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## CYC News

April 5, 2019

### [Chilliwack Youth Health Centre Fundraiser Run](#)

**April 6** is the second annual run. [Registration link](#); [Bursaries](#) are available for those who can't afford the registration fee.

### [Circle of Security Parenting Series](#)

April 9 to May 28 at Sardis Family Place. For any parent or caregiver with a child/children aged birth to 6 years, this is a relationship-based parenting program which provides parents with a roadmap to understanding their children's needs as well as a guide on how to get there. Building on strengths without ignoring the struggles, Circle of Security® trained facilitators are leading this parenting series. Limited spots available; free childminding.

### **Pregnant in Chilliwack Childbirth Program**

Launches **April 11**. The Chilliwack Division of Family Practice is looking for referrals for this pilot program. While they are asking a \$100 fee for the course, there is the option to request a subsidized spot for your clients, if needed. They are only able to take a certain number of moms (partner/support person welcome to join) so a referral does not guarantee acceptance, but they will be phoned either way to let them know. They are in need of pregnant women (partners welcome) with due dates between roughly June 6-27<sup>th</sup>. Please return referrals no later than April 1<sup>st</sup> to [tarsenault@divisionsbca.ca](mailto:tarsenault@divisionsbca.ca) or fax to Tracey at 604-795-4111. See the list of dates and topics [here](#).

### [Parent Information Series - Mental Health Literacy](#)

**April 11** at Sardis Secondary School. A school-hosted interactive session geared for parents and people who work with youth. This session will introduce parents to the basic concepts in establishing and maintaining positive mental health with their children. Light snacks and coffee will be available. Please bring a friend along.

### **MDI School Report Release Webinar**

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for accessing and sharing school reports, as well as share guidance for using MDI data in school planning.

### [Chilliwack Transition & Resources Fair](#)

**April 24** at the UFV Chilliwack Campus Atrium. The goal of the Transition & Resource Fair is to provide Youth and Young Adults living with Disabilities and their families with information on Education, Community Services, Health, Housing, Transportation, Recreation, Employers and Job-related services and programs. The target demographic for the fair is Middle School to Young Adult (ages 12 to 30). [News release](#).

**Agencies are invited to participate** with a display table, short presentation, or by being a discussion group host ([info & form](#)).

### [Appy Hour - A New Matrix Meal Dinner Event](#)

**April 30** at the Neighbourhood Learning Centre. Join in for some delicious appies, to be seen and heard, to listen, to disagree, to find common ground, to discover new neighbours, and to create a caring Chilliwack where all community members are valued and heard. Presented by Mental Health After School Learning Series.

### [26th Annual Conversation on Chilliwack's Children](#)

**May 3** at the Neighbourhood Learning Centre. The theme is Incorporating Nature in the Client's Journey of Development, Growth and Healing ~ Profiling Local Initiatives. Keynote speaker: Dr. Steve Esau, Director with the Pacific Community Resource Society.

Register [here](#).

### [The ABC's of Childhood Mental Health](#)

**May 14** at the Neighbourhood Learning Centre.

Mental health has taken a central place in the mind of parent, caregivers, educators and other "big people" due to the significant number of children who are struggling. This workshop will explore the reasons for this struggle, the way mental health challenges typically present in children, and most importantly, what can be done to support children towards healthy development and actualizing their fullest potential. Speaker Dr. Vanessa Lapointe.

### [Summer Training and Recreation program \(STAR\) - Ann Davis Transition Society](#)

Now accepting applications ([poster](#))! This program provides youth ages 14-17 with the tools they need to help establish and keep employment, and lead happy, healthy lives. Youth that are interested in learning valuable skills that look great on a resume should apply ASAP as this program fills up quickly! For more information, contact Tammy at 604-792-2760 ext.

214, [twebb@anndavis.org](mailto:twebb@anndavis.org), or [kpotter@anndavis.org](mailto:kpotter@anndavis.org).

## Employment Opportunities

**Chilliwack Community Services:** [Combined Position](#), [Youth Support Worker & Intensive Support](#)

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April 15.

## Resources and Research

[East Fraser 2018 State of the Child Report](#)

[TogetherBC, British Columbia's Poverty Reduction Strategy](#)

[Materials to Order for May 7th National Child & Youth Mental Health Day](#)

[The Opposite of Boring: Eight Things to Care About When Hosting A Community Consultation](#)

[Red Women Rising: Indigenous Women Survivors in Vancouver's Downtown Eastside](#)

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