



Chilliwack
CHILD & YOUTH
Committee

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CYC News

September 6, 2019

[Kids in Control, Starting Soon](#)

An education and support program for children who have a family member with a mental illness. Eight consecutive sessions delivered by trained health workers. Reduces anxiety and relieves fears about the unknown, dispels myths and misinformation, helps build healthy coping strategies. Snack provided. For more information and dates contact Stephanie Roy, 604-378-0460 or kic_chilliwack@outlook.com.

The YMCA has released their September E-Newsletter

Read it [here](#).

Training Opportunities for Service Providers

Tuesdays from 11:00am to 12:30pm at the Neighbourhood Learning Centre.

Contact Robert.lees@gov.bc.ca in advance to ensure sufficient seating.

- September 10: Youth Suicide Risk Assessment, Mary Anna Ennis
- September 17: Early Psychosis Initiative, Shannon White
- September 24: Concurrent Disorders, Jennifer Guitard

See the other sessions [here](#).

[World Suicide Prevention Day event](#)

September 10 at Sto:lo Nation. The theme is collaboration between agencies in the prevention of suicide. There will be animal therapy, talk now booths, games and activities for the whole family, dinner, and a paint night facilitated by artists.

[Information sessions](#) and discussions with Devon Carter, about the **New Spaces Fund**

Chilliwack and Fraser Cascade: September 19 from 10:30am-12:30pm at Alumni Hall in the Neighbourhood Learning Centre.

The fund provides capital funding to those creating new licensed child care centres. You will be provided with examples of successful projects, have time to talk with community partners and

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[Infant Massage at Yarrow Library](#)

Thursdays, **September 19 to October 17**. Learn the power of positive touch with your baby. Through massage, your baby may experience improved digestion, better sleep and stress relief. Register with Coralee Tucker, Fraser Valley Development Centre, 604-824-8760 ext. 3231.

6th Annual Charity Golf Tournament

On **September 22** Chilliwack Bowls of Hope Society raises funds for their **Feed the Children Program**. You can support them by sponsoring a hole, donating silent auction items, or playing in the tournament. Contact admin@ChilliwackBowlsOfHope.com to donate, click [here](#) for event information, or follow this [link](#) to register.

Burger & Beer, Silent Auction Fundraiser

September 28 at The Well in Chances, 6:00pm. Proceeds to **literacy programs** (Chilliwack Learning Society). Buy your tickets [here](#) (\$25) or contact info@chilliwacklearning.com; see the [Facebook event](#).

[Indigenous Learning Through First People's Principles of Learning](#)

Saturday November 2. Participants will have the opportunity to learn about principles of learning that are common to indigenous people throughout British Columbia. This interactive workshop will allow learners to investigate how to incorporate the principles of learning into their own practice. Call Nicole at 604 847-2237 or Diane 604 847-2236 to reserve your spot.

[Save the Date - Pulling Together 2019: Building the Resilient Brain](#)

Children or youth who have experienced trauma, can often present with challenges of emotionally demanding and difficult behavior. Learn to keep calm and keep caring for them even when facing perceived resistance, Find balance, learn strategies and focus on providing healing attachment experiences.

Buy your tickets [here](#).

Employment Opportunities

More coming soon

Resources and Research

[B.C. measles immunization reporting program: what parents need to know](#)

[Canada's Poverty Reduction Strategy – An Update](#)

Webinar: [Engaging Underrepresented Youth](#), by Liz Weaver

[Mindfulness from a Youth Perspective](#)

[Children's Mental Health Research Quarterly: Helping youth who self-harm](#)

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