Release**

In case of accident, illness or surgical emergency to my child \_\_\_\_\_\_, and if lamnot immediately available for consultation and consent, I HEREBY AUTHORIZE AND DIRECT the facilitators to secure proper medical or other related treatment for my child. Facilitators will not be responsible for transportation of my child to hospital. If I am not available to transport my child the facilitators have permission to call for an ambulance.

## All costs incurred are the responsibility of the parent/guardian.

Parent/Guardian Name: \_\_\_\_\_

Parent/Guardian Signature:

Witness Name: \_\_\_\_\_

Witness Signature: \_\_\_\_\_\_ Informed Consent – Ready for Resiliency

I hereby make a formal application to Ready for Resiliency available their service to my child.

In consideration for this service and other valuable consideration provided to my child by Ready for Resiliency, I release the organization of all responsibilities and liabilities in connection to their services provided in good faith, to myself or my child. I acknowledge there are risks associated with any youth program, and I hereby agree to release the facilitators, organization, and facility from all liability arising from any harm or injury incurred by the participation of my child in the program.

I understand that the collection of personal information about me or my child will be held in strict confidence and is to be used solely for the purposes of administering the program.

# I HAVE READ AND UNDERSTAND THIS AGREEMENT. BY SIGNING THIS AGREEMENT, I ACKNOWLEDGE THAT:

I,, the parent/guardian of	
hereby request the service of Ready for Resiliency for my c	hild. I am aware of and understand
the risks, dangers and hazards associated with the above s suitable for my child.	ervice and agree such service is

Signed at \_\_\_\_\_\_this \_\_\_\_\_ day of \_\_\_\_\_\_, 20\_\_\_.

Signature of Parent/Guardian

Signature of Witness

Full Name of Witness (Please Print)