



October 1, 2019

Neighbourhood Learning Centre, Room 1012

Chair: Dan Bibby & Kate Healey

Recorder: Annette Williams

Present:

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1. Welcome and Introductions

2. Review of September 10 Minutes – Approved

3. Update: Thursday October 3 Federal Election All Candidates Forum

Reminder to attend if you're able and to spread the word. Here's the the [flyer](#) and Chilliwack Progress [article](#).

4. Guest: Tracey Arsenault Chilliwack Perinatal Project

<https://pregnantinchilliwack.ca/> is the new website. The Chilliwack Obstetrics group has reported there have been a number of referrals coming through the site.

The Division of Family Practice will organize the schedules; four cohorts per year are anticipated. Attendees sign an agreement for information about sessions attended be shared with the physician, so that the physician can review with the patient highlights from the missed session(s).

There was an ask for local agencies to consider sponsoring a seat ongoing at \$175 to help offset the costs of the group moving forward.

5. Agency Updates

BC Responsible & Problem Gambling

In addition to “traditional” gambling awareness, they also talk about Video Gaming and Social Media use awareness. Donna is doing social media presentation for a treatment centre and for parents.

DPAC

A Statement of Opposition has been submitted for the planned pipeline.

A session has been held for DPAC participants, to learn about roles and advocacy.

Ann Davis Transition Society

Youth in Transition program is running.

School District

Mental Health initiatives are starting up.

School Board

Riverside is expected to open in 2022, the Integrated Art School in 2021.

Fraser Health

Planning for the November 20th Mental Health event is underway. It will involve leadership from youth.

Vaping education is occurring in independent and high schools for staff, youth, and parents.

Tobacco and Vapour Products reduction are grants available up to \$5,000; [application](#) deadline is October 18th.

Cyrus Centre

Their annual [Homecoming Gala](#) is November 15th.

From November 1, 2019 to March 31, 2020 the temporary shelter opens, which houses up to 20 youth at a time (aged up to 24 years).

In the Pathways engagement project youth and young adults share their experiences of what it's like to go through substance use. A report on it will be presented to CYC in a couple of months.

CYSN

New [website](#) on Autism Spectrum Disorder.

YMCA

They have received funding for a Youth Employment program called [Youth BEAT](#), starting in November, for people ages 18-24 who are experiencing mental health barriers. The YMCA is hiring for the program this week.

[MindFit](#) for youth 13-17 is looking for more people to participate; the minimum is 6 people, but very few have signed up.

Enrollment is also low for the [Teen Mindfulness Group](#), delivered in partnership with the Chilliwack Youth Health Centre.

Sardis Library

[Family Place Drop-in](#) occurs at the library on Tuesdays 10:00-11:30am.

BabyTime is on Wednesdays at 9:30am.

Here is the Kids Storytime [schedule](#).

Not many youth from Mt. Slessie are yet attending the yoga program started for the ones who wait in the lobby.

[Stranger Things Escape Room](#) occurs October 21-23, 2:00-8:00pm, ages 13+. Registration is now open.

RCMP

[Purple Light Nights](#) is tonight (to remember survivors of domestic violence).

The Crime Prevention Fair is November 2nd from 10:00am to 2:00pm at Evergreen Hall.

On November 5th there's a Detachment Open House.

Coffee with a Cop occurs about once a month – the public are welcome to attend. Information will be available when the next date and location are confirmed.

Neighbourhood Learning Centre

Schools are being used for elections: 12 sites for Oct 21st election, 7 sites for Oct 11-14 advance polling.

It's a busy year for bookings, so give as much notice as possible if you wish to book.

They're dealing with challenges on properties around homelessness.

The [Community Cupboard](#) has a new home in the basement of the Victory Church. It has food, clothing, housewares, etc for families. They are accepting donations.

CCS

Youth Services Promontory and CSCL drop-in programs are growing and being publicized.

Applications for Youth Advisor Committee participants are now closed. There are many great candidates from all over Chilliwack.

The [Breastfeeding Challenge](#) is this Saturday at the NLC. Every year, on the fortieth Saturday of the year at 11:00 am, mothers and children unite at different sites around the world to

compete in the annual Quintessence Breastfeeding Challenge to set a record for the most children breastfeeding at one time. The Challenge strives to increase public awareness of the normality of breastfeeding, the benefits to mother, child and community and the ways in which women need support to achieve the recommended duration for breastfeeding. Chilliwack was #1 in the world in 2018.

MCFD

The report rate of suspected child abuse situations has increased with the start of school, which is usual. The Ministry's first priority is to keep children with their families, then if not possible at the time then other options are explored,

A presentation was made last week to school administrators about the reporting process for phoning in new complaints. There is a new line for complaints, 1-800-422-4453, the wait time is 9 seconds. If the concern is a Chilliwack matter then information will be sent to Chilliwack through a process. 50 new complaints are received per month. Agencies are encouraged to call MCFD if they will potentially be involved in a complaint, which is preferential to being brought into a conversation if/after the situation escalates.

6. CYC 2019/20 Strategic Planning

See attached.

7. Sub-Committee Updates

Primary Prevention: Jocelyn Thomas – presented by Tara Cummings

Going forward with youth vaping prevention strategies and harm prevention around youth access to porn.

Early Years Table: Christy Brown – presented by Helen Edwards

Central Gateway Society school has opened an afternoon preschool, beginning two days a week, with the same staff as the recently closed CCS operated preschool.

Middle Years: Clara Penati

No update.

Youth Matters: Tara Cummings

Nicci is the new co-chair. They're looking at wellness initiative(s) toward spring 2020.

Clinical: Helen Edwards

No update.

8. Middle Childhood Community Assessment Forum Update

A forum is being considered for January 2020.

9. McCreary Childhood Community Assessment Forum Update

Two forums are being planned, one in November 2019 on the topic of the 2018 Middle Years survey, one in February 2020 around the McCreary Adolescent survey. They will build on June's CYC meeting presentation.

10. UBC Fall Expo: EDI Survey Review November 5

A review of [Early Development Instrument\(s\)](#) will occur at this expo. For the past 14 years Kindergarten teachers have completed surveys about their students. This process is now coming to an end. At the [forum](#) there will be a review of what the data has revealed over the year, trends, and projections for the future.

11. Regional CYC: September 20 meeting report back

Broad regional agencies are invited to attend the forum, which is a report back from various community CYC's and other agencies.

12. Other Announcements

Save the Date – Cities Fit for Children Conference

Event is May 11-13, 2020. A save the date card was circulated. The CYC [Facebook page](#) is now dedicated to the conference, and managed by Jewel Hand, conference coordinator.

This conference is in place of the 2020 CYC Conversation.

Sponsorship from agencies is being sought – will include discount for seats.

[Volunteer Fraser Valley Resource](#) – contact them if you're looking for volunteers or for volunteer engagement support.

Next meeting: November 5, 2019 in NLC's Alumni Training Room

Dr. Alex Choi will attend; Cyrus Centre and Xyolhemeylh are presenting.

CYC Strategic Action Plan Review

Goal 1 – Increasing Interagency Understanding

Strengths:

- Increased membership
- More agency visitors - agencies are bringing new staff to monthly meetings
- Weekly newsletter continuation & CYC email updates
- Networking at CYC meetings
- Agency profile times at CYC meetings
- There have been 8 Every Door is the Right Door sessions with more than 600 professionals attending. Next one in February, hosted by the Youth Health Centre at the NLC's Alumni Room.
- Every Door is the Right Door (EDRD) training continues, Youth Health Centre will help facilitate, goal of 1-2 sessions per year
- CYC Conversation information tables
- Co-sponsoring Cities Fit for Children
- Administrative assistance
- Various agency open houses
- Agency updates at meetings
- Through meetings, newsletter, connections, identification of service gaps and duplication of services

Gaps:

- Not as many agency open houses this past year
- Loss of Coordinator
- Have agencies give name and organization prior to giving updates
- Longer networking break
- More training opportunities (EDRD)
- Promote CYC Facebook more
- Possibilities to support different agencies in CYC newsletter or email to members re funding etc.
- Send new staff out to interview each agency to give more fulsome perspective of the work (tours and 1-1 orientation)
- Agencies to take turns presenting a brief spotlight presentation about what they do
- More regular website updates
- Promote website and Facebook page to staff

Goal 2 – Becoming a Trauma Informed Community

Strengths:

- Non-Violent Communication workshops, 1-2 times/year. October 30 is the next one. Now titled Trauma Informed Communication. Primary Prevention was the main driving force.

- Trauma-Informed Community Practice monthly meetings, Hosted by MCFD, held at CCS
- Clinical subcommittee
- Primary Prevention Committee
- Sexual Exploitation Awareness Community Action Team

Gaps

- Shortage of CYC meeting presentations around Trauma
- SEACAT committee members could do trauma session
- More accessibility to Trauma Informed table – perhaps trauma-informed practice fair?
- Need more promotion around monthly Trauma-Informed sessions
- Need Trauma-Informed education with public (ie: Fair)
- Talk more about self-care at monthly meetings; self-care contest over the summer and report back; YMCA has good self-care options
- More training opportunities
- More time to work on goals and updates on goals at monthly meeting
- Clinical subcommittee needs more attention/activation
- SEACAT – ask MCFD SEACT member to provide more psycho-education information and bring awareness to the community/RCMP/agencies

Goal 3 – Deepening Reconciliation and Understanding

Strengths:

- Monthly welcome acknowledgement of being on unceded Sto:lo territory
- CHC's Opening Doors task group – many CYC partners are members
- Community has CHC training sessions: 60's Scoop, Historical Impacts, Truth & Reconciliation. CYC agencies participate as attendees.
- Annual CYC Conversation has Indigenous component
- Truth & Reconciliation forum hosted
- CHC & CYC partnership
- Public School education
- Bring cultural activities to different programs
- Urban Indigenous liaison office at RCMP
- Satellite office at Sto:lo

Gaps

- Indigenous representation in CYC membership
- Idea of Blanket exercise or floor map exercise with Rick Joe
- Continue to offer opportunities around residential school or truth & reconciliation awareness
- First Nations Health Authority representation
- Include upcoming training/opportunities on agenda
- Event with Indigenous and non-Indigenous Truth & Reconciliation with personal commitment exercise

Goal 4 – Engaging Youth and Parents in Decisions and Programming

Strengths:

- 4 new youth drop-ins, 3 in partnership with local agencies
- Youth recreation positive expansion in activities
- Youth engagement steering co-working group
- Enhanced CCS Youth Recreation contract from city
- Established new youth committee
- Financed 3 research documents re youth engagement
- Presented to city council twice
- School hosts parent information nights
- Sponsorship of 2015 & 2019 McCreary, 2015 & 2018 MDI

Gaps

- Haven't ran Family Smart model – do a refresher
- Parents in waiting room during Youth Health Centre sessions – would be good to have something for them as well
- Get input from a wide variety of parents to expand programming in the community
- Parents at NLC have expressed more needs to deal with daily stresses.
- How to market to parents that aren't in contact with resources – how to find and inform
- Come up with parenting groups that are low barrier – food, child care

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