

Circle of Security® PARENTING SERIES

Circle of Security is a relationship based parenting program developed by clinical professionals over a period of 20 years. It provides parents with a roadmap to understanding their children's needs as well as a guide on how to get there. It is practical, understandable and portioned out in bite-size chunks. The method minimizes the shame and blame cycle and teaches parents reflective functioning. Building on strengths without ignoring the struggles. A trained Circle of Security® facilitator will be leading this series.

Thursdays, 9:30 am—11:30 am
January 25 to March 15

Central Elementary School,
9425 Young Road, Chilliwack

To Register phone: 604.792.8539
Email: ccecsc@gmail.com

This is a free program. Childcare provided.

