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CYC News

March 29, 2019

Save the Date of May 3rd for the [26th Annual Conversation on Chilliwack's Children!](#)

The theme is "The importance of incorporating nature in the clients' journey of development, growth, and healing." There has been an increased interest in the healing and therapeutic potential of nature. The beautiful surroundings of Chilliwack have inspired a range of initiatives from community stewardship, Outdoor Preschool, At-Risk Youth Adventures to youth addictions treatment centre programming. We are excited to be joined by Dr. Steve Esau, Director with the Pacific Community Resource Society.

Don't miss the opportunity to **take part in the resource fair!** See the [pdf](#) for participant details.

[FLOH Youth Homelessness Forum](#)

April 1 at the Neighbourhood Learning Centre. This is a FREE event for youth, adults and service providers to discuss youth homelessness in the community of Chilliwack. The forum will be an open discussion event guided by a panel. There will be care packages, food and a resource fair.

[Engaging in Dialogue about Substance Use](#)

April 2 at the Neighbourhood Learning Centre's Alumni Hall. Using dialogue to address substance use means far more than simply talking about drugs. After all, addiction is not simply about drugs. Presented by Chilliwack School District Mental Health After School Learning Series.

[Chilliwack Youth Health Centre Fundraiser Run](#)

April 6 is the second annual run. [Registration link](#); [Bursaries](#) are available for those who can't afford the registration fee.

[Circle of Security Parenting Series](#)

April 9 to May 28 at Sardis Family Place. For any parent or caregiver with a child/children aged birth to 6 years, this is a relationship-based parenting program which provides parents with a roadmap to understanding their children's needs as well as a guide on how to get there. Building on

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Pregnant in Chilliwack Childbirth Program

Launches **April 11**. The Chilliwack Division of Family Practice is looking for referrals for this pilot program. While they are asking a \$100 fee for the course, there is the option to request a subsidized spot for your clients, if needed. They are only able to take a certain number of moms (partner/support person welcome to join) so a referral does not guarantee acceptance, but they will be phoned either way to let them know. They are in need of pregnant women (partners welcome) with due dates between roughly June 6-27th. Please return referrals no later than April 1st to tarsenault@divisionsbca.ca or fax to Tracey at 604-795-4111. See the list of dates and topics [here](#).

Parent Information Series - Mental Health Literacy

April 11 at Sardis Secondary School. A school-hosted interactive session geared for parents and people who work with youth. This session will introduce parents to the basic concepts in establishing and maintaining positive mental health with their children. Light snacks and coffee will be available. Please bring a friend along.

MDI School Report Release Webinar

April 16; register [here](#). Join Kim Schonert-Reichl for a HELP live webinar in anticipation of the release of this year's MDI School Reports. This webinar will prepare school district and school staff for accessing and sharing school reports, as well as share guidance for using MDI data in school planning.

Chilliwack Transition & Resources Fair

April 24 at the UFV Chilliwack Campus Atrium. The goal of the Transition & Resource Fair is to provide Youth and Young Adults living with Disabilities and their families with information on Education, Community Services, Health, Housing, Transportation, Recreation, Employers and Job-related services and programs. The target demographic for the fair is Middle School to Young Adult (ages 12 to 30). [News release](#).

Agencies are invited to participate with a display table, short presentation, or by being a discussion group host ([info & form](#)).

Appy Hour - A New Matrix Meal Dinner Event

April 30 at the Neighbourhood Learning Centre. Join in for some delicious appies, to be seen and heard, to listen, to disagree, to find common ground, to discover new neighbours, and to create a caring Chilliwack where all community members are valued and heard. Presented by Mental Health After School Learning Series.

The ABC's of Childhood Mental Health

May 14 at the Neighbourhood Learning Centre.

Mental health has taken a central place in the mind of parent, caregivers, educators and other "big

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importantly, what can be done to support children towards healthy development and actualizing their fullest potential. Speaker Dr. Vanessa Lapointe.

[Summer Training and Recreation program \(STAR\) - Ann Davis Transition Society](#)

Now accepting applications ([poster](#))! This program provides youth ages 14-17 with the tools they need to help establish and keep employment, and lead happy, healthy lives. Youth that are interested in learning valuable skills that look great on a resume should apply ASAP as this program fills up quickly! For more information, contact Tammy at 604-792-2760 ext.

214, twebb@anndavis.org, or kpotter@anndavis.org.

Employment Opportunities

Ann Davis Transition Society: [Stopping the Violence Counsellor](#), 21-28 hours per week. Closes April 15.

Resources and Research

[The Backbone of Early Years Community Development: A Tribute to BC's Early Years Community Developers](#)

[Balance and connection in BC: The health and well-being of our youth](#)

[B.C. teens struggling more with anxiety, depression: 2018 report](#)

[Supporting Teens with a Trauma-Informed Approach](#)

[Unstructured Play Policy and Position Statements](#) (Canadian Public Health Association)

[Indigenous Early Childhood Development in Canada: Current state of knowledge and future directions](#)

[Survey re: Indigenous Families Experiences with Children and Youth with Special Needs \(CYSN\) services](#)

Submit an item for the newsletter