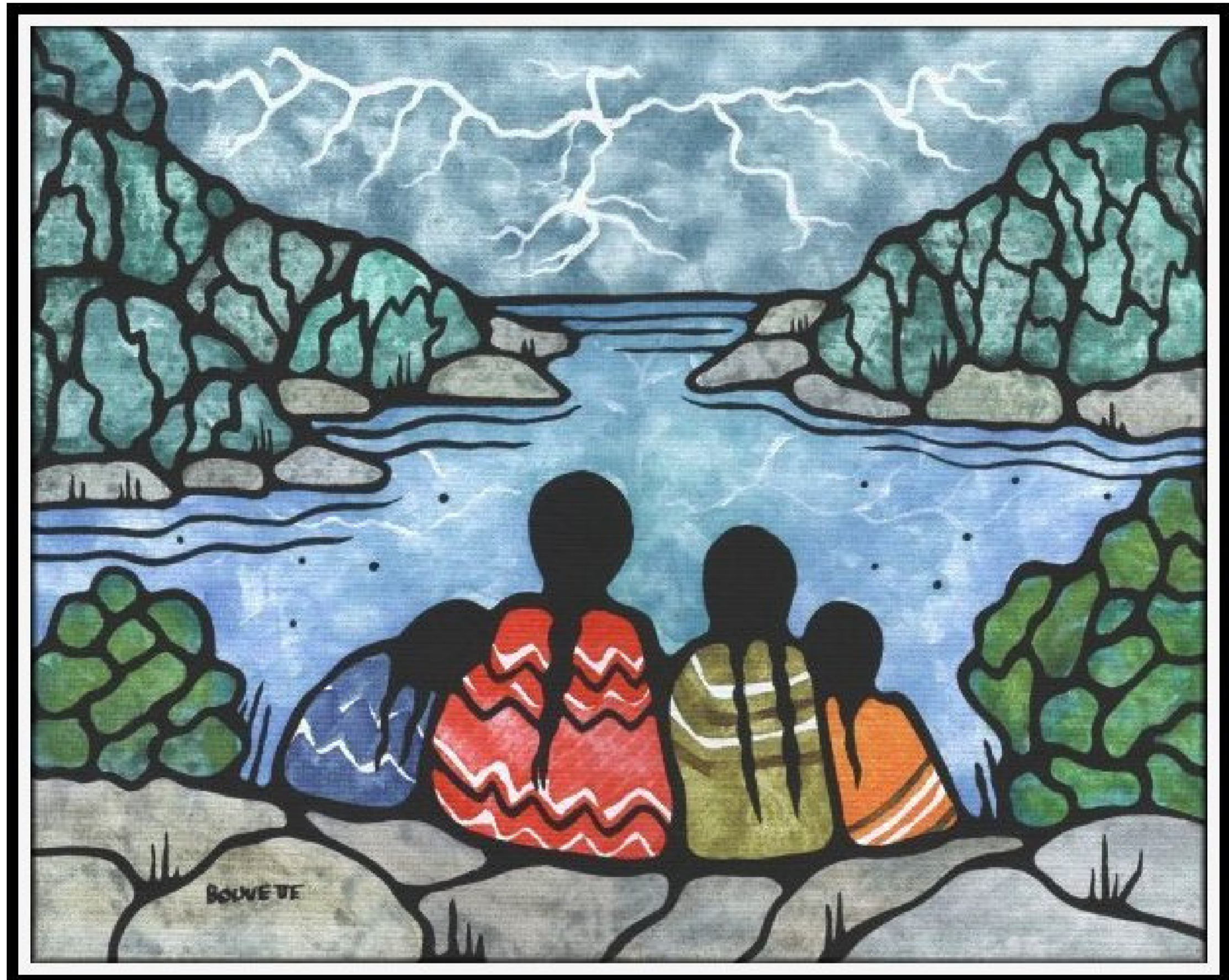


FOUR DIRECTIONS: FAMILY WELLNESS



PLEASE JOIN US FOR A FIVE WEEK INTRODUCTION AS WE
TAKE A TRADITIONAL AND HOLISTIC APPROACH TO
FAMILY WELLNESS.

FACILITATED BY CHRISTINE SEYMOUR AND CHRISTOPHER THOMAS
BEGINS OCTOBER 2ND AT THE NEIGHBORHOOD LEARNING CENTRE
6:00-8:00PM

PLEASE SEND ALL QUESTIONS AND REFERRALS
TO ANTONIA VICTOR AT
ANTONIA.VICTOR@XYOLHEMEYLH.BC.CA OR
604-858-0113