



December 5, 2017

Neighbourhood Learning Centre; Alumni Hall

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1. Welcome and Introductions.
2. Review of November Minutes
3. Community Protocols – Duncan MacDonald and Brenda Calendino

Members received handouts of updated Suicide Prevention Protocol for review. The Clinical sub-committee has reviewed and updated. For use at agencies on how to approach and child or youth that may be exhibiting suicidal signs. Ongoing training available for service providers through START (Short Term Assessment Response Treatment). A workshop will be taking place at the NLC on January 9. The 3 steps of the document at ASK, ASSESS, ACT. Creates safety and empowers those working with youth. Prevent youth from going to emergency; can often be better served in community. Often a lengthy assessment at the hospital. School District counsellors are being trained on the ASSESS component. Training gives opportunity to practice asking uncomfortable questions. START is a Fraser Health intervention program available 9am-9pm every day. Focused on keeping people out of emergency; will follow people until they are taken up by another agency. START has psychiatric assessment available. START often refers to CYMH. Referrals are made to Children Adolescent Psychiatric Stabilization Unit until ready to re-enter community. Agencies can contact Mary Innis 604.557.2095 to arrange training. The Suicide Prevention Protocol is specific to Chilliwack

Inter-Ministerial “Duty to Report” Protocol follows provincial legislation. Has been reviewed locally by SD#33, MCFD and Xyolhemeylh. Will share with agencies; outlines everyone’s role. Question was raised regarding businesses who go into home and suspect abuse. There is information in community available – some businesses do training around this.



VTRA (Violent Threat Risk Assessment) being updated; more trainings to come. Continue to use the ERASE model. Trainers have been trained within the school district.

Brenda shared example of how protocol's might be used in the event of a critical incident. Electronic versions of protocols will be sent with the minutes and updated on [childandyouth.com](http://childandyouth.com).

#### 4. Sub-Committee Profile – Clinical

When CYC's were originally formed, they came together as Clinical committees to discuss specific incidents and individuals. The CYC has since expanded. Provide Critical Incident Response, Referrals to Adolescent Day Treatment Program and Connect Parenting. The Youth Specific Task Team focusses on high risk youth who are disconnected from the system to ensure they are getting connected.

#### 5. Local Action Team Review – Maggie Aronoff

Created as a response by government to the significant issues around mental health and addictions. Partnership of MCFD, Health, Divisions of Family Practice and Ministry of Poverty Reduction. At one point there were 65 LAT's in place. Many efforts and resources were realized as a result of the work of the LAT. The Chilliwack LAT wraps up December 31. Maggie presented a power point reviewing all the work completed by the Chilliwack LAT. The power point will be included with the minutes.

[Teenmentalhealth.org/toolbox](http://Teenmentalhealth.org/toolbox)

[Learninglinks.ca](http://Learninglinks.ca) – Brain Story certification – impact of childhood events on brain development.

#### 6. Cyrus Centre/Community Services Partnership Proposal

Recognized the need for social recreational activities once a week. Lack of opportunity for vulnerable youth. Will partner with Main Street Church, CCS Youth Worker, Cyrus Centre Youth Worker and Volunteers. Will also do a once a month outing. Will be putting a request to MCFD to cover the cost of "fun". (\$25,000) The program will cover at least 20 youth per week. Very few places in Chilliwack for youth to access youth drop-in.



#### 7. Foster Parent Recruitment – Colleen Johnson

Colleen is a former social worker. Campaign to recruit foster parents was launched mid October. There is a desperate need for foster homes. Needing younger foster parents. “Room in Your Heart. Room in Your Home”. Members are encouraged to get the word out. Colleen provided cards and posters; she is willing to talk with anyone who is interested and has questions. No available foster homes means children can’t be brought into care or removed from community. Used to have 75 foster homes in Chilliwack, currently only have 35. Want to find ways to better compensate foster parents. Screening process issue is a challenge as well. Ministry requirements: age 19-65 and be a citizen or have landed immigrant status.

#### 8. Youth Event Update – Kate Healy

125 youth and 20 facilitators attended. Brent Seal’s presentation was well-received and many of the youth indicated they were inspired. Discussion tables also went well – youth opening up and ready to discuss deep issues. Positive feedback from the youth and said would be beneficial to do annually.

#### 9. Strategic Plan

An updated plan was circulated. Will sign-off at January meeting.

#### 10. Agency Updates

Chilliwack Division of Family Practice – Vita Bella Fundraiser has been the traditional fund raiser for the Youth Health Centre. Have outgrown the space. This year will be at the Chilliwack Cultural Centre, April 18; ticket \$50 plus a silent auction. The YHC had 1500 visits this year; need for fundraising to keep it sustainable.

Housing Hub Proposal – The proposal is receiving good support and feedback. Will be asking for funding. Letters of support are appreciated – biggest strength for the project is the level of community support.

Library – Hosting, Let’s Play and Learn Numbers. Story time every Monday. December 18 – Christmas craft and story time. Mountainview Family Place meets at the Library.



Ann Davis – Youth groups for next year planned. 2 staff going through Connect Parenting Training.

SD#33 – Reconfiguration is a big issue – will be having a series of info nights. Fraser Valley Distance ED – 1 of 60 in the province. Going through a shift and will focus on Chilliwack. “Imagine” for kids with high anxiety. Expanding those types of programs.

PCRS – Brenda Mumford hired as youth counsellor. Running the Substance Affected group. Mobile DWY will be running in Chilliwack in the New Year. Jutta will invite workers to January CYC to share the program. Spaces available for anyone interested in being part of the planning for Chilliwack Connect 2018.

NLC – January should have new projector of the Alumni Hall. Will have the afternoon shift at the front desk covered until June.

Youth Unlimited – Community Report. Have been looking into mobile drop-in. Have made a down payment on a HazMat truck in Alabama.

CCS – Youth Christmas Dinner at St.Paul’s Lutheran. If know of families in need connect with CCS for Christmas Hampers.

Cyrus Centre – Raised over \$30,000 at the last fundraiser.

Fraser Valley Youth Centre – Drop in in Abbotsford and Chilliwack to provide info and supports for LGBTQ2

Chilliwack Learning Society – Have new books available. Currency Marketing has created financial literacy library for ages 16-23. Consists of 30 animated films, handouts and social media. A way to weave financial literacy into work – meant for Chilliwack. “It’s a Money Thing”. CLS FB page will be posting videos. CLS would appreciate feedback on materials.

Bowls of Hope – partnered with Gr.12 students to provide peer mentoring during lunch.



Local Immigrant Services – Provided quick info sheet for immigrants, international students and those new to Chilliwack. Can be downloaded from website.

Independent Schools – Afternoon Adventures will be hosting Christmas Dinner tonight at City Life for Bernard Elem. Families.

School Board – Lots going around regarding SOGI resource – understanding how schools need to be safe and inclusive. It is good to be having conversations around this. Have begun live streaming of meetings which is a positive. Paul expressed his gratitude for the CYC.

YMCA – Construction progress is on track. Will begin recruitment of new staff in the Spring. Youth Works looking for candidates for next cohort. Tara reviewed requirements.

Big Brothers Big Sisters – Change in staff; Nikki Dionne is now the family support worker at Seabird. Whitney will be taking on community based case load.

Next meeting January 9, 2017