



## **YOUTH MATTERS**

### *A subcommittee of the Chilliwack Child and Youth Committee* **Meeting Minutes (Date) – 9:00-10:30am**

**Co-Chairs:** Kate Healey (CCS) and Trevor Wiens (Cyrus Centre)

**Recorder:** Trevor Wiens

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**Present:** Donna Simon, Whitney Sundman, Kristy Jones, Kate Healey, Aileen Mathews, Carson Vogt, Jeff Gates, Karen Steegstra, Maggie Aronoff, Danielle Edmondson (Claudia), Nikki Dione, Jeff

**Regrets:** Tara Cummings, Irene Wesenberg, Kaley Varty, Katrina Ovens

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#### **Welcome & Introductions**

- Round table introductions

#### **VOYCE (Donna Simon)**

- VOYCE youth loved the breakout sessions of the task group event but felt there could be more resources available for youth afterwards.
- VOYCE youth are desiring ways to be involved invested in the community but don't know where to look. It has been noticed that there are fewer youth showing up to meetings and it is believed that this is because many of the youth are task-oriented but without any tasks to complete. There have been conversations by the youth on how to put on an "alternate grad" event.

#### **CYC Update (Karen Steegstra)**

- CYC is still in process of finalizing the update strategic plan. The new plan uses the acronym *ACCESS* represents advocacy, collaboration, community engagement, systems approach, and supporting. The strategic plan will also see an updated logo.
- There is a regional Middle Years forum on February 7, 2018 at the Chilliwack Cultural Center. Deborah Mcnamara is speaking about electronic screen time and its childhood effects. Breakout sessions will cover inclusion and social capital, promoting the support of indigenous students, and gangs.

#### **SEACAT Update (Karen)**

- No updates – no meeting this month.

#### **Youth Transitions**

- No meeting this month. Still trying to get this group well established.

#### **Youth Matters Event Feedback Review (Kate and Task Team)**

- Group discussion about the event. Some thoughts included:
  - About 140 individuals attended. 73 surveys completed by youth. Include what school youth attends on survey next time.
  - Youth arrived early. Need activities for youth when they arrive. Candy served at the end. How can we address the high energy of the group?
  - Breakouts: Felt that Brent set up the workshops well for youth to talk freely and vulnerably; too short; facilities made breakouts challenging (loud, shared space, confusion on where to go)
  - Great food (good that food was served throughout)
  - Needed security/supervision in the facility and more volunteers in general.
  - Resource table was suggested by a couple youth.
  - Started early... how do we occupy time at the beginning?
  - Overall, a very successful event!



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- Had a conversation about future events. Perhaps simultaneously planning a Fall and Spring event with an emphasis that a committed team is needed to make the events happen well.

#### **Service Integration: Agency Updates**

- Youth Works – YMCA – Next session begins December 4. Intakes being completed until January.
- Final month of the Local Action Team.
- On December 4 from 6:00-8:00pm at the NLC there will be coffee, connection, and peer support for parents of youth with mental health/behavioral issues.

#### **New Business**

- Co-Chair still needed. Kate is completing her role as a co-chair by the end of this school year. Trevor is just an interim co-chair.
- General agency updates:
  - Jeff (PCRS) – Day Evening Weekend Youth (DEWY) mobile program is an intensive day treatment program for youth in the Fraser East region. Beginning in January, it will run 4 days per week from 1-5pm in Chilliwack (location TBD). It is based upon a youth's identified goals and does not have to be abstinence based. Jeff is also able to train and hand out take home naloxone kits.
  - Aileen Matthews (CSCL) – CSCL is hosting a fundraiser February 15 at Prospera Centre. The Montreal Canadiens alumni team is playing a team from Chilliwack. Tickets available at cscl.org. From November 28 to December 23, \$1 from every entre after 4:00pm sold at Chilliwack Airport Restaurant and Patio will be donated to CSCL.
  - Nikki Dionne (BBBS) – Nikki is resigning from BBBS and moving to family support worker role at Seabird Island. Whitney will represent BBBS at Youth Matters. Kids is Control is wrapping up.
  - Kristy Jones (PCRS) –A yoga and mindfulness class called Just Breathe is available to schools and other agencies. It's inexpensive, youth friendly, and has an experienced facilitator.
  - Carson Vogt (L2L) –They have a another program beginning soon at another school and two groups graduating shortly. Link to L2L's promo video:  
<https://www.youtube.com/watch?v=YcOEGRE-7-g>
  - Kate (CCS Youth Services) – Youth Services Christmas Dinner is coming up on December 8 from 4:30-7:00pm at St. Paul's Lutheran Church. For youth 12-8.

***ACTION: No December meeting.***

**Next meeting: January 25, 2018**  
**CAPS Office 45921 Hocking Ave, Chilliwack, BC V2P 1B5**